May 2016

LPS Middle School Lunch Menu

Student Lunch Price: \$2.90

Adult Lunch Price: \$3.75

Milk Price: \$0.65

LPS SPECIAL MENU

May 5
Cinco de Mayo
Enjoy our homemade
Bean & Cheese
Burrito and RIPS
100% Fruit Slushie.

Field Day Menus

If your school has a field day this month, the menu for that day(s) will be replaced with a BBQ menu including hamburgers and hot dogs. Please check your school newsletter for field day dates.

Menu subject to change based on product availability.

If you need to contact the Nutrition Services office, please call (303) 347-3360.



| | Monday | Tue/day | Wednerday | Thursday | friday |
|----------------------|--|--|---------------------------------|--|---|
| Monthly Menu | • Orange Chicken Rice Bowl • Chicken Gyro | The Cheese Ravioli with Harvest Bread ● Ham & Cheese Sandwich | • PIZZA DAY • Yogurt & Muffin | • Chicken Nuggets with Harvest Bread • Bean & Cheese Burrito | • Pizza Pocket • Ultimate Fish Sticks with Harvest Bread |
| | • Sub Sandwich | • Chicken Burrito Bowl • BBQ Pulled Pork Sandwich | ● PIZZA DAY •• Yogurt & Muffin | ■ Grilled Cheese | • Corn Dog • Italian Meatball Sub |
| | ● Bosco Sticks Daily Special | ● French Toast Sticks & Sausage Daily Special | ■ PIZZA DAY Daily Special | • Ham & Cheese Sandwich | • Turkey Wrap |
| | 23 | 24 | 25 | 26 | 27 |
| | 30 | 31 | | | va = vegetarian option/ option can be made vegetarian |
| nal igs | Cheeseburger | Hamburger | Cheeseburger | Hamburger | Cheeseburger |
| Additional Offerings | Spicy Chicken Sandwich | Crispy Chicken Sandwich | Spicy Chicken Sandwich | Crispy Chicken Sandwich | Spicy Chicken Sandwich |
| A S | Salad Variety | Salad Variety | Salad Variety | Salad Variety | Salad Variety |

Lunch Menu FAQs

What are meal components? Each meal includes a milk, fruits, vegetables, a protein, and a grain/bread. What makes a school lunch meal? Each student must take at least 1/2 cup fruit or vegetable plus 2-4 additional meal components. Keep in mind a main entrée may contain more than one meal component and is often a combination of a protein and a grain/bread component.

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