

# Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL  
Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>HS Lunch Curbside Week 3.1 Monday 20-21 (nov 2020) - ServingDate: 11/02/2020</b>																			
Popcorn Chicken - TR100729 (1 serving)	100	260.00	13.00	3.00	0.00	70.00	549.99	17.00	3.00	0.00	(M)	19.00	1.44	20.00	200.00	0.00	(M)	(M)	(M)
Reduced Fat Doritos - TR100440 (1 ea.)	100	130.00	5.00	0.50	0.00	0.00	200.00	20.00	2.00	0.00	(M)	2.00	0.36	0.00	100.00	0.00	(M)	(M)	(M)
Refried Beans for Home Prep (P) - TR100836 (1 ea.)	100	434.93	11.51	5.12	0.00	12.79	1483.88	58.84	23.03	0.00	0.00	23.03	4.61	102.34	(M)	(M)	0.00	1074.53	(M)
Frozen Juice Cup - TR100079 (1 ea.)	100	100.00	0.00	0.00	0.00	0.00	35.00	25.00	0.00	20.00	(M)	1.00	(M)	100.00	500.00	60.00	(M)	(M)	(M)
<b>HS Lunch Curbside Week 3.2 Tuesday 20-21 (nov 2020) - ServingDate: 11/03/2020</b>																			
Mozzarella Cheese Sticks - TR100114 (2 ea.)	100	280.00	9.00	2.00	0.00	9.80	440.00	30.00	2.00	2.00	0.00	16.00	2.16	300.00	(M)	(M)	0.00	0.00	(M)
Marinara Sauce - TR100520 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	200.01	7.00	2.00	4.00	1.00	1.00	0.00	19.00	(M)	(M)	0.00	262.02	(M)
Peas and Carrots - TR100131 (1 #8 scoop)	50	47.90	0.00	0.00	0.00	0.00	76.64	9.58	2.87	3.83	0.00	2.87	0.77	19.16	(M)	(M)	0.00	67.06	(M)
Strawberry Cup - TR100472 (1 ea.)	100	77.77	0.00	0.00	0.00	0.00	1.17	19.21	2.35	15.93	(M)	0.79	0.48	18.80	14.00	69.01	(M)	(M)	(M)
<b>HS Lunch Curbside Week 3.3 Wednesday 20-21 (nov 2020) - ServingDate: 11/04/2020</b>																			
Chicken Tenders - TR100758 (1 serving)	100	260.00	15.00	2.50	0.00	25.00	390.00	16.00	3.00	1.00	1.00	15.00	2.00	36.00	(M)	(M)	0.00	720.00	(M)
Confetti Cookie - TR100830 (1 ea.)	100	160.00	6.00	1.50	0.00	10.00	130.00	27.00	1.00	15.00	8.00	2.00	1.00	10.00	(M)	(M)	0.00	43.00	(M)
Baby Carrots - TR100000 (1 ea.)	50	26.00	0.00	0.00	0.00	0.00	57.20	5.20	2.60	2.60	(M)	0.00	0.47	26.00	10010.00	1.56	(M)	(M)	(M)
Emoji Potatoes - TR100785 (4 ea.)	50	120.00	4.00	0.50	0.00	0.00	80.00	18.00	2.00	0.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)
Applesauce Cup - TR100635 (1 ea.)	100	90.00	0.00	0.00	0.00	0.00	15.00	22.00	2.00	19.00	(M)	0.00	(M)	(M)	(M)	60.00	(M)	(M)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	100	440.00	10.00	6.00	0.00	40.00	520.00	52.00	0.00	48.00	0.00	32.00	0.00	1000.00	3000.00	(M)	8.00	1504.00	(M)

## Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 3.1 Monday 20- 21 (nov 2020) - ServingDate: 11/02/2020</b>	
Popcorn Chicken - TR100729 (1 serving)	(M)
Reduced Fat Doritos - TR100440 (1 ea.)	(M)
Refried Beans for Home Prep (P) - TR100836 (1 ea.)	(M)
Frozen Juice Cup - TR100079 (1 ea.)	(M)
<b>HS Lunch Curbside Week 3.2 Tuesday 20 -21 (nov 2020) - ServingDate: 11/03/2020</b>	
Mozzarella Cheese Sticks - TR100114 (2 ea.)	(M)
Marinara Sauce - TR100520 (1 ea.)	(M)
Peas and Carrots - TR100131 (1 #8 scoop)	(M)
Strawberry Cup - TR100472 (1 ea.)	(M)
<b>HS Lunch Curbside Week 3.3 Wednesday 20-21 (nov 2020) - ServingDate: 11/04/2020</b>	
Chicken Tenders - TR100758 (1 serving)	(M)
Confetti Cookie - TR100830 (1 ea.)	(M)
Baby Carrots - TR100000 (1 ea.)	(M)
Emoji Potatoes - TR100785 (4 ea.)	(M)
Applesauce Cup - TR100635 (1 ea.)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	(M)

## Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>HS Lunch Curbside Week 3.4 Thursday 20-21 (nov 2020) - ServingDate: 11/05/2020</b>																				
Turkey Sub Sandwich - TR100851 (1 ea.)	100	0.86	0.04	0.02	0.00	0.11	1.42	0.08	0.01	0.01(M)	0.01(M)	0.05	0.00	0.52	0.00(M)	0.00(M)	0.00(M)	0.16(M)	(M)	
Tossed Salad - TR100241 (1 ea.)	50	17.01	0.23	0.03	0.00	0.00	16.73	3.50	1.90	1.52	(M)	0.96	0.81	27.93	8127.94	3.20	0.00(M)	33.59 (M)	(M)	
Tropical Trio Frozen Juice - TR100682 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	5.00	20.00	0.00	17.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)	
Apple Slices - TR100519 (1 ea.)	50	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	21.00	(M)	(M)	(M)	
<b>HS Lunch Curbside Week 1.1 Monday 20-21 (nov 2020) - ServingDate: 11/09/2020</b>																				
French Bread Cheese Pizza - TR100077 (1 ea.)	100	320.00	15.00	6.00	0.00	25.00	580.00	30.00	3.00	3.00	(M)	18.00	2.30	340.00	(M)	8.00	0.00	200.00	(M)	
Whole Kernel Corn - TR100789 (1 #8 scoop)	50	73.38	0.65	0.10	0.00	0.00	11.52	17.36	1.75	2.06	(M)	2.50	0.35	3.75	160.97 (M)	5.29(M)	(M)	175.66 (M)	(M)	
Spinach Salad - TR100234 (1 c.)	50	18.85	0.30	0.05	0.00	0.00	56.70	3.12	1.73	0.67	(M)	2.15	1.96	71.58	6764.03	21.86	0.00(M)	33.59 (M)	(M)	
Peach Cup - TR100486 (1 ea.)	100	83.84	0.00	0.00	0.00	0.00	0.04	20.79	1.64	19.15	(M)	1.03	0.28	6.84	369.78	93.45	(M)	(M)	(M)	
<b>HS Lunch Curbside Week 1.2 Tuesday 20-21 (nov 2020) - ServingDate: 11/10/2020</b>																				
Bean and Cheese Burrito - TR100516 (1 ea.)	100	340.00	13.00	7.00	0.00	15.00	530.00	42.00	5.00	2.00	(M)	15.00	1.44	100.00	400.00	1.20	(M)	(M)	(M)	
Refried Beans for Home Prep (P) - TR100836 (1 ea.)	50	434.93	11.51	5.12	0.00	12.79	1483.88	58.84	23.03	0.00	0.00	23.03	4.61	102.34	(M)	(M)	0.00	1074.53	(M)	
Salsa Cup - TR100820 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	0.00	1.00	0.72	20.00	(M)	(M)	0.00	300.00	(M)	
Apple Slices - TR100519 (1 ea.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	21.00	(M)	(M)	(M)	

## Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 3.4 Thursday 20-21 (nov 2020) - ServingDate: 11/05/2020</b>	
Turkey Sub Sandwich - TR100851 (1 ea.)	(M)
Tossed Salad - TR100241 (1 ea.)	(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	(M)
Apple Slices - TR100519 (1 ea.)	(M)
<b>HS Lunch Curbside Week 1.1 Monday 20- 21 (nov 2020) - ServingDate: 11/09/2020</b>	
French Bread Cheese Pizza - TR100077 (1 ea.)	(M)
Whole Kernel Corn - TR100789 (1 #8 scoop)	(M)
Spinach Salad - TR100234 (1 c.)	(M)
Peach Cup - TR100486 (1 ea.)	(M)
<b>HS Lunch Curbside Week 1.2 Tuesday 20 -21 (nov 2020) - ServingDate: 11/10/2020</b>	
Bean and Cheese Burrito - TR100516 (1 ea.)	(M)
Refried Beans for Home Prep (P) - TR100836 (1 ea.)	(M)
Salsa Cup - TR100820 (1 ea.)	(M)
Apple Slices - TR100519 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL  
Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>HS Lunch Curbside Week 1.3 Wednesday 20-21 (nov 2020) - ServingDate: 11/11/2020</b>																			
Corndog - TR100748 (1 ea.)	100	250.00	9.00	2.50	0.00	40.00	390.00	30.00	5.00	5.00	(M)	9.00	1.80	80.00	0.00	0.00	(M)	(M)	(M)
Baby Carrots - TR100000 (1 ea.)	50	26.00	0.00	0.00	0.00	0.00	57.20	5.20	2.60	2.60	(M)	0.00	0.47	26.00	10010.00	1.56	(M)	(M)	(M)
Emoji Potatoes - TR100785 (4 ea.)	50	120.00	4.00	0.50	0.00	0.00	80.00	18.00	2.00	0.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)
Grapes - TR100010 (1 ea.)	100	56.95	0.30	0.10	0.00	0.00	1.70	14.61	0.77	13.87	(M)	0.54	0.25	11.93	85.05	3.40	0.00	162.70	(M)
1% Lowfat Milk - TR100858 (1 qt.)	100	440.00	10.00	6.00	0.00	40.00	520.00	52.00	0.00	48.00	0.00	32.00	0.00	1000.00	3000.00	(M)	8.00	1504.00	(M)
<b>HS Lunch Curbside Week 1.4 Thursday 20-21 (nov 2020) - ServingDate: 11/12/2020</b>																			
Turkey Sub Sandwich - TR100851 (1 ea.)	100	0.86	0.04	0.02	0.00	0.11	1.42	0.08	0.01	0.01(M)	0.01(M)	0.05	0.00	0.52	0.00(M)	0.00(M)	0.00(M)	0.16(M)	(M)
Tossed Salad - TR100241 (1 ea.)	50	17.01	0.23	0.03	0.00	0.00	16.73	3.50	1.90	1.52	(M)	0.96	0.81	27.93	8127.94	3.20	0.00(M)	33.59(M)	(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	5.00	20.00	0.00	17.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Fresh Whole Pear 20-21 - TR100855 (1 ea.)	100	101.00	0.00	0.00	0.00	0.00	2.00	27.00	6.00	17.00	0.00	1.00	0.36	10.00	(M)	(M)	0.00	(M)	(M)
<b>HS Lunch Curbside Week 1.5 Friday 20-21 (nov 2020) - ServingDate: 11/13/2020</b>																			
Popcorn Chicken - TR100729 (1 serving)	100	260.00	13.00	3.00	0.00	70.00	549.99	17.00	3.00	0.00	(M)	19.00	1.44	20.00	200.00	0.00	(M)	(M)	(M)
Poppin' Edamame Mix - TR100720 (1 #8 scoop)	50	81.05	2.53	0.00	0.00	0.00	15.20	10.13	5.07	3.04	(M)	5.07	1.09	30.39	(M)	9.12	0.00	283.67	(M)
Vegetable Egg Roll - TR100179 (1 ea.)	50	139.82	3.50	1.00	0.00	0.00	149.80	21.97	4.00	4.00	(M)	4.00	1.08	39.95	199.74	1.20	(M)	(M)	(M)
Frozen Juice Cup - TR100080 (1 ea.)	100	100.00	0.00	0.00	0.00	0.00	40.00	24.00	0.00	20.00	(M)	0.00	0.00	100.00	500.00	60.00	(M)	(M)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	100	440.00	10.00	6.00	0.00	40.00	520.00	52.00	0.00	48.00	0.00	32.00	0.00	1000.00	3000.00	(M)	8.00	1504.00	(M)

## Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 1.3 Wednesday 20-21 (nov 2020) - ServingDate: 11/11/2020</b>	
Corndog - TR100748 (1 ea.)	(M)
Baby Carrots - TR100000 (1 ea.)	(M)
Emoji Potatoes - TR100785 (4 ea.)	(M)
Grapes - TR100010 (1 ea.)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	(M)
<b>HS Lunch Curbside Week 1.4 Thursday 20-21 (nov 2020) - ServingDate: 11/12/2020</b>	
Turkey Sub Sandwich - TR100851 (1 ea.)	(M)
Tossed Salad - TR100241 (1 ea.)	(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	(M)
Fresh Whole Pear 20-21 - TR100855 (1 ea.)	(M)
<b>HS Lunch Curbside Week 1.5 Friday 20-21 (nov 2020) - ServingDate: 11/13/2020</b>	
Popcorn Chicken - TR100729 (1 serving)	(M)
Poppin' Edamame Mix - TR100720 (1 #8 scoop)	(M)
Vegetable Egg Roll - TR100179 (1 ea.)	(M)
Frozen Juice Cup - TR100080 (1 ea.)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL  
Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>HS Lunch Curbside Week 1.5 Friday 20-21 (nov 2020) - ServingDate: 11/13/2020</b>																			
Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.)	100	240.00	0.00	0.00	0.00	10.00	360.00	40.00	0.00	36.00	(M)	16.00	0.00	600.00	1000.00	2.40	(M)	(M)	(M)
<b>HS Lunch Curbside Week 2.1 Monday 20-21 (nov 2020) - ServingDate: 11/16/2020</b>																			
Mozzarella Cheese Sticks - TR100114 (2 ea.)	100	280.00	9.00	2.00	0.00	9.80	440.00	30.00	2.00	2.00	0.00	16.00	2.16	300.00	(M)	(M)	0.00	0.00	(M)
Whole Kernel Corn - TR100789 (1 #8 scoop)	50	73.38	0.65	0.10	0.00	0.00	11.52	17.36	1.75	2.06	(M)	2.50	0.35	3.75	160.97 (M)	5.29(M)	(M)	175.66 (M)	(M)
Marinara Sauce - TR100520 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	200.01	7.00	2.00	4.00	1.00	1.00	0.00	19.00	(M)	(M)	0.00	262.02	(M)
Frozen Juice Cup - TR100603 (1 ea.)	100	100.00	0.00	0.00	0.00	0.00	35.00	25.00	0.00	20.00	(M)	0.00	0.00	100.00	500.00	60.00	(M)	(M)	(M)
<b>HS Lunch Curbside Week 2.2 Tuesday 20-21 (nov 2020) - ServingDate: 11/17/2020</b>																			
Chicken Patty Sandwich - TR100208 (1 ea.)	100	407.70	16.97	2.99	0.00	25.00	645.90	44.52	4.97	3.95	3.95	21.90	3.38	87.18	(M)	(M)	0.00	838.52	(M)
Refried Beans for Home Prep (P) - TR100836 (1 ea.)	50	434.93	11.51	5.12	0.00	12.79	1483.88	58.84	23.03	0.00	0.00	23.03	4.61	102.34	(M)	(M)	0.00	1074.53	(M)
Tossed Salad - TR100241 (1 ea.)	50	17.01	0.23	0.03	0.00	0.00	16.73	3.50	1.90	1.52	(M)	0.96	0.81	27.93	8127.94	3.20	0.00(M)	33.59 (M)	(M)
Texas Fresh Orange - TR100016 (1 ea.)	100	83.94	0.40	0.05	0.00	0.00	2.67	20.65	6.00	(M)	(M)	1.73	1.07	93.27	333.11	94.60	(M)	261.16	(M)
<b>HS Lunch Curbside Week 2.3 Wednesday 20-21 (nov 2020) - ServingDate: 11/18/2020</b>																			
Popcorn Chicken - TR100729 (1 serving)	100	260.00	13.00	3.00	0.00	70.00	549.99	17.00	3.00	0.00	(M)	19.00	1.44	20.00	200.00	0.00	(M)	(M)	(M)
Baby Carrots - TR100000 (1 ea.)	50	26.00	0.00	0.00	0.00	0.00	57.20	5.20	2.60	2.60	(M)	0.00	0.47	26.00	10010.00	1.56	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 1.5 Friday 20- 21 (nov 2020) - ServingDate: 11/13/2020</b>	
Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.)	(M)
<b>HS Lunch Curbside Week 2.1 Monday 20- 21 (nov 2020) - ServingDate: 11/16/2020</b>	
Mozzarella Cheese Sticks - TR100114 (2 ea.)	(M)
Whole Kernel Corn - TR100789 (1 #8 scoop)	(M)
Marinara Sauce - TR100520 (1 ea.)	(M)
Frozen Juice Cup - TR100603 (1 ea.)	(M)
<b>HS Lunch Curbside Week 2.2 Tuesday 20 -21 (nov 2020) - ServingDate: 11/17/2020</b>	
Chicken Patty Sandwich - TR100208 (1 ea.)	(M)
Refried Beans for Home Prep (P) - TR100836 (1 ea.)	(M)
Tossed Salad - TR100241 (1 ea.)	(M)
Texas Fresh Orange - TR100016 (1 ea.)	(M)
<b>HS Lunch Curbside Week 2.3 Wednesday 20-21 (nov 2020) - ServingDate: 11/18/2020</b>	
Popcorn Chicken - TR100729 (1 serving)	(M)
Baby Carrots - TR100000 (1 ea.)	(M)



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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
<b>HS Lunch Curbside Week 2.3 Wednesday 20-21 (nov 2020) - ServingDate: 11/18/2020</b>																			
Poppin' Edamame Mix - TR100720 (1 #8 scoop)	50	81.05	2.53	0.00	0.00	0.00	15.20	10.13	5.07	3.04	(M)	5.07	1.09	30.39	(M)	9.12	0.00	283.67	(M)
Applesauce Cup - TR100635 (1 ea.)	100	90.00	0.00	0.00	0.00	0.00	15.00	22.00	2.00	19.00	(M)	0.00	(M)	(M)	(M)	60.00	(M)	(M)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	100	440.00	10.00	6.00	0.00	40.00	520.00	52.00	0.00	48.00	0.00	32.00	0.00	1000.00	3000.00	(M)	8.00	1504.00	(M)
<b>HS Lunch Curbside Week 2.4 Thursday 20-21 (nov 2020) - ServingDate: 11/19/2020</b>																			
Turkey Sub Sandwich - TR100851 (1 ea.)	100	0.86	0.04	0.02	0.00	0.11	1.42	0.08	0.01	0.01(M)	0.01(M)	0.05	0.00	0.52	0.00(M)	0.00(M)	0.00(M)	0.16(M)	(M)
Tossed Salad - TR100241 (1 ea.)	50	17.01	0.23	0.03	0.00	0.00	16.73	3.50	1.90	1.52	(M)	0.96	0.81	27.93	8127.94	3.20	0.00(M)	33.59(M)	(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	5.00	20.00	0.00	17.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Fresh Whole Pear 20-21 - TR100855 (1 ea.)	100	101.00	0.00	0.00	0.00	0.00	2.00	27.00	6.00	17.00	0.00	1.00	0.36	10.00	(M)	(M)	0.00	(M)	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	100	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
<b>HS Lunch Curbside Week 2.5 Friday 20-21 (nov 2020) - ServingDate: 11/20/2020</b>																			
Chicken Nuggets - TR100743 (5 ea.)	100	262.50	15.00	2.50	0.00	25.00	400.00	16.25	2.50	1.25	0.00	16.25	2.25	25.00	(M)	(M)	0.00	737.50	(M)
Mashed Potatoes for Home Prep - TR100835 (1 ea.)	50	175.42	1.95	0.00	0.00	0.00	779.63	33.13	1.95	0.00	0.00	3.90	0.70	19.49	(M)	(M)	0.00	740.64	(M)
Vegetable Egg Roll - TR100179 (1 ea.)	50	139.82	3.50	1.00	0.00	0.00	149.80	21.97	4.00	4.00	(M)	4.00	1.08	39.95	199.74	1.20	(M)	(M)	(M)
Apple Slices - TR100519 (1 ea.)	50	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	21.00	(M)	(M)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	100	440.00	10.00	6.00	0.00	40.00	520.00	52.00	0.00	48.00	0.00	32.00	0.00	1000.00	3000.00	(M)	8.00	1504.00	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.)	100	240.00	0.00	0.00	0.00	10.00	360.00	40.00	0.00	36.00	(M)	16.00	0.00	600.00	1000.00	2.40	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 2.3 Wednesday 20-21 (nov 2020) - ServingDate: 11/18/2020</b>	
Poppin' Edamame Mix - TR100720 (1 #8 scoop)	(M)
Applesauce Cup - TR100635 (1 ea.)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	(M)
<b>HS Lunch Curbside Week 2.4 Thursday 20-21 (nov 2020) - ServingDate: 11/19/2020</b>	
Turkey Sub Sandwich - TR100851 (1 ea.)	(M)
Tossed Salad - TR100241 (1 ea.)	(M)
Tropical Trio Frozen Juice - TR100682 (1 ea.)	(M)
Fresh Whole Pear 20-21 - TR100855 (1 ea.)	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (1 ea.)	(M)
<b>HS Lunch Curbside Week 2.5 Friday 20- 21 (nov 2020) - ServingDate: 11/20/2020</b>	
Chicken Nuggets - TR100743 (5 ea.)	(M)
Mashed Potatoes for Home Prep - TR100835 (1 ea.)	(M)
Vegetable Egg Roll - TR100179 (1 ea.)	(M)
Apple Slices - TR100519 (1 ea.)	(M)
1% Lowfat Milk - TR100858 (1 qt.)	(M)
Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL  
 Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>HS Lunch Curbside Week 3.1 Monday 20-21 (nov 2020) - ServingDate: 11/30/2020</b>																				
Popcorn Chicken - TR100729 (1 serving)	100	260.00	13.00	3.00	0.00	70.00	549.99	17.00	3.00	0.00	(M)	19.00	1.44	20.00	200.00	0.00	(M)	(M)	(M)	
Reduced Fat Doritos - TR100440 (1 ea.)	100	130.00	5.00	0.50	0.00	0.00	200.00	20.00	2.00	0.00	(M)	2.00	0.36	0.00	100.00	0.00	(M)	(M)	(M)	
Refried Beans for Home Prep (P) - TR100836 (1 ea.)	100	434.93	11.51	5.12	0.00	12.79	1483.88	58.84	23.03	0.00	0.00	23.03	4.61	102.34	(M)	(M)	0.00	1074.53	(M)	
Frozen Juice Cup - TR100079 (1 ea.)	100	100.00	0.00	0.00	0.00	0.00	35.00	25.00	0.00	20.00	(M)	1.00	(M)	100.00	500.00	60.00	(M)	(M)	(M)	

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: High School Food Based  
 Menu Line: Curbside Meals  
 Serving Group: K-8  
 Nutrients Option: All

# Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL  
 Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Ash (g)
<b>HS Lunch Curbside Week 3.1 Monday 20- 21 (nov 2020) - ServingDate: 11/30/2020</b>	
Popcorn Chicken - TR100729 (1 serving)	(M)
Reduced Fat Doritos - TR100440 (1 ea.)	(M)
Refried Beans for Home Prep (P) - TR100836 (1 ea.)	(M)
Frozen Juice Cup - TR100079 (1 ea.)	(M)