



PUBLIC SCHOOLS OF NORTH CAROLINA

DEPARTMENT OF PUBLIC INSTRUCTION | June St. Clair Atkinson, Ed.D., State Superintendent

WWW.NCPUBLICSCHOOLS.ORG

Healthy Active Children Policy Principal Attestation Form

_____ My school does meet the minimum requirements of 30 minutes of moderate to vigorous physical activity for all K-8 students daily specified in the Healthy Active Children Policy. Please explain how you meet the requirements.

_____ My school does not meet the daily minimum requirements of 30 minutes of moderate to vigorous physical activity for all K-8 students specified in the Healthy Active Children Policy. Please explain why you are not able to meet the requirements and how you plan to progress to compliance.

___ No teacher at my school uses exercise as punishment.

___ No Teacher at my school withholds activity/recess due to behavior in accordance with the Healthy Active Child Policy.

of minutes all students participate each week in Physical Education - _____

of minutes all students participate each week in Health Education - _____

of minutes all students participate each week in Physical Activity - _____
(Activity must be accomplished in a minimum of 10 minute segments)

SCHOOL NAME: _____ GRADE LEVEL(S): _____

SIGNATURE OF PRINCIPAL: _____

Date: _____

DIVISION OF K-12 CURRICULUM AND INSTRUCTION

6341 Mail Service Center, Raleigh, North Carolina 27699-6341 | (919) 807-3817 | Fax (919) 807-3826

AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER