

**MEDICAL STATEMENT FOR STUDENTS WITH ALLERGIES OR STUDENTS  
REQUIRING SPECIAL MEALS/SUBSTITUTIONS**  
Nutrition Services Department  
Lee's Summit R7

This statement **MUST** be updated when there is a change in the diet order.

Name of Student:	Student's Birth Date:
Parent Name:	Student's Grade:
Parent Telephone:	School Attending:
Physician's Name (Please Print)	

I hereby give my permission for the school staff to follow the stated nutrition plan below. I give my permission for nutrition services to contact the above doctor if questions arise.

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Date

**For Physicians Use (to be completed by a licensed physician)**

Identify and describe disability, or medical conditions, including allergies that require student to have a special diet or items eliminated from the diet.

\_\_\_\_\_

\_\_\_\_\_

Describe the major life activities affected by the student's disability.

\_\_\_\_\_

**Diet Prescription** (check all that apply):

Diabetic:  Calorie Level (attach meal plan)       Carb Counting (attach meal plan)

Modified Texture and/or liquids

Calorie –Controlled: \_\_\_\_\_ calorie level

Other (describe): \_\_\_\_\_

Food Allergy: (Please list each allergy): \_\_\_\_\_

\*\*\*Please be specific, if the student has a milk allergy is it fluid milk only or all milk products, if a child has an egg allergy, is it just fresh eggs and eggs baked/cooked in products is ok.

If student has a food allergy, is this a life-threatening allergy?       Yes       No

**Food Omitted and Substitutions:**

If foods are listed to be omitted from the diet, **specifics** on foods to substitute **must** be provided.

**Foods to Omit:**

**Foods to Substitute:**


**Indicate Texture:**     Regular     Chopped     Ground     Pureed

Indicate thickness of liquids:  Regular  Nectar  Honey  Pudding

Special Feeding Equipment: \_\_\_\_\_

Additional Comments: \_\_\_\_\_

I certify that the above named student needs special school meals prepared or served or items eliminated as described above because of the student's disability or chronic medical condition.

\_\_\_\_\_  
Licensed Physician or Recognized Medical Authority

\_\_\_\_\_  
Date

Name, including Credentials: \_\_\_\_\_ Phone: \_\_\_\_\_  
Type or Print Fax: \_\_\_\_\_

\_\_\_\_\_  
Signature of Preparer or Other Contact

Please fax or mail to: Lee's Summit R7 Nutrition Services  
702 SE 291 Highway  
Lee's Summit, Missouri 64063  
Fax: 816-986-2215

**Definition of Disability:**

Under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA), a "person with a disability" means "any person who has a physical or mental impairment which substantially limits one or more major life activity, has a record of such impairment, or is regarded as having such an impairment."

Major life activities covered by this definition include caring for one's self, eating, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, working and major bodily functions. The term "physical or mental impairment" includes, but is not limited to, such diseases, conditions, and functions as:

<ul style="list-style-type: none"><li>• Orthopedic, visual, speech and hearing impairments</li></ul>	<ul style="list-style-type: none"><li>• Cardiovascular, circulatory and heart</li></ul>
<ul style="list-style-type: none"><li>• Cerebral Palsy, Epilepsy, Muscular Dystrophy, and Multiple Sclerosis</li></ul>	<ul style="list-style-type: none"><li>• Metabolic and endocrine</li></ul>
<ul style="list-style-type: none"><li>• Digestive, bowel and bladder</li></ul>	<ul style="list-style-type: none"><li>• Food anaphylaxis (severe food allergy)</li></ul>
<ul style="list-style-type: none"><li>• Neurological and brain</li></ul>	<ul style="list-style-type: none"><li>• Mental retardation</li></ul>
<ul style="list-style-type: none"><li>• Respiratory</li></ul>	<ul style="list-style-type: none"><li>• Emotional illness</li></ul>
<ul style="list-style-type: none"><li>• Cancer</li></ul>	<ul style="list-style-type: none"><li>• Drug addiction and alcoholism</li></ul>

Individuals who take mitigating measures to improve or control any of the conditions recognized as a disability are still considered to have a disability and require an accommodation.

**If interested in being evaluated for eligibility under Section 504 by the Lee's Summit Schools, please contact student's school of attendance.**