



LAKE TAHOE UNIFIED SCHOOL DISTRICT OFFER VERSUS SERVE POLICY

BACKGROUND: Offer Versus Serve (OVS) is a concept that applies to menu planning and the meal service. OVS allows students to decline some of the food offered in a reimbursable lunch or breakfast. The goals of OVS are to reduce food waste and to permit students to choose the foods they want to eat. Due to the fact that students may choose fewer selections under OVS, guidance is provided on what constitutes a reimbursable lunch and breakfast. For the National School Lunch Program (NSLP), OVS is established under section 9(a)(3) of the Richard B. Russell National School Lunch Act. OVS was extended to the School Breakfast Program (SBP) in 1985 under section 4(e) (2) of the Child Nutrition Act of 1966. The regulations on OVS for the NSLP are found at 7 CFR 210.10 (e) and for the SBP at 7 CFR 220.8 (e).

- Lunch

1. Milk (fluid – a minimum of 2 choices must be provided)
2. Meat/Meat alternate
3. Vegetable serving
4. Fruit serving
5. Grain/Bread serving

- For lunch, all five menu components are offered.
- Students may decline as many as two of the five components.
- For lunch, a student MUST choose either a fruit or a vegetable item as one of the meal components.

- Breakfast

1. Milk (fluid – a minimum of 2 choices must be provided)
2. Fruit/Vegetable serving (minimum ½ cup each)
3. Juice/Fruit/Vegetable serving (minimum ½ cup each)
4. Grain/Bread (1oz minimum serving daily)
5. Grain/Bread* (offer extra to meet weekly minimums – meat/meat alt may be offered after the daily 1oz grain – counts toward weekly grain offering)

- For breakfast, four food items MUST be offered & three items must be selected – a student MUST choose either ½ cup fruit, juice or vegetable item as one of the meal components. A student may choose BOTH the fruit AND the fruit juice.