

## La Vernia ISD – Child Nutrition Department

### STUDENT DIET MODIFICATION FORM

Prior to reasonable meal modifications and/or substitutions being made, the La Vernia ISD, Child Nutrition **STUDENT DIET MODIFICATION FORM** must be completed and signed by a State licensed healthcare professional (any person who is authorized to write medical prescriptions under State law) and submitted to the Child Nutrition Department. This form can be found on the La Vernia ISD website, at your student's campus, the Child Nutrition Department, or by calling (830)779-6618.

#### **Menu Modifications for Students with Disabilities**

La Vernia ISD, Child Nutrition Department, will make reasonable meal modifications and/or substitutions to regular school meals for a student with a disability. Students with disabilities who require changes to the basic meal are required to provide documentation with accompanying instructions from a State licensed healthcare professional. This is to ensure that any meal modifications meet nutrition standards which are medically appropriate for the student. Documentation must include:

- the student's disability;
- an explanation of why the disability restricts the student's diet;
- the major life activity affected by the disability;
- the food or foods to be omitted from the student's diet, and the food or choice of food that must be substituted.

#### **Menu Modifications for Students without Disabilities**

La Vernia ISD, Child Nutrition Department, will try to accommodate special dietary needs for a student without a disability. However, the Child Nutrition Department is not required to serve special meals to all children with diet restrictions. Such determinations are made on a case by case basis and must be supported by the **STUDENT DIET MODIFICATION FORM** signed by a State licensed healthcare professional and submitted to the Child Nutrition Department for approval or denial.

Generally, children with food allergies or intolerances do not have a disability as defined under either Section 504 of the Rehabilitation Act or Part B of IDEA, and the school food service may, but is not required to, make food substitutions for them. However, when in the licensed physician's assessment, food allergies may result in severe, life-threatening (anaphylactic) reactions, the student's condition would meet the definition of "disability," and the substitutions prescribed by the licensed physician will be made.

For further information, including definitions of a disability and of other special dietary needs, and the Child Nutrition Department's responsibility, please visit USDA's website at:  
<http://www.fns.usda.gov/cnd/Guidance/>.