

# Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL  
Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>HS Lunch Curbside Week 1.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/01/2020</b>																			
Turkey Sub Sandwich - TR100699 (1 ea.)	100	316.13	12.34	4.55	0.00	42.75	537.13	30.51	3.00	4.00(M)	(M)	20.57	1.61	165.28	0.00(M)	0.01(M)	0.00(M)	0.00(M)	(M)
BBQ Baked Lays Chips - TR100780 (1 ea.)	100	110.00	3.00	0.00	0.00	0.00	140.00	19.00	1.00	3.00	(M)	2.00	0.20	10.00	(M)	(M)	(M)	(M)	(M)
Lettuce & Tomato Salad - TR100438 (1 ea.)	50	17.43	0.24	0.03	0.00	0.00	6.24	3.60	1.57	1.49	(M)	1.02	0.57	19.70	4176.24	9.47	0.00	239.42	40.23 (M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	5.00	20.00	0.00	17.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Craisins - TR100271 (1 ea.)	50	110.00	0.00	0.00	0.00	0.00	0.00	27.00	2.00	24.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pineapple Tidbits - TR100475 (1 #8 scoop)	50	46.67	0.00	0.00	0.00	0.00	0.00	11.33	0.67	8.00	0.00	0.67	0.00	6.67	(M)	(M)	0.20	93.34	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	100	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
<b>HS Lunch Curbside Week 2.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/08/2020</b>																			
Turkey Sub Sandwich - TR100699 (1 ea.)	100	316.13	12.34	4.55	0.00	42.75	537.13	30.51	3.00	4.00(M)	(M)	20.57	1.61	165.28	0.00(M)	0.01(M)	0.00(M)	0.00(M)	(M)
BBQ Baked Lays Chips - TR100780 (1 ea.)	100	110.00	3.00	0.00	0.00	0.00	140.00	19.00	1.00	3.00	(M)	2.00	0.20	10.00	(M)	(M)	(M)	(M)	(M)
Lettuce & Tomato Salad - TR100438 (1 ea.)	50	17.43	0.24	0.03	0.00	0.00	6.24	3.60	1.57	1.49	(M)	1.02	0.57	19.70	4176.24	9.47	0.00	239.42	40.23 (M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	5.00	20.00	0.00	17.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Apple Slices - TR100519 (1 ea.)	50	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	21.00	(M)	(M)	(M)
Pineapple Tidbits - TR100475 (1 #8 scoop)	50	46.67	0.00	0.00	0.00	0.00	0.00	11.33	0.67	8.00	0.00	0.67	0.00	6.67	(M)	(M)	0.20	93.34	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	100	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL

Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 1.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/01/2020</b>	
Turkey Sub Sandwich - TR100699 (1 ea.)	(M)
BBQ Baked Lays Chips - TR100780 (1 ea.)	(M)
Lettuce & Tomato Salad - TR100438 (1 ea.)	0.25(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	(M)
Craisins - TR100271 (1 ea.)	(M)
Pineapple Tidbits - TR100475 (1 #8 scoop)	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	(M)
<b>HS Lunch Curbside Week 2.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/08/2020</b>	
Turkey Sub Sandwich - TR100699 (1 ea.)	(M)
BBQ Baked Lays Chips - TR100780 (1 ea.)	(M)
Lettuce & Tomato Salad - TR100438 (1 ea.)	0.25(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	(M)
Apple Slices - TR100519 (1 ea.)	(M)
Pineapple Tidbits - TR100475 (1 #8 scoop)	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL  
Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>HS Lunch Curbside Week 3.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/15/2020</b>																				
Turkey Sub Sandwich - TR100699 (1 ea.)	100	316.13	12.34	4.55	0.00	42.75	537.13	30.51	3.00	4.00(M)	(M)	20.57	1.61	165.28	0.00(M)	0.01(M)	0.00(M)	0.00(M)	(M)	
BBQ Baked Lays Chips - TR100780 (1 ea.)	100	110.00	3.00	0.00	0.00	0.00	140.00	19.00	1.00	3.00	(M)	2.00	0.20	10.00	(M)	(M)	(M)	(M)	(M)	
Lettuce & Tomato Salad - TR100438 (1 ea.)	50	17.43	0.24	0.03	0.00	0.00	6.24	3.60	1.57	1.49	(M)	1.02	0.57	19.70	4176.24	9.47	0.00	239.42	40.23 (M)	
Tropical Trio Frozen Juice - TR100682 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	5.00	20.00	0.00	17.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)	
Apple Slices - TR100519 (1 ea.)	50	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	21.00	(M)	(M)	(M)	
Diced Pear Cup - TR100689 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	5.00	15.00	1.00	(M)	(M)	0.00	0.10	6.00	0.00	(M)	(M)	(M)	(M)	
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	100	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)	
<b>HS Lunch Curbside Week 1.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/22/2020</b>																				
Turkey Sub Sandwich - TR100699 (1 ea.)	100	316.13	12.34	4.55	0.00	42.75	537.13	30.51	3.00	4.00(M)	(M)	20.57	1.61	165.28	0.00(M)	0.01(M)	0.00(M)	0.00(M)	(M)	
BBQ Baked Lays Chips - TR100780 (1 ea.)	100	110.00	3.00	0.00	0.00	0.00	140.00	19.00	1.00	3.00	(M)	2.00	0.20	10.00	(M)	(M)	(M)	(M)	(M)	
Lettuce & Tomato Salad - TR100438 (1 ea.)	50	17.43	0.24	0.03	0.00	0.00	6.24	3.60	1.57	1.49	(M)	1.02	0.57	19.70	4176.24	9.47	0.00	239.42	40.23 (M)	
Tropical Trio Frozen Juice - TR100682 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	5.00	20.00	0.00	17.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)	
Craisins - TR100271 (1 ea.)	50	110.00	0.00	0.00	0.00	0.00	0.00	27.00	2.00	24.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
Pineapple Tidbits - TR100475 (1 #8 scoop)	50	46.67	0.00	0.00	0.00	0.00	0.00	11.33	0.67	8.00	0.00	0.67	0.00	6.67	(M)	(M)	0.20	93.34	(M)	
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	100	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)	

## Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL

Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 3.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/15/2020</b>	
Turkey Sub Sandwich - TR100699 (1 ea.)	(M)
BBQ Baked Lays Chips - TR100780 (1 ea.)	(M)
Lettuce & Tomato Salad - TR100438 (1 ea.)	0.25(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	(M)
Apple Slices - TR100519 (1 ea.)	(M)
Diced Pear Cup - TR100689 (1 ea.)	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	(M)
<b>HS Lunch Curbside Week 1.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/22/2020</b>	
Turkey Sub Sandwich - TR100699 (1 ea.)	(M)
BBQ Baked Lays Chips - TR100780 (1 ea.)	(M)
Lettuce & Tomato Salad - TR100438 (1 ea.)	0.25(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	(M)
Craisins - TR100271 (1 ea.)	(M)
Pineapple Tidbits - TR100475 (1 #8 scoop)	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL  
Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>HS Lunch Curbside Week 2.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/29/2020</b>																			
Turkey Sub Sandwich - TR100699 (1 ea.)	100	316.13	12.34	4.55	0.00	42.75	537.13	30.51	3.00	4.00(M)	(M)	20.57	1.61	165.28	0.00(M)	0.01(M)	0.00(M)	0.00(M)	(M)
BBQ Baked Lays Chips - TR100780 (1 ea.)	100	110.00	3.00	0.00	0.00	0.00	140.00	19.00	1.00	3.00	(M)	2.00	0.20	10.00	(M)	(M)	(M)	(M)	(M)
Lettuce & Tomato Salad - TR100438 (1 ea.)	50	17.43	0.24	0.03	0.00	0.00	6.24	3.60	1.57	1.49	(M)	1.02	0.57	19.70	4176.24	9.47	0.00	239.42	40.23(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	5.00	20.00	0.00	17.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Apple Slices - TR100519 (1 ea.)	50	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	21.00	(M)	(M)	(M)
Pineapple Tidbits - TR100475 (1 #8 scoop)	50	46.67	0.00	0.00	0.00	0.00	0.00	11.33	0.67	8.00	0.00	0.67	0.00	6.67	(M)	(M)	0.20	93.34	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	100	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Lunch  
Site Group: High School Food Based  
Menu Line: Curbside Meals  
Serving Group: 9-12  
Nutrients Option: All

# Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL  
 Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 2.4 Thursday 20-21 - archived on Sep 17 2020 2:51PM - ServingDate: 10/29/2020</b>	
Turkey Sub Sandwich - TR100699 (1 ea.)	(M)
BBQ Baked Lays Chips - TR100780 (1 ea.)	(M)
Lettuce & Tomato Salad - TR100438 (1 ea.)	0.25(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	(M)
Apple Slices - TR100519 (1 ea.)	(M)
Pineapple Tidbits - TR100475 (1 #8 scoop)	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	(M)