

MARCH 2018

La Vernia Junior High & High School

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

An old proverb says, "March comes in a like a lion, and goes out like a lamb," which is reference to winter ending and spring beginning. Another popular saying is "March is mad as a hare," which is a reference to the animals fighting each other.

Cereal/Yogurt or Pancake on a Stick **5**

Bean & Cheese Tacos or Nachos

Breakfast Bar (Egg, Ham&Cheese) or Breakfast Pizza **6**

Corn Dogs or Chicken Fried Steak on a Bun

Cereal Bar/Cheese Stick or Bacon/Egg/Cheese Taco **7**

Pizza or Smucker's PBJ

Bean & Cheese Taco or Breakfast Pizza **8**

Popcorn Chicken or BBQ Pork on Bun

**LV Stockshow
*No School*** **9**

Early Release/
Cook's Choice

Spring Break **12**

Spring Break **13**

Spring Break **14**

Spring Break **15**

Spring Break **16**

Cereal/Cheese Stick or French Toast Sticks **19**

Spicy Chicken on Bun or Hamburger/Cheeseburger

Mini Pancakes or Breakfast Pizza **20**

Mexican Food 2 Entrees

Smucker's PBJ or Cheese Omelet **21**

Pizza or Smucker's PBJ

Bacon/Egg/ Cheese Taco or Breakfast Pizza **22**

Steak Fingers or Chicken Strips

Cheese Filled Bread Sticks or Scrambled Eggs & Sausage Patty **23**

Mac & Cheese w/ Ham Chicken Drumsticks

Cereal/Cheese Stick or Pop Tarts **26**

Spaghetti or Chicken Parmesan

Muffin/Yogurt or Breakfast Pizza **27**

Corn Dogs or Cheesy Mac

Cereal/Yogurt or Bean & Cheese Taco **28**

Pizza or Smucker's PBJ

Cereal Bar/Yogurt or Breakfast Pizza **29**

Pizza Sticks or Chicken Nuggets

Good Friday Holiday **30**

Meal Prices:

Breakfast-Student Full Price \$1.75
Reduced \$0.30
Adult \$2.25

Lunch-Student Full Price \$2.60
Reduced \$0.40
Adult \$3.50

Prices Are Subject To Change

Extras:

Hot Breakfast Entrée - \$1.35
Cold Breakfast Entrée - \$1.00
Hot Lunch Entrée - \$1.75
Fruit/Vegetable - \$0.75
Snacks/Milk/Bread - \$0.60 to \$1.00
Large Bottled Drink - \$1.00
Small Bottled Water - \$0.35

Extras are available on first come first serve basis.

Students must select 3 components for a reimbursable meal. One of the required components MUST be ½ cup vegetable or fruit.

Meal Components: Protein, Grain, Vegetable, Fruit, and Fluid Milk

Menus are subject to change based on product availability.