

# Allergen Chart

Generated on: 11/1/2018

C: Contains | P: Processed in a facility that also processes | MC: May contain | NI: None Indicated  
 Powered by PrimeroEdge for: Katy ISD

Entree										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Alfredo Sauce - TR100577						C				
Apple Cinnamon Breakfast Bites - TR100561			C			C		C	P	C
Asian Chicken Salad - TR100670								C		C
Bacon Cheeseburger - TR100242						C		C		C
Baked Potato, Plain - TR100581										
BBQ Turkey Sandwich - TR100582								C		C
Bean and Cheese Burrito - TR100516						C		C		C
Beef Fingers w/ Breadstick*** - TR100273								C		C
Beef Fingers w/ Roll*** - TR100418								C		C
Blueberry Muffin w/ String Cheese*** - TR100500			C					C		C
Bacon Breakfast Boat - TR100617			C			C		C		C
Breakfast Burrito (P) - TR100045			C			C		C		C
Breakfast Pizza (P) - TR100517			MC			C		C		C
Buffalo Chicken Strips w/ Baked Doritos*** - TR100300								C		C
Cheese Enchiladas w/ Fiesta Rice*** - TR100421						C		C		C
Cheese Nachos - TR100595						C		C		
Cheese Pizza Bagel Bites - TR100453			P			C		C		C
Cheese Quesadilla - TR100192			C			C		C		C
Cheese Ravioli w/ Garlic Toast*** - TR100313						C		C		C
Cheese Sandwich - TR100466						C		C		C
Cheeseburger - TR100207						C		C		C
Cheeseburger - TR100198						C		C		C
Chef Salad- Chicken w/ Croutons - TR100693						C		C	P	C
Chef Salad- Popcorn Chicken w/ Croutons - TR100694						C		C	P	C
Cherry Blossom Chicken w/ Asian Noodles*** - TR100650			C							C

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Chicken Biscuit Sandwich - TR100674						C		C		C
Chicken Alfredo on Penne Pasta - TR100305			P			C		C		C
Oven Fried Chicken Drumstick w/ Roll*** - TR100551										C
Chicken Fajita Meat - TR100657						C		C		
Baked Chicken Fried Steak w/ Biscuit*** - TR100303						C		C		C
Chicken Nuggets w/ Roll*** - TR100327								C		C
Chicken Nuggets w/ Roll*** - TR100275								C		C
Chicken Parmesan - TR100576						C		C		C
Chicken Patty Sandwich - TR100208								C		C
Chicken Pot Stickers w/ Asian Rice*** - TR100647								C		C
Chicken Sticks w/ Roll*** - TR100304								C		C
Chicken Tenders w/ Garlic Toast*** - TR100287								C		C
Chicken Tenders w/ Roll*** - TR100314								C		C
Chicken Tostada w/ Fiesta Rice*** - TR100447						C		C		
Chili & Cheese Nachos - TR100597						C		C		C
Chili and Cheese Nachos - TR100596						C		C		C
Chili Relleno Burrito - TR100683						C		C		C
Cinnamon Coffee Cake - TR100532			C			C		C		C
Cinnamon Glazed French Toast - TR100400			C			C		C		C
Cinnamon Poptart w/ Yogurt*** - TR100501								C		C
Corndog w/ Macaroni & Cheese*** - TR100279			C					C		C
Mini Corndogs - TR100075			C					C		C
Crispy Chicken Rings w/ Baked Doritos*** - TR100299								C		C
Crispy Chicken Rings - TR100416								C		C
Deli Turkey Sliders - TR100644								P		C

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Fish Nuggets w/ Macaroni & Cheese*** - TR100698				C				C		C
French Bread Cheese Pizza - TR100077						C		C		C
French Toast Sticks w/ Sausage Patty - TR100543			C			C		C		C
French Toast Sticks - TR100401			C			C		C		C
Grilled Cheese Sandwich - TR100426						C		C		C
Grilled Chicken Sandwich w/ Pepperjack Cheese - TR100220						C		C		C
Gripz - TR100094						C		C		C
Hamburger - TR100221								C		C
Lasagna w/ Breadstick*** - TR100618						C		C		C
Macaroni & Cheese w/ Mini Pretzel*** - TR100655			C			C				C
Meat Lovers Pizza (P) - TR100684						C		C		C
Meat Sauce - TR100578								C		C
Mini Bagels w/ Strawberry Cream Cheese - TR100497						C		C		C
Mini Cinnis - TR100107						C		C		C
Mini Maple Pancake Bites - TR100671			C					C		C
Mini Maple Pancakes - TR100369			C			C				C
Mini Blueberry Waffles - TR100111			C			C		C		C
Mini Maple Waffles - TR100110			C			C		C		C
Mozzarella Cheese Sticks - TR100114						C		C		C
Turkey & Cheese Munchable - TR100681						C		C		C
Turkey & Cheese Munchable - TR100706						C		C		C
Orange Chicken - TR100572			C					C		C
Orange Chicken w/ Asian Rice*** - TR100281			C					C		C
Orange Chicken w/ Brown Rice*** - TR100318			C					C		C
Orange Muffin w/ String Cheese*** - TR100507			C			C		C		C

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Oven Fried Chicken Drumstick & Waffle*** - TR100527										C
Pan Cheese Pizza - TR100123						C		C		C
Alpha Cheese Pizza - TR100290						C		C		C
Pan Cheese Pizza - TR100537						C		C		C
Pan Pepperoni Pizza - TR100124						C		C		C
Alpha Pepperoni Pizza (P) - TR100195						C		C		C
Pan Pepperoni Pizza - TR100538						C		C		C
PBJ Bistro Box w/ Craisins - TR100616							C	C		C
PBJ Bistro Box - TR100587							C	C		C
Penne Pasta - TR100579			P							C
Primo Cheese Pizza - TR100589						C		C		C
Primo Pepperoni Pizza - TR100590						C		C		C
Buffalo Chicken Pizza - TR100649						C		C		C
Popcorn Chicken w/ Breadstick - TR100514						C		C		C
Provolone Sub Sandwich - TR100565			MC			C		C		C
Rotini w/ Meat Sauce & Garlic Toast*** - TR100377			P					C		C
Rotini w/ Meat Sauce & Garlic Toast*** - TR100378			P					C		C
Rotini Pasta - TR100580			P							C
Sausage Biscuit - TR100248						C		C		C
Sausage Kolache - TR100672			C			C		C		C
Sausage Kolache - TR100673			C			C		C		C
Cranberry Orange Scone - TR100398			P			C				C
Pumpkin Spice Scone - TR100675			P			C				C
SD - Baked Potato w/ Cheese (1oz) 18-19 - TR100535						C				
SD - BBQ Turkey 18-19 - TR100610										

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SD - Beef Patty w/ Cheese, No Bun (Elem) - TR100611						C		C		
SD - Beef Patty w/ Cheese, No Bun (Sec) - TR100612						C		C		
Breaded Beef Fingers - TR100391								C		C
SD - Cheeseburger Meatloaf Patty 18-19 - TR100666						C				C
SD - Chicken Nuggets Elem (5 ea) 18-19 - TR100613								C		C
Chicken Tenders - TR100062								C		C
Deli Turkey on Bun - TR100214								C		C
SD - Hamburger Bun, Wheat 4" 18-19 - TR100181								C		C
SD - Hot Dog 18-19 - TR100536										
SD-Baked Potato 18-19 - TR100361										
Beef Patty, Elementary - TR100443										
SD-Beef Patty, Secondary, 3 oz. 18-19 - TR100392	NI									
SD-Chicken Patty 18-19 - TR100428								C		C
SD-Garden Salad (Lettuce Only) 18-19 - TR100433										
SD-Garden Salad w/ Deli Turkey 18-19 - TR100434										
SD-Garden Salad w/ Grilled Chicken 18-19 - TR100436								C		
SD-Garden Salad w/ Yogurt (No Crackers) 18-19 - TR100435						C				
SD-Grilled Chicken Breast Patty 18-19 - TR100328								C		
SD-Turkey Breast Meat 18-19 - TR100363										
SD-Turkey Ham 18-19 - TR100362										
Southwest Chicken Salad - TR100669								C	P	
Spicy Chicken Patty Sandwich - TR100233								C		C
Spicy Chicken Sub Sandwich - TR100564				MC		MC		C		C
Spicy Popcorn Chicken w/ Breadstick - TR100531				C				C		C
Strawberry Pancakes w/ Sausage Patty - TR100547				C		C				C

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Strawberry Poptart w/ Yogurt*** - TR100634								C		C
Stuffed Cheese Burger - TR100643						C		C		C
Stuffed Crust Cheese Pizza - TR100161						C		C		C
Stuffed Crust Pepperoni Pizza - TR100162						C		C		C
Taco Beef - TR100658								C		C
Teriyaki Chicken w/ Asian Noodles*** - TR100283								C		C
Sliced Turkey Breast w/ Gingerbread Cookie*** - TR100678										
Turkey Hot Dog on a Bun - TR100222								C		C
Turkey Pot Roast w/ Biscuit*** - TR100237										
Turkey Sub Sandwich - TR100699			MC			C		C		C
Wow Butter & Jelly Sandwich - TR100702						C		C		C
Yogurt & Muffin Top Bistro Box - TR100667			C			C		C		C
Yogurt - TR100697						C				
Yogurt - TR100186						C				
Yogurt & Gripz*** - TR100696						C				
Yogurt - TR100184						C				

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Barbecued Chicken - USDA Recipe D110 - PER D-110										
Bean Burrito Bowl - USDA Recipe D120A - PER D-120A										
Bean Tostada - USDA Recipe D120C - PER D-120C										
Beef and Bean Tamale Pie - USDA Recipe D150A - PER D-150A										
Beef or Pork Burrito (Canned Meats) - USDA Recipe D120B - PER D-120B										
Beef or Pork Burrito - USDA Recipe D120 - PER D-120										
Beef Stew - USDA Recipe D140 - PER D-140										
Beef Tamale Pie - USDA Recipe D150 - PER D-150										
Bok Choy Wraps - PER1001										
Central Valley Harvest Bake - PER1006										
Chic' Penne - PER1031										
Chicken Alfredo With a Twist - PER1027					C					C
Chicken Burrito - USDA Recipe D530 - PER D-530										
Chicken Curry Casserole - PER1028										
Chicken or Turkey a la King - USDA Recipe D160 - PER D-160										
Chicken or Turkey and Noodles - USDA Recipe D170 - PER D-170										
Chicken or Turkey Chop Suey - USDA Recipe D180 - PER D-180										
Chicken or Turkey Pot Pie - USDA Recipe D190 - PER D-190										
Chicken or Turkey Taco - USDA Recipe 130C - PER 130C										
Chicken or Turkey Tamale Pie - USDA Recipe D150B - PER D-150B										
Confetti Soup - PER1014										
Crunchy Hawaiiin Chicken Wrap - PER1003										
Eagle Pizza - PER1015										
Fiesta Mexican Lasagna - PER1016										

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Fiesta Wrap - PER1017										C
Fried Rice - USDA Recipe B100 - PER B-100										
Harvest stew - PER1018										
Hawaiian Ham Coconut Rice - USDA Recipe D540 - PER D-540										
Lentils of the Southwest - PER1019										
Mexicali Taco Boat - USDA Recipe D550 - PER D-550										
Pancakes - USDA Recipe B130 - PER B-130										
Pizza with Ground Turkey Topping - USDA Recipe D310B - PER D-310B										
Porcupine Sliders - PER1032								C		C
Purple Power Bean Wrap - PER1020										
Rainbow Rice - PER1024										
Rice Vegetable Casserole - USDA Recipe D590 - PER D-590										
Roasted Fish Crispy Slaw Wrap - PER1009										
Scrambled Eggs - USDA Recipe D340 - PER D-340										
Sesame Asian Noodle Chicken Salad - USDA Recipe D560 - PER D-560										
Smokin' Powerhouse Chili - PER1010										
Spaghetti and Meat Sauce (Ground Beef and Ground Pork) - USDA Recipe D350A - PER D-350A										
Spaghetti and Meat Sauce (Ground Beef and Pork) D-35A - PER D-35A										
Spaghetti and Meat Sauce - USDA Recipe D350 - PER D-350										
Spanish Chickpea Stew - PER1021										
Squish Squash Lasagna - PER1011										
Stir-Fried Green Rice, Eggs, and Ham - PER1012										
Sweet and Sassy Chicken - USDA Recipe D570 - PER D-570										
Sweet Potato and Black Bean Stew - PER1008										



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Taco Soup - USDA Recipe H71 - PER H-71										
Tuna and Noodles - USDA Recipe D370 - PER D-370										
Tuscan Smoked Turkey and Bean Soup - PER1022										
USDA Recipes for Healthy Kids Oodles of Noodles - PER1026										
Vegetable Chili Boat - PER1023										
Vegetable Pizza - USDA Recipe D300A - PER D-300A										
Volcanic Meatloaf - USDA Recipe D580 - PER D-580										

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Fruit										
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Apple Juice - TR100044										
Fresh Apple - TR100003										
Apple Slices - TR100519										
Applesauce Cup - TR100635										
Banana - TR100040										
Banana - TR100039										
Cantaloupe & Honeydew Melon - TR100705										
Cantaloupe - TR100014										
Craisins - TR100270										
Craisins - TR100271										
Diced Peach Cup - TR100690	NI									
Diced Pear Cup - TR100689	NI									
Frozen Juice Cup - TR100603										
Frozen Juice Cup - TR100080										
Frozen Juice Cup - TR100079										
Fruit Juice - TR100495										
Grapes - TR100010										
Mandarin Oranges - TR100484										
Mixed Fruit - TR100474										
Orange Juice - TR100121										
Orange - TR100016										
Peach Cup - TR100486										
Sliced Peaches - TR100480										
Pears - TR100481	NI									
Pears w/ Kiwi - TR100227	NI									

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Pears w/ Strawberry - TR100228	NI									
Pineapple Tidbits - TR100475										
Raisins - TR100141										
Strawberries - TR100017										
Strawberry Cup - TR100472										
Fruit Juice - TR100494										
Watermelon Chunks - TR100048										

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Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Fruit Salsa - USDA Recipe I121 - PER I-121										

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Grain										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Asian Rice - TR100268						C		C		
Baked Tortilla Chips - TR100018										
Biscuit - TR100687						C		C		C
Whole Grain Breadstick - TR100029								C		C
Breakfast Round - TR100032			C			C	P	C	P	C
Breakfast Wrap - TR100033			C			C		C		C
Brown Rice - TR100201										
Strawberry Cereal Bar - TR100051			C			C				C
Froot Loops Cereal - TR100056								C		C
Frosted Flakes Cereal - TR100054								C		C
Frosted Mini Wheats Cereal - TR100055										C
Multigrain Cheerios Cereal - TR100624										
Cinnamon Toast Crunch Cereal - TR100630								C		C
Rice Krispies Cereal - TR100626										
Chocolate Chip Muffin - TR100068			C			C		C	P	C
Cinnamon Roll - TR100070						C		C		C
Reduced Fat Doritos - TR100440						C		C		
Fiesta Rice - TR100359										
Garlic Toast - TR100086						C		C		C
Gingerbread Cookie - TR100653										C
Goldfish Crackers - TR100251						C		C		C
Graham Cinnamon Squares - TR100088								C		C
Macaroni & Cheese - TR100654			C			C				C
Mini Cinnamon Roll - TR100628								C		C
Mini French Toast - TR100108			C			C		C		C

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Mini Strawberry Pancakes - TR100128			C			C				C
Muffin Top (offered w/ String Cheese) - TR100642										
Muffin Top - TR100641			C			C		C		C
Blueberry Muffin - TR100116			C					C		C
Orange Muffin - TR100118			C			C		C		C
Asian Noodles - TR100530			C					C		C
Pancake & Sausage Stick - TR100126			C					C		C
Cinnamon Poptart - TR100138								C		C
Strawberry Poptart - TR100627								C		C
Mini Pretzel - TR100140										C
Roll - TR100182			MC			MC		MC		C
Roll - TR100183			MC			MC		MC		C
Sausage Biscuit - TR100148						C		C		C
SD - Baked Tostitos - TR100594										
SD - Rotini Pasta - 2 #8 Scoops (1 cup) 18-19 - TR100619			P							C
String Cheese - TR100160						C				
Tortilla - TR100174								C		C
Maple Waffle - TR100528			C			C		C		C

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Baking Powder Biscuits - USDA Recipe B40 - PER B-40										
Baking Powder Biscuits B-04 - PER B-04										
Banana Bread Squares - USDA Recipe B50 - PER B-50										
Cinnamon Rolls - USDA Recipe B80 - PER B-80										
Cooking Rice - USDA Recipe B30 - PER B-30										
Cornbread - USDA Recipe B90 - PER B-90										
Gingerbread - PER C-230										
Italian Bread - USDA Recipe B110 - PER B-110										
Oatmeal Muffin Squares - USDA Recipe B200 - PER B-200										
Orange Rice Pilaf - USDA Recipe B210 - PER B-210										
Pourable Pizza Crust - USDA Recipe B15 - PER B-15										
Pumpkin Muffin Squares - USDA Recipe B120 - PER B-120										
Spanish Rice - USDA Recipe B170 - PER B-170										
Sweet Potato Bread Squares - USDA Recipe B230 - PER B-230										

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Meat/MA										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
BBQ Pork Topping (P) - TR100691								C		
Broccoli w/ Cheese Sauce - TR100609						C		C		
Chili - TR100585								C		C
Honey Roasted Sunflower Kernals - TR100686										
Jalapeno Cheese Sauce - TR100605						C		C		
Chicken Pot Stickers - TR100646								C		C
Sausage Patty - TR100149										
Turkey Snack Stick - TR100679										

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C: Contains | P: Processed in a facility that also processes | MC: May contain | NI: None Indicated

Powered by PrimeroEdge for: Katy ISD

Milk										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Chocolate Fat Free Milk - TR100041						C				
Strawberry Fat Free Milk - TR100042						C				
Unflavored 1% Milk - TR100513						C				
Rice Milk - TR100437	NI									
Flavored Soy Milk - TR100156								C		

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Other										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
BBQ Sauce Cup - TR100677										
Catsup - TR100037										
Lite Ceasar Dressing - TR100035				P		C		C		
Cranberry Sauce - TR100452										
Brown Gravy - TR100218			P			C		P		C
White Gravy - TR100219			P			C		C		C
Green Onion - TR100608	NI									
Honey Mustard Dressing - TR100097			C					C		
Hot Sauce - TR100245										
Italian Dressing - TR100098										
Jalapenos - TR100100										
Grape Jelly - TR100090										
Marinara Sauce - TR100103										
Mayonnaise - TR100104			C			C		C		
Mustard - TR100120										
Picante Sauce - TR100133										
Pickles - TR100135										
Pico de Gallo - TR100559										
Ranch Dressing - TR100142			C			C				
Lite Ranch Dressing - TR100393			C			C		C		
Salsa Verde - TR100560										
Sesame Dressing - TR100701								C		C
Shredded Lettuce - TR100568										
Sliced Onion - TR100570										
Sliced Tomato - TR100569										

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Other										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Sour Cream - TR100688						C				
Sriracha Chili Sauce - TR100574				C						
Sweet and Sour Sauce - TR100167								C		
Sweet Chili Sauce - TR100695										
Syrup Cup - TR100703	NI									
Tartar Sauce - TR100171			C			C				

Allergen information posted is based on information that KISD Nutrition and Food Services currently has on file. Allergen information is subject to change based on changes from manufacturers. Katy ISD is not always notified of these changes. Allergen information posted is for parent and student information. Katy ISD Nutrition and Food Services does not monitor any a la carte purchases for allergens for any student.

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Vegetable										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Au Gratin Potatoes - TR100680						C				
Baked Potato Soup - TR100656						C		C		C
Black Beans - TR100557										
Broccoli w/ Cheese Sauce - TR100231			MC			C		MC		C
Steamed Broccoli - TR100200										
Broccoli Florets - TR100004										
Buffalo Sidewinder Fries - TR100591								C		C
Baby Carrots - TR100000										
Fresh Celery - TR100007										
Chili Beans - TR100473										
Corn - TR100073										
Creamy Tomato Soup - TR100659						C				
Emoji Potatoes - TR100704								C		
French Fries - TR100189								C		
Fresh Veggie Mix - TR100343										
Green Beans - TR100479	NI									
Lettuce & Tomato Salad - TR100438										
Marinara Sauce - TR100520								C		
Mashed Potatoes - TR100676						C				
Peas - TR100132										
Peas and Carrots - TR100131										
Refried Beans - TR100373										
Savory Sweet Potato Fries - TR100648								C		
Seasoned Spiral Fries - TR100645								C		
Spinach Salad - TR100234										

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Vegetable										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Stir Fried Edamame - TR100700								C		C
Sweet Potato Fries - TR100169								C		
Taco Toppers - TR100240										
Tater Tots - TR100598								C		
Cherry Tomatoes - TR100020										
Tossed Salad - TR100241										
Tropical Trio Frozen Juice - TR100682										
Vegetable Egg Roll - TR100179			C							C
California Blend Vegetables - TR100638										
Vegetarian Beans - TR100478										

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Vegetables										
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Aztec Grain Salad - PER1029										
Brown Rice Pilaf - USDA Recipe B220 - PER B-220										
Creamed Spinach - USDA Recipe I120 - PER I-120										
Harvest Delight - PER1007										
Local Harvest Bake - USDA Recipe I122 - PER I-122										
Mashed Potatoes - USDA Recipes I123 - PER I-123										
Mediterranean Quinoa Salad - PER1030										
Peppy Quinoa - PER1025										
Pico De Gallo - USDA Recipe G150 - PER G-150										
Pizz Green Beans - USDA Recipe I124 - PER I-124										
Tasty Tots - PER1013										

**Report Selections:**

Report Option: All Active Menu Items