

Allergen Chart

Serving Date: 9/1/2020 - 9/30/2020

Choose a Grain(s)										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Fiesta Rice - TR100844										
Rotini Pasta - TR100845			P		C					C

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Choose a Protein(s)										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Seasoned Taco Beef - TR100832					C			C		C

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Entree										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Creamy Alfredo Sauce - TR100577						C				
Apple Cinnamon Breakfast Bites - TR100561			C			C		C	P	C
Bean and Cheese Burrito - TR100516					C	C		C		C
Beef Fingers - TR100730								C		C
Breakfast Burrito (P) - TR100045			C			C		C		C
Savory Breakfast Calzone (P) - TR100842					C	C		C		C
Cinnamon Toast Crunch Cereal Pouch - TR100709					C			C		C
Froot Loops Cereal Pouch - TR100707								C		C
Frosted Flakes Cereal Pouch - TR100708								MC		C
Lucky Charms Cereal (P) - TR100827										
Cinnamon Toast Crunch Cereal - TR100630								C		C
Cheese Enchiladas - TR100754						C		C		C
Cheese Nachos - TR100595						C		C		
Cheeseburger - TR100198					C	C		C		C
Chicken Biscuit Sandwich - TR100674						C		C		C
Buffalo Chicken Strips - TR100747					C			C		C
Grilled Chicken Fajita - TR100657						C		C		
Baked Chicken Fried Steak - TR100764					C	C		C		C
Chicken Nuggets - TR100743					C			C		C
Popcorn Chicken - TR100729						C		C		C
Spicy Chicken Sandwich - TR100233					C			C		C
Chicken Sticks - TR100750					C			C		C
Chicken Tenders - TR100758					C			C		C
Chili Relleno Burrito - TR100683						C		C		C
Cinnamon Glazed French Toast - TR100400			C		C	C		C		C

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Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Corndog - TR100748			C		C			C		C
Mini Corndogs - TR100075			C		C			C		C
Mini Chocolate Glazed Donuts - TR100741			C		C	C		C		C
Mini Powdered Sugar Donuts - TR100742			C		C	C		C		C
Fish Nuggets - TR100749				C	C			C		C
Hamburger - TR100221					C			C		C
Hawaiian Turkey Ham & Cheese Sandwich - TR100784					C	C		C		C
Jalapeno Sausage & Cheese Kolache (P) - TR100811			C		C	C		C		C
Macaroni & Cheese - TR100725			C		C	C				C
Meat Lovers Pizza (P) - TR100684					C	C		C		C
Hearty Italian Meat Sauce - TR100826										
Mini Bagels w/ Strawberry Cream Cheese - TR100497						C		C		C
Mini Cinnis - TR100107					C	C		C		C
Mini Maple Pancake Bites - TR100671			C		C			C		C
Mini Strawberry Pancakes - TR100128			C			C				C
Mozzarella Cheese Sticks - TR100114					C	C		C		C
Orange Chicken - TR100572			C		C			C		C
Oven Fried Chicken Drumstick - TR100761					C					C
Pan Cheese Pizza - TR100537					C	C		C		C
Pan Pepperoni Pizza - TR100124					C	C		C		C
PBJ Bistro Box (Grape Jelly) - TR100587							C	C		C
Pizza Roll Up Kit - TR100818					C	C		C		C
Primo Cheese Pizza - TR100589					C	C		C		C
Buffalo Chicken Pizza - TR100649						C		C		C
Zesty Grilled Chicken Southwest Salad w/ Fritos - TR100822										

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Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Sausage Biscuit - TR100248						C		C		C
Sausage Kolache - TR100672			C		C	C		C		C
Spicy Chicken Sub Sandwich - TR100564			MC		C	MC		C		C
Sun Berry Trail Mix - TR100734										
Turkey Hot Dog - TR100222					C			C		C
Turkey Sub Sandwich - TR100699			MC		C	C		C		C
Peanut Butter & Grape Jelly Sandwich - TR100586							C	C		C
Breakfast Chicken Littles - TR100721					C					C
Yogurt & Muffin Top Bistro Box - TR100667			C		C	C		C		C
Yogurt w/ Gripz - TR100696						C				

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Extra/Snack										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
BBQ Baked Lays Chips - TR100780						C		C		
Confetti Cookie - TR100830			C		C	C		C		C

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Fruit										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Apple Juice - TR100044										
Fresh Apple - TR100003										
Apple Slices - TR100519										
Applesauce Cup - TR100635										
Banana - TR100040										
Banana - TR100039										
Cantaloupe - TR100014										
Craisins - TR100271										
Craisins - TR100744										
Diced Peach Cup - TR100690	NI									
Diced Pear Cup - TR100689	NI									
Frozen Juice Cup - TR100603										
Frozen Juice Cup - TR100080										
Frozen Juice Cup - TR100079										
Grapes - TR100010										
Mandarin Oranges - TR100484										
Mixed Fruit - TR100474										
Orange Juice - TR100121										
Texas Fresh Orange - TR100016										
Peach Cup - TR100486										
Sliced Peaches - TR100480										
Pears - TR100481	NI									
Pears w/ Strawberry - TR100228	NI									
Pineapple Tidbits - TR100475										
Raisins - TR100141										

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Fruit										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Strawberry Cup - TR100472										
Watermelon - TR100048										

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Grain										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Asian Rice - TR100268						C		C		
Baked Tortilla Chips - TR100018										
Homemade Biscuit - TR100687						C		C		C
Whole Grain Garlic Breadstick - TR100745			P		C	C		C		C
Whole Grain Garlic Breadstick - TR100746			P		C	C		C		C
Breakfast Round - TR100032			C			C	P	C	P	C
Strawberry Cereal Bar - TR100778					C	C		C		C
Chocolate Chip Muffin - TR100068			C			C		C	P	C
Mini Cornbread Loaf - TR100717			C			C		C		C
Reduced Fat Doritos - TR100440						C		C		
Garlic Toast - TR100086						C		C		C
Goldfish Crackers - TR100251					C	C		C		C
Graham Cinnamon Squares - TR100088								C		C
Mini Cinnamon Roll - TR100628					C			C		C
Muffin Top - TR100641			C		C	C		C		C
Blueberry Muffin - TR100116			C					C		C
Orange Muffin - TR100118			C			C		C		C
Asian Noodles - TR100530			C		C			C		C
Pancake & Sausage Stick - TR100126			C		C			C		C
Cinnamon Poptart - TR100138					C			C		C
Strawberry Poptart - TR100627					C			C		C
Whole Wheat Dinner Roll - TR100728					C	C		C		C
String Cheese - TR100160						C				

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Meat/MA										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Smokey BBQ Pulled Pork Topping (P) - TR100691								C		
Jalapeno Cheese Sauce - TR100605						C		C		
Turkey Snack Stick - TR100679										

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Milk										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Texas Fresh Chocolate Fat Free Milk - TR100041						C				
Texas Fresh Strawberry Fat Free Milk - TR100042						C				
Texas Fresh Unflavored 1% Milk - TR100513						C				

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Other										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
BBQ Sauce Cup - TR100677								C		
Catsup - TR100037										
Lite Ceasar Dressing - TR100035				P		C		C		
Brown Gravy - TR100218			P		C	C		C		C
Honey Mustard Dressing - TR100097			C					C		
Jalapenos - TR100100										
Mayonnaise - TR100104			C			C		C		
Mustard - TR100120										
Mustard - TR100847										
Pickles - TR100802										
Fresh Pico de Gallo - TR100798										
Ranch Dressing - TR100142			C			C				
Lite Ranch Dressing - TR100393			C			C		C		
Salsa Cup - TR100820										
Salsa Verde - TR100797										
Sour Cream Packet - TR100813						C				

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Vegetable										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Au Gratin Potatoes - TR100680						C				
Baked Potato Soup - TR100656					C	C		C		C
Black Beans - TR100557										
Fresh Broccoli Florets - TR100006										
Baby Carrots - TR100000										
Crisp Celery Sticks - TR100801										
Chili Beans - TR100809								C		
Whole Kernel Corn - TR100789						C				
Emoji Potatoes - TR100785								C		
Buffalo Sidewinder Fries - TR100806								C		C
French Fries - TR100751								C		
Sweet Potato Waffle Fries - TR100805								C		
Sweet Potato Wedges - TR100804								C		
Seasoned Green Beans - TR100771						C				
Texas Tots - TR100712								C		
Lettuce & Tomato Salad - TR100438										
Marinara Sauce - TR100520								C		
Mashed Potatoes for Home Prep - TR100835						C				
Refried Beans for Home Prep (P) - TR100836										
Refried Beans - TR100799										
Spinach Salad - TR100234										
Spicy Stir Fried Edamame - TR100700								C		
Taco Toppers - TR100240										
Cherry Tomatoes - TR100020										
Tossed Salad - TR100241										

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Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Tropical Trio Frozen Juice - TR100682										
Vegetable Egg Roll - TR100179			C		C			C		C
Vegetarian Baked Beans - TR100478										

Report Selections:

Report Option: Menu Items on Menus for a timeframe