



# AUGUST 2019

Hawk's Nest Cafe

For information on school meals go to

[Lamoilleschoolmeals.com](http://Lamoilleschoolmeals.com)

1 %, Skim and Low Fat

Kingdom Creamery Milk served every day

Monday

Tuesday

Wednesday

Thursday

Friday

Fresh Fruit and Vegetable Bar  
Available Daily to Complete Each  
Meal!

				1	2
5	6	7	8	9	
12	13	14	15	16	
19	20	21	22	23	
26 Chicken Tenders Or Ham & Cheese Sandwich Rice Pilaf	27 Pancakes Or Ham & Cheese Sandwich Hash Brown Sausage Patty	28 Spaghetti and Meatballs Or Ham & Cheese Sandwich Garlic Knot Steamed Broccoli	29 Hamburger/Cheeseburger Or Ham & Cheese Sandwich Emoji Fries	30 No School	

Meal Prices: \$3.00 Student Paid \$4.00 Adult Paid Free and Reduced \$0.00

Menu Subject to Change Based On Availability

HPES Food Service Manager: Donna Ferland dferland@hpes.org

LNMUUSD Director of Nutritional Services: Karyl Kent (802) 851-1258

Serving GMTCC Forestry Maple Syrup

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