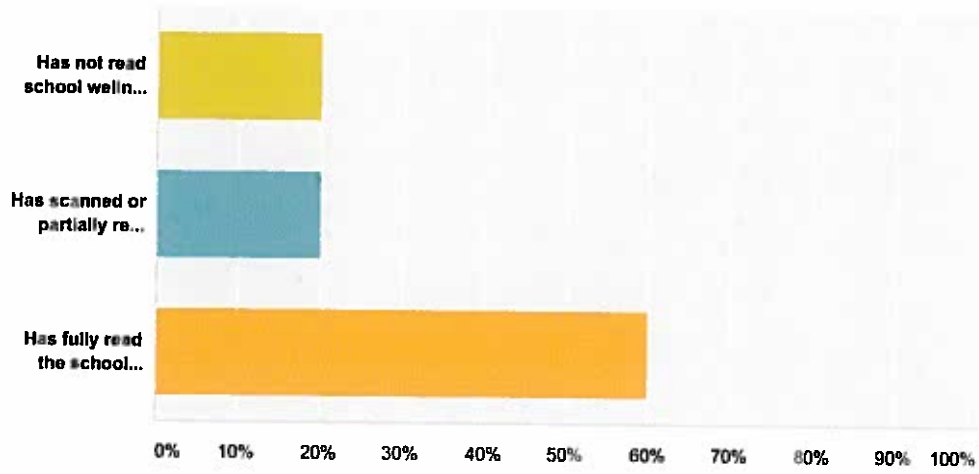


Local Wellness Policy Evaluation

Q1 Have you read your school wellness policy?

Answered: 10 Skipped: 0

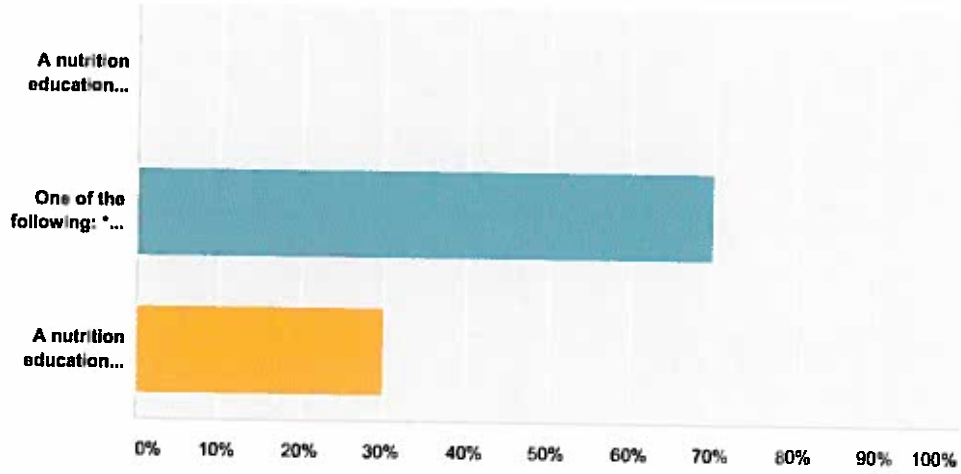


Answer Choices	Responses
Has not read school wellness policy	20.00% 2
Has scanned or partially read the school wellness policy	20.00% 2
Has fully read the school wellness policy	60.00% 6
Total	10

Local Wellness Policy Evaluation

Q2 Is there a nutrition education curriculum?

Answered: 10 Skipped: 0

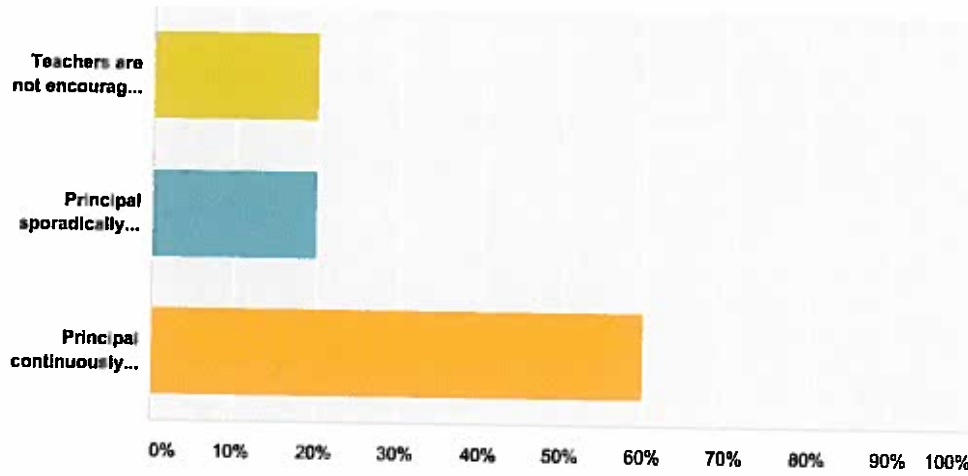


Answer Choices	Responses
A nutrition education curriculum does not exist for any grade	0.00% 0
One of the following: * Nutrition education is taught in only some grades * Nutrition education is taught in every grade but not every year	70.00% 7
A nutrition education curriculum is taught in every grade yearly	30.00% 3
Total	10

Local Wellness Policy Evaluation

Q3 Are teachers encouraged to be role models exhibiting healthy behaviors?

Answered: 10 Skipped: 0

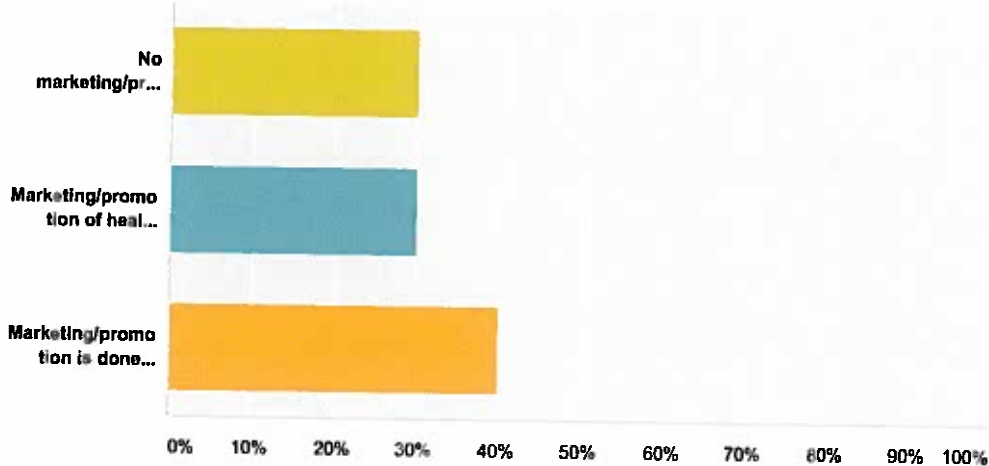


Answer Choices	Responses
Teachers are not encouraged to be role models exhibiting healthy behaviors	20.00% 2
Principal sporadically encourages teachers to be role models exhibiting healthy behaviors	20.00% 2
Principal continuously encourages teachers to be role models by exhibiting behaviors	60.00% 6
Total	10

Local Wellness Policy Evaluation

Q4 Does the school market healthy behaviors and wellness?

Answered: 10 Skipped: 0

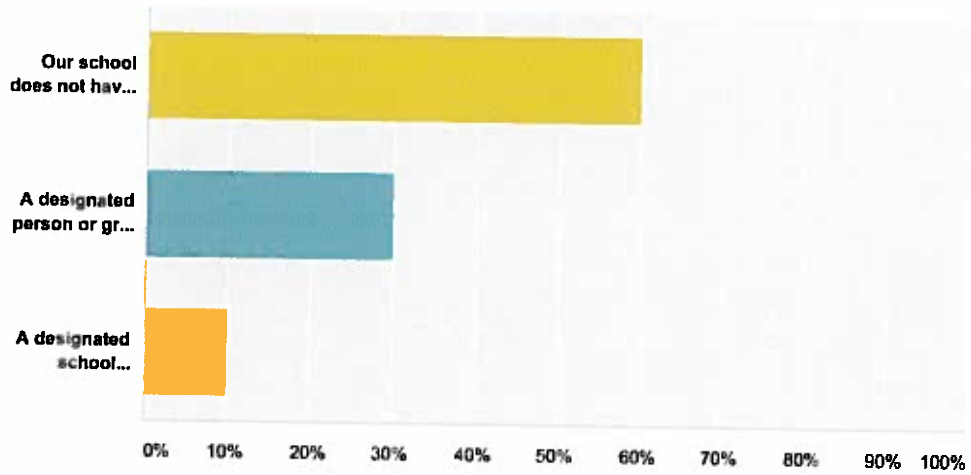


Answer Choices	Responses
No marketing/promotion of healthy choices	30.00% 3
Marketing/promotion of healthy choices is done for some grades and not the entire school	30.00% 3
Marketing/promotion is done to promote healthy choices	40.00% 4
Total	10

Local Wellness Policy Evaluation

Q5 Does your school have a designated person or group to oversee health and wellness activities?

Answered: 10 Skipped: 0

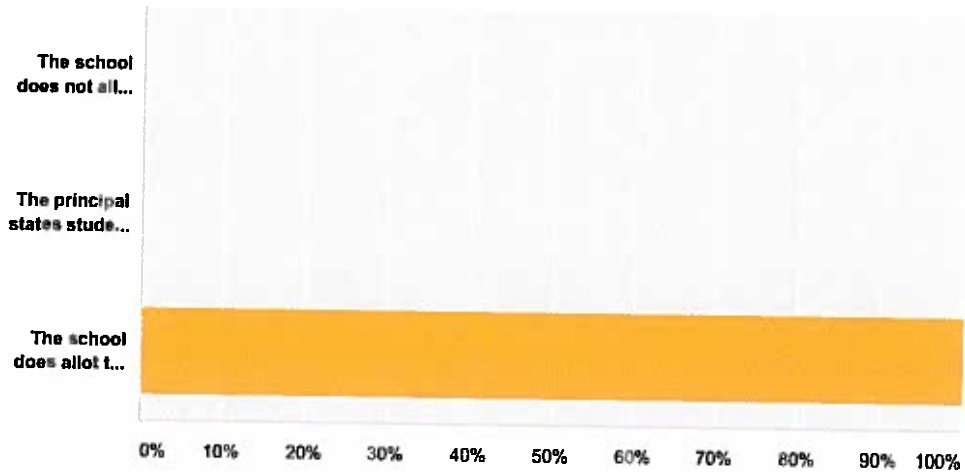


Answer Choices	Responses
Our school does not have an appointed person or group to oversee our wellness activities	60.00% 6
A designated person or group exists but is not active in policy development and does not meet regularly	30.00% 3
A designated school person/group meets regularly and works on ongoing policy development and wellness activities	10.00% 1
Total	10

Local Wellness Policy Evaluation

Q6 How much time does the school allot students to eat breakfast and lunch?

Answered: 10 Skipped: 0

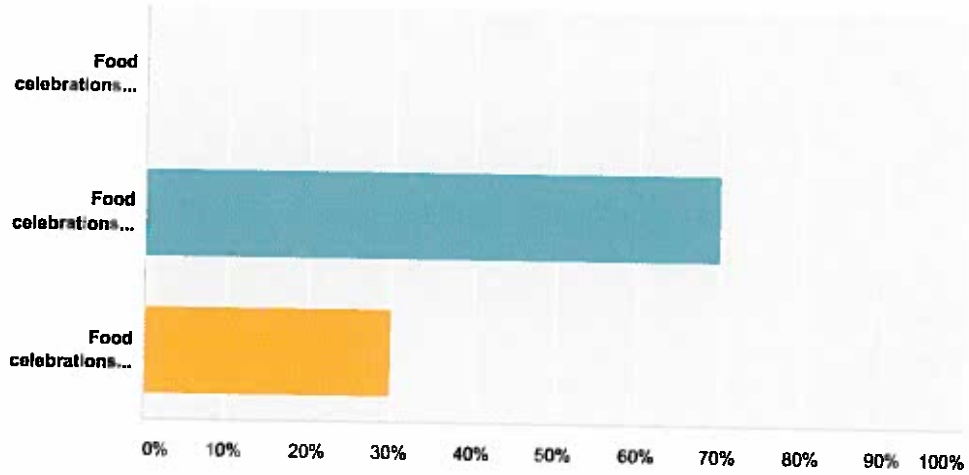


Answer Choices	Responses
The school does not allot the students the required time to eat breakfast and lunch	0.00% 0
The principal states students are allotted the required time to eat breakfast and lunch, but the school schedule does not indicate sufficient time	0.00% 0
The school does allot the students the required time to eat breakfast and lunch as indicated by the school schedule	100.00% 10
Total	10

Local Wellness Policy Evaluation

Q7 Do food celebrations (e.g. birthday/holiday parties) occur during the school day?

Answered: 10 Skipped: 0

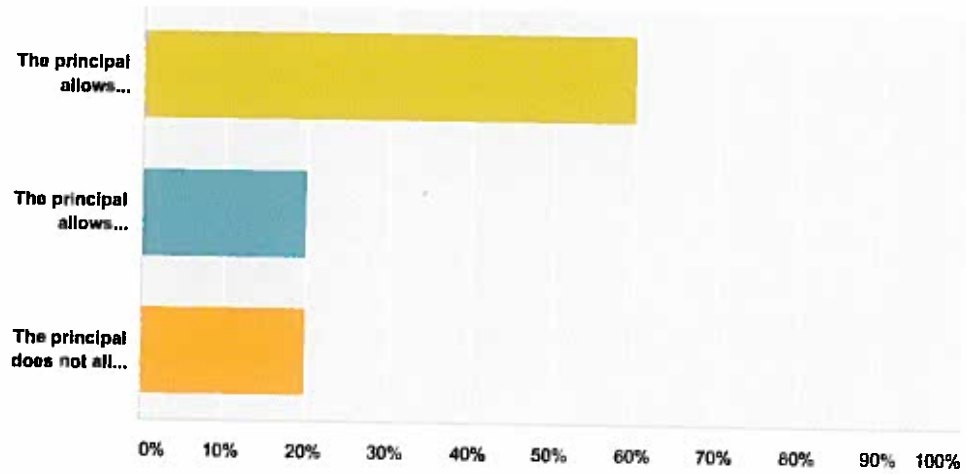


Answer Choices	Responses
Food celebrations occur at the school without any restrictions	0.00% 0
Food celebrations are allowed at school with a few restrictions designated by the principal. Example: No parties during meal service	70.00% 7
Food celebrations are allowed at school with specific restrictions. Examples: * No parties until after 2pm	30.00% 3
Total	10

Local Wellness Policy Evaluation

Q8 Do staff use food/candy as a reward for academic performance or good behavior?

Answered: 10 Skipped: 0

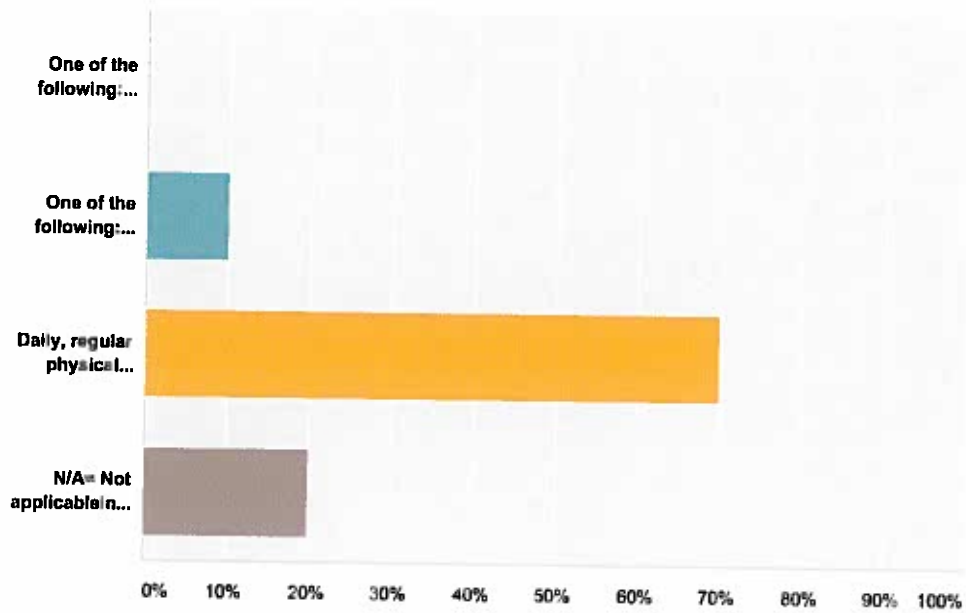


Answer Choices	Responses
The principal allows food/candy as a reward for academic performance or good behavior without any restrictions	60.00% 6
The principal allows food/candy as a reward for academic performance or good behavior with some restrictions: Example: * Only healthy foods and/or beverages can be used as a reward	20.00% 2
The principal does not allow the use of food/candy as a reward for academic performance or good behavior	20.00% 2
Total	10

Local Wellness Policy Evaluation

Q9 Does your school meet the NC DPI Healthy Active Children policy by providing 30 minutes of daily physical activity for grades K-8?

Answered: 10 Skipped: 0

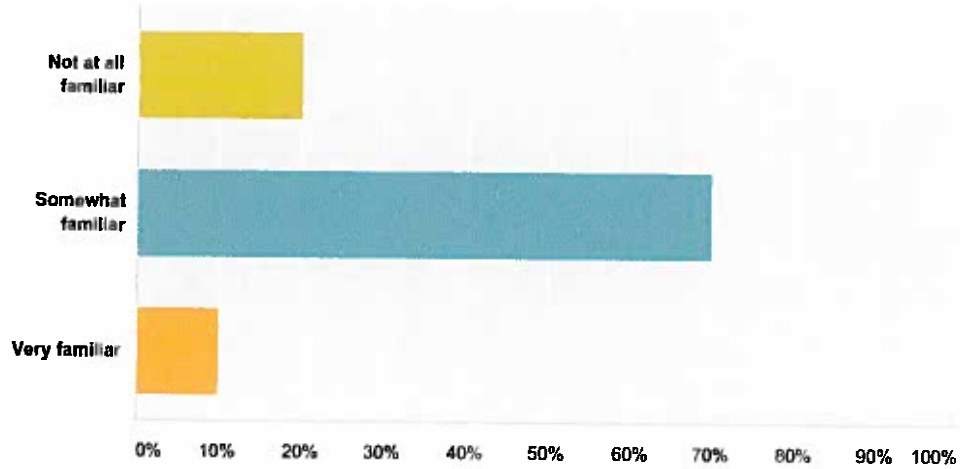


Answer Choices	Responses
One of the following: * Regular physical activity breaks do not occur for every grade in elementary * Teachers are allowed to take away recess as a form of punishment	0.00% 0
One of the following: * Daily, regular physical activity breaks do occur in some grades in elementary as indicated by the school schedule * Regular physical activity breaks do occur for every grade in elementary, but they are not daily as indicated by the school schedule	10.00% 1
Daily, regular physical activity breaks of 30 minutes do occur for every grade in elementary school as indicated by the school schedule	70.00% 7
N/A= Not applicable in grades 9-12	20.00% 2
Total	10

Local Wellness Policy Evaluation

Q10 Macon County Schools must have a School Health Advisory Council. Their mission is to help plan, implement the Wellness Policy as well as other health and wellness issues within the school district. How familiar are you with the School Health Advisory Council?

Answered: 10 Skipped: 0

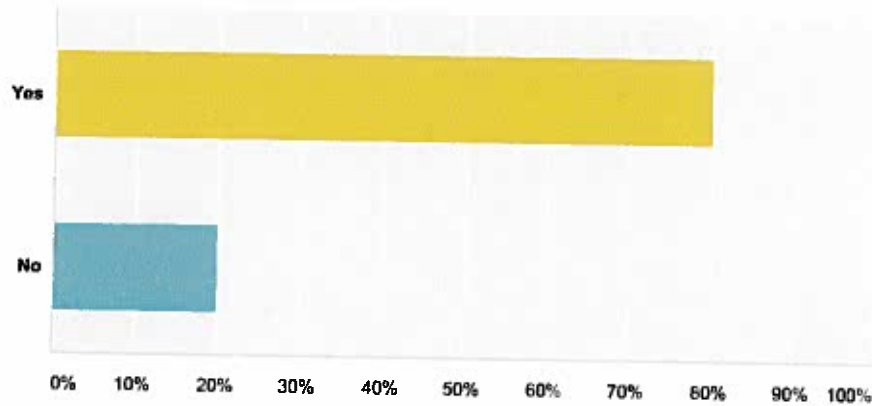


Answer Choices	Responses
Not at all familiar	20.00% 2
Somewhat familiar	70.00% 7
Very familiar	10.00% 1
Total	10

Local Wellness Policy Evaluation

Q11 The School Health Advisory Council (SHAC) is composed of school district, local health department, and community representatives to provide information in the following eight areas: Safe Environment, Physical Education, Health Education, Staff Wellness, Health Services, Mental and Social Health, Nutrition Services, and Parent/Family Involvement. IF a need arose would you be willing to serve or appoint someone from your staff to serve on a committee for SHAC?

Answered: 10 Skipped: 0

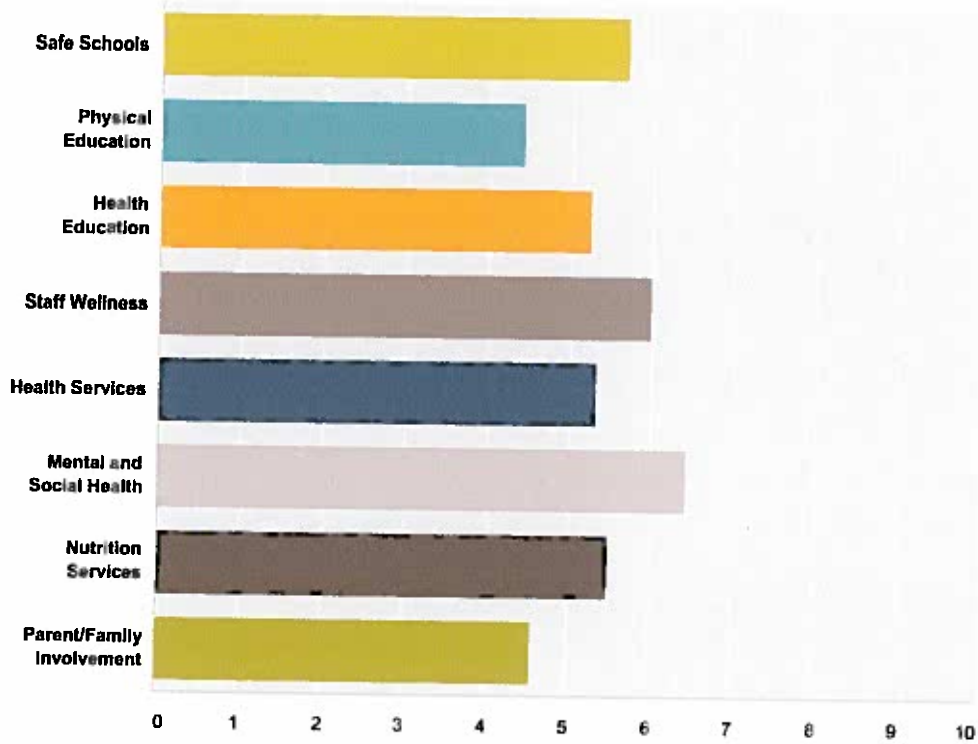


Answer Choices	Responses
Yes	80.00% 8
No	20.00% 2
Total	10

Local Wellness Policy Evaluation

Q12 Please rate each one of the eight components of SHAC on how well you feel they are being addressed from 1 to 5 (1 being the least addressed and 5 being best addressed).

Answered: 10 Skipped: 0



	1	2	3	4	5	6	7	8	Total	Score
Safe Schools	33.33%	16.67%	0.00%	16.67%	16.67%	0.00%	16.67%	0.00%	6	5.67
Physical Education	14.29%	0.00%	14.29%	0.00%	57.14%	0.00%	0.00%	14.29%	7	4.43
Health Education	25.00%	0.00%	0.00%	50.00%	0.00%	25.00%	0.00%	0.00%	4	5.25
Staff Wellness	33.33%	33.33%	0.00%	0.00%	0.00%	33.33%	0.00%	0.00%	3	6.00
Health Services	0.00%	16.67%	33.33%	16.67%	33.33%	0.00%	0.00%	0.00%	6	5.33
Mental and Social Health	33.33%	44.44%	0.00%	0.00%	11.11%	0.00%	11.11%	0.00%	9	6.44
Nutrition Services	0.00%	0.00%	66.67%	16.67%	16.67%	0.00%	0.00%	0.00%	6	5.50
Parent/Family Involvement	0.00%	0.00%	28.57%	42.86%	14.29%	0.00%	0.00%	14.29%	7	4.57