

Macon County School Health Advisory Council Meeting

April 19, 2018

Meeting Notes

Attendance: David Lightner, Julie Rogers, Tiffany Padgett, Rita Esterwood, Robin Sumner, Nancy Navarro, FHS Students from Health Science I Class

Introductions were made.

Purpose of meeting was discussed.

Review of Minutes from 3/23/18:

- Family/Community Involvement: Business Advisory Council; Family Fitness Night at IVE; Birds and Bees; Color Run; Career Day
- Health Services: Molar Roller; health fair; nursing services; athletic training program
- Counseling/Guidance: Meridian Mental Health partnership; Summer Camps, Scholarships
- Nutrition Services: begin open summer feeding program at FHS; Free breakfast; Cinco de Mayo
- Physical Education: Special Olympics, Girls on the Run; Fourth Grade hikes; fitness testing; Jump for Heart; Walk to School; Bike rodeo at EFE; Field Day
- Healthy School Environment:
- Employee Health and Wellness:
- Health Education: Birds & Bees; NAMI, For Girls Only. Period

New Items

- Discussed Whole School, Whole Community, Whole Child Model
- Discussed importance of student involvement
- Discussed goals for Nutrition component:
 - Increase participation in Summer Food Service Program 10% from last Summer (2017)
 - Promote and market Universal Free Breakfast/School Breakfast Program for upcoming 2018-19 school year
 - Conduct student survey pertaining to School Nutrition for upcoming 2018-19 school year
- Discussed ideas for promoting physical activity among students and employees
- Discussed ideas for promoting positive social and emotional climate
- Began planning a means for evaluating the Local Wellness Policy

Next meeting will be planned for August or September of the upcoming 2018-19 school year.