



KENTON

City Schools

Elementary School Menu

2017-2018

School Nutrition

Meal Prices
 Breakfast –FREE
 Lunch \$2.50
 Reduced Lunch \$.40
 Milk \$.50

Offered Daily:
 Fresh Fruit & Fresh Veggies
 Breded Chicken is:
 Nuggets, Tenders or Popcorn Bites

School Nutrition Staff

Regina Comstock RD LD,
 Supervisor
 419.673.7248

Parents and Guardians are **ENCOURAGED**
 to Pre-Pay for meals!

3 Ways to Pay

1. Pay by check /cash to Kenton Cafeteria with students full name and ID #
2. "Pay For It" school website, click the cafeteria tab and click "Pay for it" link to set up an account.

CHARGING MEALS IS NOT PERMITTED

- Healthy choices for lunch! Students work hard everyday and as a parent you can rest easier knowing that your student is being provided meal choices that are not only healthy—but also taste good!
- Our meals at KES, follow a meal pattern as part of the National School Lunch Program, designed to reflect the Dietary Guidelines for Americans. Each meal has protein (meat), fruit and vegetables, whole grains (bread) and low fat white or fat free chocolate milk.
- If you haven't already—please complete an application for free and reduced meals. Applications are available through the main office

Lunch Menu #1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Domino's SS Pizza Fresh Tossed Salad Fruit Treat Choice of Milk	Taco in a Bag Cheese Cup Frito Corn Chips Buttered Corn Fruit Choice of Milk	COOK'S CHOICE Vegetable Fruit Choice of Milk	Breaded Chicken Green Beans Fruit Treat Choice of Milk	French Toast Stix with Syrup Sausage Links Oven Potatoes 100% Juice Choice of Milk

Lunch Menu #2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Specialty Pizza Baby Carrots/Dip Fruit Treat Choice of Milk	Corndog on a Stick Buttered Corn Fruit Pudding Cup Choice of Milk	Cheese Ravioli Garlic Bread Green Beans Fruit Choice of Milk	Beef & Cheese Burrito Salsa/sour cream Fresh Veggies/Dip Fruit Choice of Milk	Hamburger On a Bun w/Pickles and Cheese Oven Potatoes Fruit Choice of Milk

Lunch Menu #3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Domino's SS Pizza Fresh Tossed Salad Fruit Treat Choice of Milk	Cavatina Cowboy Buttered Bread stick Vegetables Fruit Choice of Milk	COOK'S CHOICE Vegetable Fruit Choice of Milk	Breaded Chicken Sandwich Green Beans Fruit Choice of Milk	Beefy Nachos & Cheese Tostito's Buttered Corn Fruit Choice of Milk

Lunch Menu #4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tony's Cheese Pizza Green Beans Fruit Treat Choice of Milk	Pasta with meat or chicken Corn Texas Toast Fruit Choice of Milk	Hotdog on a Bun Coney Sauce (optional) Baked Beans Fruit Choice of Milk	KES Chicken Bowl (mash pots and corn) Fruit Dinner Roll Choice of Milk	Sloppy Joe On a Bun & Cheese Oven Potatoes Fruit Treat Choice of Milk

Breakfast

All Breakfast kits meet the USDA requirements which include
 2 Whole Grain Breads, 1 Fruit serving and Milk

Menu subject to change without notice

August 2017

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2017

S	M	T	W	T	F	S
					1	2
3	NO SCHOOL Fair					9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2017

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November 2017

S	M	T	W	T	F	S
			1			4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	no school			25
26	27	28	29	30		

December 2017

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	no school off			23
24	No School					30
31						

January 2018

S	M	T	W	T	F	S
				3	4	5
6	7	8	9	10	11	12
13	off	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

