

# Lake Central School Corporation Food Service

Grimmer Middle School

225 W. 77<sup>th</sup> Avenue, Schererville, In 46375

Phone 219.865.4416 Fax 219.865.3150

Gladys Rediger  
Director of Food Services

Dr. Lawrence Veracco  
Superintendent

Dear Parents:

The USDA recently ruled that water or juice is no longer allowed as a milk substitution in the school meal pattern for cases involving milk intolerances or preferences. This ruling applies to The School Breakfast, Lunch and Special Milk Programs operating in our district.

Parents may complete the 'Diet Evaluation Sheet' and submit to the Food Service Office at the address above, and we will examine each request on a case by case basis. While there is currently no available milk substitute matching the USDA's guidelines, we will provide lactose free, unflavored, fat free milk for lactose intolerant children. This will be the only milk substitute Lake Central Food Service will be able to offer to non-disabled children or children with non-life threatening allergies.

Since our schools operate meal programs under a system that permits one or two meal components to be declined by your student, one of these could be milk while still allowing your child to receive the subsidized meal price.

As another option, you may send a beverage from home, or we will make juice available for purchase at \$0.50 per 4 oz carton.

If your child has a life threatening allergy or disability relating to milk, please call me at 865-4416 or e-mail at [grediger@lcschool.com](mailto:grediger@lcschool.com) to set up an appointment to discuss an appropriate action plan.

Thank you

Gladys Rediger FSD  
Lake Central Food Service  
225 W. 77<sup>th</sup> Avenue  
Schererville, Indiana 46375  
219-865-4416  
Fax 219-865-3150.

*This institution is an equal opportunity provider.*