

MILK SUBSTITUTION FORM

School Year: _____

Does the student have a milk (disability) allergy requiring a milk substitution other than lactose free milk? (Check one)
 Yes No

If **Yes**: A **Qualified Medical Authority***, must complete Part I of this form.

If **No**: A parent/guardian may complete student information and Part II of this form to request a milk substitution.

Student's Name: _____ DOB: _____ School: _____ Grade: _____

Parent/Guardian Name: _____

Phone: _____ E-mail: _____

Part I: For Qualified Medical Authority to Complete (Only complete this if child has a disability/medical need/impairment) *A qualified medical authority is a medical professional who has prescriptive privileges in the state of Indiana.

Student's Disability/medical need/impairment (explain): _____

How does the impairment listed above restrict his/her diet? (explain): _____

Major life activity affected by the student's disability: _____

Omitted Beverage(s)*	Allowed Substitution(s)

Additional Comments: _____

I certify that the above named student needs a milk substitution due to a disability/ medical need/ impairment.

Medical Authority Signature

Medical Authority Printed Name

Office Phone Number

Date

Part II: For Parent/Guardian who request a milk substitution that is simply lactose-free (and has a nutritional profile equivalent to cow's milk).

Please explain why your child needs a milk replacement that is lactose-free.

Parent/Guardian's Additional Comments: _____

I give Health Services/Nursing/Nutrition Services permission to speak with the Health Care Provider above to discuss my child's special dietary needs..

Parent/Guardian's Signature

Date

PLEASE RETURN COMPLETED FORM TO YOUR SCHOOL NURSE