Offer vs. Serve
At Breakfast

Start the Day with a Good Breakfast!
Boost learning power with a good breakfast.
Objectives

- Identify the requirements for Offer vs Serve in the School Breakfast Program

- Practice identifying meals that meet the requirements of a reimbursable meal
Important Meal Pattern Reminders that affect OVS

• Meat/ Meat Alternates (M/MA) can substitute as a Grain OR count as an Extra

• Vegetables can substitute as a Fruit OR count as an extra

(Extra = Not counted as a component or item)
Starting SY 2014-15

• Student must take at least ½ cup fruit
  (and/or vegetable)

(Remember in 2014-15 the required planned portion for fruit = 1 cup!)
The ½ cup minimum serving of fruit may be:

- A mix of different fruits
- A mix of fruits and vegetables
  - Minimum creditable amount is ⅛ c.
Offer vs Serve

Component

One of three food groups that comprise a reimbursable breakfast (grains or meat/meat alternate; fruit or vegetable; milk)

Item

A specific food offered within the three food components.
Offer vs Serve
Counting Items

1 Item

1 oz grain eq
<table>
<thead>
<tr>
<th>Item</th>
</tr>
</thead>
</table>

Double portions can count as multiple items:

For example:

2 x 1 oz grain = 2 items
Offer vs Serve

Counting Items

1 oz grain eq + 1 oz grain eq = 2 Items
## Offer vs Serve

### Counting Items

<table>
<thead>
<tr>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>A large portion can be counted as 2 or more items (2 oz grain eq = 2 items)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>A large portion can be counted as 1 item (2 oz grain eq = 1 item)</td>
</tr>
</tbody>
</table>

**OR**
Offer vs Serve
Counting Items

2 Items
2 oz grain eq

OR

1 Item
2 oz grain eq
## Offer vs Serve
### Counting Items

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A combination food of</td>
<td>You can count the M/MA as “Extra” and only count the grains as items</td>
</tr>
<tr>
<td>Grains and M/MA can</td>
<td></td>
</tr>
<tr>
<td>count as 2 or more</td>
<td></td>
</tr>
<tr>
<td>items</td>
<td></td>
</tr>
</tbody>
</table>

1 oz grain + 1 oz eq M/MA = 2 items

1 oz grain + 1 oz eq M/MA = 1 item
Offer vs Serve
Counting Items

2 Items
1 oz grain eq +
1 oz M/MA =
2 oz grain eq

OR

1 Item
1 oz grain eq +
1 oz M/MA =
1 oz grain eq
Offer vs Serve
Counting Items

4 Items

2 oz grain eq +
2 oz M/MA =
4 oz eq

2 oz M/MA: Egg=1 oz eq; Cheese=.5 oz eq; Sausage=.5 oz eq

OR

2 Items

2 oz grain eq +
2 oz M/MA (extra) = 2 oz eq
A combination food of Grains and Fruit
OR
Milk and Fruit
can count as 2 or more items:

1 oz grain + ½ cup fruit = 2 items
1 cup milk + ½ cup fruit = 2 items
Offer vs Serve

Counting Items

1 cup milk + ½ cup fruit

2 Items
Starting SY 2014-15

• Required planned portion for fruit = 1 cup
• Student must take at least ½ cup fruit
• Large items that = 1 cup of fruit can be counted as 2 items.
Offer vs Serve – SY 2014-15

- ½ cup Fruit
- 1 cup milk
- ½ cup Fruit
- 2 oz G + 2 oz M/MA = 4 G
Offer vs Serve – SY 2014-15
Offer vs Serve
Is the Meal Reimbursable?

How many items on this tray? 5

*IS THIS TRAY REIMBURSABLE IN SY 14-15? NO (MISSING THE ½ CUP OF FRUIT)*
Offer vs Serve
Is the Meal Reimbursable?

How many items on this tray? 6

IS THIS TRAY REIMBURSABLE IN SY 14-15? YES
Offer vs Serve – SY 2014-15
Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 3

IS THIS TRAY REIMBURSABLE IN SY 14-15? YES –
Offer vs Serve – SY 2014-15 – Meal 2

- 1 oz Grain
- ½ cup Fruit
- 1 cup milk
- ½ cup Fruit
- 1 oz Grain
Offer vs Serve – SY 2014-15
Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN SY 14-15?* NO – MISSING FRUIT
Offer vs Serve – SY 2014-15
How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN SY 14-15? YES*
Offer vs Serve – SY 2014-15 – Meal 3

- 1 oz G + 1 oz M/MA = 2 G
- 1/2 cup Fruit
- 1 cup milk
- 1/2 cup Fruit
Offer vs Serve – SY 2014-15
Offer vs Serve
Is the Meal Reimbursable?

How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN SY 14-15? YES*
Offer vs Serve – SY 2014-15
Offer vs Serve
Is the Meal Reimbursable?

How many items on this tray? 3

**IS THIS TRAY REIMBURSABLE IN SY 14-15?** NO – MISSING FRUIT
Offer vs Serve – SY 2014-15

- 1 cup fruit
- 1 oz M/MA = 1 Grain
- 1 cup milk
- 2 oz Grain
Offer vs Serve – SY 2014-15
Offer vs Serve
Is the Meal Reimbursable?

How many items on this tray? 4

IS THIS TRAY REIMBURSABLE IN SY 14-15? NO – MISSING FRUIT
Offer vs Serve
Is the Meal Reimbursable?

How many items on this tray? 4

IS THIS TRAY REIMBURSABLE IN SY 14-15? YES
Offer vs Serve
Is the Meal Reimbursable?

How many items on this tray? 4

IS THIS TRAY REIMBURSABLE IN SY 14-15? YES
Offer vs Serve
Is the Meal Reimbursable?

How many items on this tray?  3

IS THIS TRAY REIMBURSABLE IN SY 14-15? YES
Offer vs Serve

Good Job!
Just because everything is different doesn't mean anything has changed.

~Irene Peter