**District Wellness Policy Evaluation for Individual Schools**

|  |
| --- |
| Swift Creek High School |

School:

|  |
| --- |
| 2014 |

Year:

For each of the following areas please provide evidence of how your school complies with the district’s wellness policy. If your school is not in full compliance with the district’s policy, please describe the steps your school will take to become compliant.

Nutrition Education:

|  |  |
| --- | --- |
| **Evidence of compliance** | **Steps to improve compliance (if necessary)** |
| Our foodservice staff is trained each year using two methods. The first is through formal training with a health inspector. The second is through regular contact with Sue Helm, the food service director, who sends out emails with nutritional and wellness training information. During enrichment and Discovery classes, we taught nutritional information to our students and discussed healthy vs. unhealthy diets. |  |

Physical Activity:

|  |  |
| --- | --- |
| **Evidence of compliance** | **Steps to improve compliance (if necessary)** |
| Our students have the opportunity to take a variety of physical education courses and activities at Star Valley High School in the mornings. Within our academic courses, all of our students participate in physical activities 10-20 minutes each day. |  |

Nutrition Promotion:

|  |  |
| --- | --- |
| **Evidence of compliance** | **Steps to improve compliance (if necessary)** |
| We offer breakfast and lunch to our students that meet the guidelines of the USDA’s National School and Breakfast Programs. Health promoting foods are available to our students during the school day (with the exception of some special events that are authorized by the principal). |  |

Other School-Based Activities Designed to Promote Student Wellness:

|  |  |
| --- | --- |
| **Evidence of compliance** | **Steps to improve compliance (if necessary)** |
| The students have 15 minutes in the morning to eat breakfast and 30 minutes each day for lunch. |  |

Please describe what changes, if any your school has made to comply with the wellness policy?

|  |
| --- |
| No changes required at this time. |

Please list any concerns you have with the district wellness policy.

|  |
| --- |
| None. |