

# A La Carte food PRICES for Secondary Schools

All a la carte items sold meet the Federal Regulation with an emphasis on healthy snacks.

## **Breakfast Items:**

Hot Entrée	\$1.40
Cereal	\$.75
Yogurt	\$.75
Yogurt Parfait	\$1.25
Breakfast Bars	\$.75
Whole Grain Pop Tart	\$.75
Fresh Fruit	\$.75
Mini Rice Krispy	\$.25

## **Beverages:**

Milk	\$.50
Juice	\$.50
12oz Water	\$1.00
10 oz Dole Juice	\$1.25
10 oz. Tropicana Juice	\$1.25
Smoothie	\$1.50/2.00
Izze Water	\$1.50

## **Lunch Items:**

Hot Entrée	\$2.15
Pretzels	\$.50
String Cheese	\$.50
Yogurt	\$.75
Yogurt Parfait	\$1.25

Baked Chips	\$.75
Popcorn & Chex Mix	\$.75
Fresh Vegetables	\$.75
Ice Cream	\$.50/\$.75/\$1.00
Soup	\$1.00

## **Additional items sold at High School only:**

Coffee	\$.50
20oz Water	\$1.25

Gatorade	\$1.25
Frozen Yogurt	\$2.00

All purchases will be deducted from your child's Skyward account, if your child does not have money in their account they will be unable to purchase any of these items. You can access detailed information for you student at the Lake Central School Corporations website, visit [www.LCSC.us](http://www.LCSC.us), click on the Parents tab, and then SKYWARD FAMILY ACCESS LOGIN. Once you log in, all student data that is transmitted is encrypted, you will find a Food Service tab on the left side; this area will allow you to do the following:

- View your child's food service account balance
- View daily purchase information
- View the daily menu
- Make online payments ("Make a Payment" link next to your child's name)
- Fill out an online application for free and reduced meals and ("Application" link on top right)
- **Setting a limit for a la cart purchases ("Set Ala Carte Limit" link is on the right side under weekly purchase column. If you DO NOT want your student to purchase any a la carte items, you MUST SET A LIMIT. )**

**There is no cost to view your child's purchases. This is also a great way to keep track of your child's account.**

Parents can also set up an alert notice through Skyward that will notify them when the balance is getting low either by email and/or an automated message.

Please take advantage of these healthy snacks that will provide your child with the nutrition they need to learn.

*This institution is an equal opportunity provider.*

August 4, 2017