## May 2016 LPS Elementary Lunch Menu

| Student Lunch Price:   | Monday  | Tuerday  | Wednerday  | Thu <i>rr</i> day  | friday  |
|--|---|--|--|--|---|
| \$2.70<br>Adult Lunch Price:<br>\$3.75<br>Milk Price:<br>\$0.65<br>LPS SPECIAL   | <ul> <li>Orange Chicken<br/>Rice Bowl</li> <li>Pizza Pocket</li> <li>Bagel with Cheese</li> </ul>               | <ul> <li>Cheese Ravioli with Harvest Bread</li> <li>Ham &amp; Cheese Sandwich</li> <li>Chef Salad</li> </ul> | <ul> <li>■ ● PIZZA DAY</li> <li>● Yogurt with<br/>Muffin</li> <li>● Bagel with Cheese</li> </ul> | <ul> <li>5 ∞ • Fiesta Burrito</li> <li>• Chicken<br/>Nuggets with<br/>Harvest Bread</li> <li>• Chef Salad</li> </ul> | <ul> <li>Straw Hat</li> <li>Ultimate Fish<br/>Sticks with<br/>Harvest Bread</li> <li>Bagel with Cheese</li> </ul> |
| MENU<br>May 5<br><i>Cinco de Mayo</i><br>Enjoy our homemade<br>Bean & Cheese<br>Burrito and RIPS<br>100% Fruit Slushie.        | <ul> <li>Chicken Alfredo<br/>with Harvest<br/>Bread</li> <li>Sub Sandwich</li> <li>Bagel with Cheese</li> </ul> | <ul> <li>Chicken Burrito<br/>Bowl</li> <li>Hamburger</li> <li>Chicken Caesar<br/>Salad</li> </ul>            | <ul> <li>PIZZA DAY</li> <li>Yogurt with<br/>Muffin</li> <li>Bagel with Cheese</li> </ul>         | <ul> <li>■ Grilled Cheese</li> <li>■ Chicken Tacos</li> <li>■ Chicken Caesar<br/>Salad</li> </ul>                    | <ul> <li>Corn Dog</li> <li>Italian Meatball<br/>Sub</li> <li>Bagel with Cheese</li> </ul>                         |
| Field Day Menus<br>If your school has a<br>field day this month,<br>the menu for that<br>day(s) will be<br>replaced with a BBQ | <ul> <li>●Bosco Sticks</li> <li>●Daily Special</li> <li>●Bagel with Cheese</li> </ul>                           | <ul> <li>French Toast<br/>Sticks &amp; Sausage</li> <li>Daily Special</li> <li>Chef Salad</li> </ul>         | <ul> <li>B</li> <li>● PIZZA DAY</li> <li>● Daily Special</li> <li>● Bagel with Cheese</li> </ul> | <ul> <li>Chicken Tenders<br/>with Harvest<br/>Bread</li> <li>Daily Special</li> <li>Chef Salad</li> </ul>            | <ul> <li>20</li> <li>• Turkey Wrap</li> <li>• Daily Special</li> <li><sup>™</sup> • Bagel with Cheese</li> </ul>  |
| menu including<br>hamburgers and hot<br>dogs. Please check<br>your school newsletter<br>for field day dates.                   | 23  | 24   | 25   | 26   | 27  |
| Menu subject to change<br>based on product<br>availability.  | 30  | 31   |  |  | All third choice  |
| If you need to contact the<br>Nutrition Services office,<br>please call (303) 347-3360.  |   |  |  |  | salads on Tuesdays<br>& Thursdays come<br>with Harvest Bread  |



## Lunch Menu FAQs

What are meal components? Each meal includes a milk, fruits, vegetables, a protein, and a grain/bread.

**What makes a school lunch meal?** Each student must take at least 1/2 cup fruit or vegetable plus 2-4 additional meal components. Keep in mind a main entrée may contain more than one meal component and is often a combination of a protein and a grain/bread component.

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