

Lewis County Schools Wellness Meeting
August 25, 2014
4:00 – LCBOE

Agenda

1. Introductions
2. Child Nutrition Overview
 - a. www.lclunchroom.com
 - i. Wellness activities
3. Charity Kabaiku, Health Promotion Consultant PEIA Pathways to Wellness
4. School Based Health Clinics
 - a. LCHS – Camden on Gauley
 - b. Jane Lew – Stonewall Jackson Hospital
 - c. Leading Creek – Minnie Hamilton
5. Kristi Gannon
 - a. Health Fairs, etc.
6. Priorities / Goals for 2014-15
7. Additional Comments / Questions
8. Date of next meeting
9. Adjournment

School Wellness Contacts

Alum Bridge Elementary – Scott Walker – jswalker@k12.wv.us
Jane Lew Elementary – Sharon Minigh – sminigh@k12.wv.us
Peterson-Central Elementary – Rebecca Warder – rwarder@k12.wv.us
Roanoke Elementary – Sheila Bennett – skbennett@k12.wv.us
Robert L Bland Middle School – Sonya Turner – sdturner@k12.wv.us
Lewis County High School – Jill Balser – jbalsler@k12.wv.us

Announcement / Dates to Remember

October 13-17, 2014 – National School Lunch Week – “Get in the Game with School Lunch”

November 1, 2014 – 1st Annual 4-H 5K Run/Walk & Clover Fun Run

Misc

Payment – Annually / twice a year

WELLNESS MEETING SIGN-IN SHEET

AUG. 25, 2015

Name	Representing	E-Mail
Scott Walker	Alum Bridge	JSWalker@Access.k12.wv.us
Rebecca Waude	PETERSON-CENTRAL	rwaude@k12.wv.us
Sheela Bennett	Roanoke Ele.	skbennet@k12.wv.us
Sonya Turner	RLBMS	stturner@k12.wv.us
Julie Williams	BOE	
Sharaullinigh	JLES	sminigh@k12.wv.us
Jill Balser	LCHS	jbalser@k12.wv.us
Kristi Gannon	SJMT	Kgannon@stnewallhospital.net
Donna Squires	Alum Bridge Elem	dssquires@k12.wv.us
Chris Derico	LEBOE	
Kevin Stahaker	SSMT	
Derek Garrett	STMT	

LEWIS COUNTY SCHOOLS CONTACT SHEET

WORKSITE COORDINATOR'S NAME	SITE NAME	TEL. NO.	EMAIL
Rebecca Warder	PDES	304-517-0888	rwarder@k12.wv.us
Scott Walker	Alum Bridge	304-871-6619	JSWalker@Access.k12.wv.us
Sheila Bennett	Roanoke Elk	304-852-8248	skbennet@k12.wv.us
Sonya Turner	RLBMS	304-269-8325	sdturner@k12.wv.us
Sharon Minigh	JLES	304-884-6921	sminigh@k12.wv.us
Jill Balser	LCHS	304-613-3034	jbalser@k12.wv.us
Kristi Gannon	SJM4	269-8099	kgannon@stnewzllkospitzl.net

Class:	HPC/Instructor:
Date:	Time:
Worksite:	Region:

Approved Member	PEIA ID Number	Please print your Name: (No signatures please)												Date of Birth		
														MM	DD	YYYY
	N/A	J	I	L	L									10	11	1985
	N/A	B	A	L	S	E	R							9	4	1975
	N/A	S	C	O	T									02	23	69
	N/A	W	A	L	K	E	R							01	02	66
		D	O	N	N	A								06	27	79
		S	H	A	R	O	N									
		M	I	N	I	G	H									
		J	U	L	I	E								02	08	68
		W	I	L	L	I	A	M	S							
		S	O	N	Y	A								06	26	67
		T	U	R	N	E	R									
		S	H	E	I	L	A							01	10	52
		B	E	N	N	E	T									
		C	H	R	I	S	T	O	P	H	E	R		05	29	71
		D	E	R	I	C	O									