



Healthy Schools

MACON COUNTY SCHOOLS

SHAC MEETING

MAY 20TH , 2016 @ 9:00am

Attendees: Kim Terrell, Amy Anders, Yvonne Robinson, Julie Rogers, Carmen Rodgers, Mary Tyson, Courtney Bell, Stephanie Nichols

SHAC Planning Meeting for 2016-17 : Notes

Subject	Action	Discussion
Dates	September 29 th - Lunch 12:00-2:00	We felt this date would be best - schools should be settled in their routines and we wanted to have it BEFORE the nurses were pulled away for Health Fairs in October. It was suggest to have a 2 hour meeting due to the number of invites and the need to spend some time for introductions and explaining our purpose.
Location	Cowee Church / Other churches Entegra Bank Hospital Environmental Resource Center MPP Training Annex Library Factory	We discussed having a location that was more inviting and nicer than the board room. We also thought community/parent participation would increase if we chose “community” venues and changed it up a bit.
Stakeholders	Health Education Health Dept - Lynn Baker Yvonne ☺ Physical Education/Activity PE Teachers FHFC - Jamie O'Donahue	The stakeholders discussed are associated with the titles listed on the Whole School, Whole Community, Whole Child model. There may be more and participants were encouraged to send me additional titles/names. Obviously, this is a big group but we discussed the need to “revamp” and

<p>Parks & Rec Personal Trainers already associated w/ our athletic teams</p> <p>Nutrition Services SN Angel RD's Health Dept RD's Coop Ext - Nutrition educator-Carol Pitts</p> <p>Health Services Health Dept - Hospital Dr. Guzman Dr. Dewhurst School Nurses Pediatricians</p> <p>Counseling, Psychology & Social Services Social & Emotional Climate Meridian Dedra Breeeden School Counselors Macon County Social Services Marci and Annie Maura Morris ? is she coming back as a counselor at FHS (she has a connection to the FHFC ☺)</p> <p>Physical Environment SRO's New Person -</p> <p>Employee Wellness Mark Sutton School Health Janice Dills</p> <p>Family Engagement PTO Parents</p> <p>Community Involvement Local Fitness Centers/Programs Chamber of Commerce Sherriff's Dept Church - Jason Smith Nathan Moss Biltmore Baptist Danny Antionne Learning Center Otto Community- Velma Zeek Bonnie Peggs Jennifer Turner-Lynn Retired Teachers</p>	<p>“revitalize” the SHAC committee. We discussed the possibility of certain groups to rotate or take turns coming to meetings - example PE Teachers, Guidance Counselors - 1 from elementary, 1 from middle/high could be appointed and serve for a certain amount of time.</p>
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	Lions Club Kiawanas Nantahala Outdoor Center Appalachian Grown Appalachian Trail Yoga Others ESL Teachers / Volunteers	
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Proposed Agenda for the SHAC kick-off meeting:

1. Introductions / Purpose of SHAC/Whole School, Whole Community, Whole Child

2. a. Coordination of wellness activities within the community – an opportunity for each group to tell what they have done or plan to do; a way for us to document activities as part of SHAC and LWP.

b. Local Wellness Policy – needs to be updated. We can share the results of the LWP evaluation given to principals at end of SY 15-16.

c. Future meetings and attendees – Have a beginning “kick-off” meeting, mini meetings throughout the year and end with a “wrap-up” end-of-year meeting with the larger group.

3. SHAC corner in the newspaper –