

# Allergen Chart

Generated on: 4/2/2018

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 Powered by PrimeroEdge for: Katy ISD

Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Alfredo Sauce - TR100577					C				
Apple Cinnamon Breakfast Bites - TR100561		C			C		C	P	C
Apple Fruit Pocket - TR100562							C		C
Bacon Cheeseburger - TR100242					C		C		C
Baked Potato, Plain - TR100581									
BBQ Chicken Pizza - TR100651					C				C
BBQ Turkey Sandwich - TR100582							C		C
Bean and Cheese Burrito - TR100516					C		C		C
Beef Fingers w/ Breadstick*** - TR100273							C		C
Beef Fingers w/ Roll*** - TR100418							C		C
Blueberry Muffin w/ String Cheese*** - TR100500		C					C		C
Bacon Breakfast Boat - TR100617		C			C		C		C
Breakfast Burrito (P) - TR100045		C			C		C		C
Breakfast Pizza (P) - TR100517		MC			C		C		C
Buffalo Chicken Strips w/ Baked Doritos*** - TR100300							C		C
Cheese Enchiladas w/ Fiesta Rice*** - TR100421					C		C		C
Cheese Nachos - TR100595					C		C		
Cheese Pizza Bagel Bites - TR100453		P			C		C		C
Cheese Quesadilla - TR100192		C			C		C		C
Cheese Ravioli w/ Garlic Toast*** - TR100313					C		C		C
Cheeseburger - TR100207					C		C		C
Cheeseburger - TR100198					C		C		C
Chef Salad w/ Grilled Chicken & Croissant - TR100406		C			C		C		C
Chef Salad w/ Popcorn Chicken & Croissant - TR100407		C			C		C		C
Blossom Chicken w/ Asian Noodles*** - TR100650		C							C

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Chicken Biscuit Sandwich - TR100674					C		C		C
Chicken & Waffle Sandwich - TR100633		C			C		C		C
Chicken Alfredo on Penne Pasta - TR100305		P			C		C		C
Oven Fried Chicken Drumstick w/ Roll*** - TR100551									C
Chicken Fajita Meat - TR100657					C		C		
Baked Chicken Fried Steak w/ Biscuit*** - TR100303					C		C		C
Chicken Nuggets w/ Roll*** - TR100327							C		C
Chicken Nuggets w/ Roll*** - TR100275							C		C
Chicken Parmesan - TR100576					C		C		C
Chicken Patty Sandwich - TR100208							C		C
Chicken Pizza Quesadilla - TR100187					C		C		C
Chicken Pot Stickers w/ Asian Rice*** - TR100647							C		C
Chicken Sticks w/ Roll*** - TR100304							C		C
Chicken Tenders w/ Garlic Toast*** - TR100287							C		C
Chicken Tenders w/ Breadstick*** - TR100663							C		C
Chicken Tenders w/ Roll*** - TR100314							C		C
Chicken Tostada w/ Fiesta Rice*** - TR100447					C		C		
Chili & Cheese Nachos - TR100597					C		C		C
Chili and Cheese Nachos - TR100596					C		C		C
Cinnamon Coffee Cake - TR100532		C			C		C		C
Cinnamon Glazed French Toast - TR100400		C			C		C		C
Cinnamon Poptart w/ String Cheese*** - TR100660							C		C
Cinnamon Poptart w/ Yogurt*** - TR100501							C		C
Corndog w/ Macaroni & Cheese*** - TR100279		C					C		C
Mini Corndogs - TR100075		C					C		C

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Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Crispy Chicken Rings w/ Baked Doritos*** - TR100299							C		C
Crispy Chicken Rings - TR100416							C		C
Crispy Chicken Rings w/ Mini Pretzel*** - TR100664							C		C
Deli Turkey Sliders - TR100644							P		C
Edamame Kung Pao Chicken - TR100573		C					C		C
Fish Nuggets w/ Macaroni & Cheese*** - TR100278			C		C		C		C
French Bread Cheese Pizza - TR100077					C		C		C
French Toast Sticks - TR100401		C			C		C		C
French Toast Sticks w/ Sausage Patty - TR100543		C			C		C		C
Grilled Cheese Sandwich - TR100426					C		C		C
Grilled Chicken Sandwich w/ Pepperjack Cheese - TR100220					C		C		C
Gripz - TR100094					C		C		C
Hamburger - TR100221							C		C
Jalapeno Beef Grab Wraps - TR100592					C		C		C
Lasagna w/ Breadstick*** - TR100618					C		C		C
Macaroni & Cheese w/ Mini Pretzel*** - TR100655		C			C				C
Meat Sauce - TR100578							C		C
Mediterranean Hummus Box - TR100491					C		C		C
Mini Bagels w/ Strawberry Cream Cheese - TR100497					C		C		C
Mini Cinnamon Roll w/ String Cheese*** - TR100662							C		C
Mini Cinnis - TR100107					C		C		C
Mini Maple Pancake Bites - TR100671		C					C		C
Mini Maple Pancakes - TR100369		C			C				C
Mini Maple Waffles - TR100110		C			C		C		C
Mozzarella Cheese Sticks - TR100114					C		C		C

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Orange Chicken - TR100572		C					C		C
Orange Chicken w/ Asian Rice*** - TR100281		C					C		C
Orange Chicken w/ Brown Rice*** - TR100318		C					C		C
Orange Muffin w/ String Cheese*** - TR100507		C			C		C		C
Oven Fried Chicken Drumstick & Waffle*** - TR100527									C
Pan Cheese Pizza - TR100123					C		C		C
Alpha Cheese Pizza - TR100290					C		C		C
Pan Cheese Pizza - TR100537					C		C		C
Pan Pepperoni Pizza - TR100124					C		C		C
Alpha Pepperoni Pizza (P) - TR100195					C		C		C
Pan Pepperoni Pizza - TR100538					C		C		C
Pancake Sausage Sandwich - TR100525		C			C		C		C
PBJ Bistro Box w/ Craisins - TR100616						C	C		C
PBJ Bistro Box - TR100587						C	C		C
Penne Pasta - TR100579		P							C
Primo Cheese Pizza - TR100589					C		C		C
Primo Pepperoni Pizza - TR100590					C		C		C
Buffalo Chicken Pizza - TR100649					C		C		C
Chicken, Turkey Bacon & Ranch Pizza - TR100637					C		C		C
Popcorn Chicken w/ Breadstick - TR100514					C		C		C
Protein Bistro Box - TR100620					C	C	C		C
Provolone Sub Sandwich - TR100565		MC			C		C		C
Rotini w/ Meat Sauce & Garlic Toast*** - TR100377		P					C		C
Rotini w/ Meat Sauce & Garlic Toast*** - TR100378		P					C		C
Rotini Pasta - TR100580		P							C

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Sausage Biscuit - TR100248					C		C		C
Sausage Kolache - TR100672		C			C		C		C
Sausage Kolache - TR100673		C			C		C		C
Sausage Kolache - TR100524		C			C		C		C
Sausage Kolache - TR100614		C			C		C		C
Apple Cinnamon Scone - TR100399		P			C				C
Cranberry Orange Scone - TR100398		P			C				C
Pumpkin Spice Scone - TR100675		P			C				C
SD - Baked Potato w/ Cheese (1oz) 17-18 - TR100535					C				
SD - BBQ Turkey 17-18 - TR100610									
SD - Beef Patty w/ Cheese, No Bun (Elem) - TR100611					C		C		
SD - Beef Patty w/ Cheese, No Bun (Sec) - TR100612					C		C		
Breaded Beef Fingers - TR100391							C		C
SD - Cheeseburger Meatloaf Patty 17-18 - TR100666					C				C
SD - Chicken Nuggets Elem (5 ea) 17-18 - TR100613							C		C
Chicken Tenders - TR100062							C		C
Deli Turkey on Bun - TR100214							C		C
SD - Hamburger Bun, Wheat 4" 17-18 - TR100181							C		C
SD - Hot Dog 17-18 - TR100536									
SD - PediaSure w/ Fiber (8oz can) 17-18 - TR100467					C		C		
SD-Baked Potato 17-18 - TR100361									
Beef Patty, Elementary - TR100443									
SD-Chicken Patty 17-18 - TR100428							C		C
SD-Grilled Chicken Breast Patty 17-18 - TR100328							C		
SD-Turkey Breast Meat 17-18 - TR100363									

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SD-Turkey Ham 17-18 - TR100362									
Spicy Chicken Patty Sandwich - TR100233							C		C
Spicy Chicken Sub Sandwich - TR100564		MC			MC		C		C
Spicy Popcorn Chicken w/ Breadstick - TR100531		C					C		C
Saucy Stir Fried Edamame - TR100575							C		C
Strawberry Pancakes w/ Sausage Patty - TR100547		C			C				C
Strawberry Poptart w/ String Cheese*** - TR100661							C		C
Strawberry Poptart w/ Yogurt*** - TR100634							C		C
Stuffed Cheese Burger - TR100643					C		C		C
Stuffed Crust Cheese Pizza - TR100161					C		C		C
Supreme Pizza (P) - TR100652					C		C		C
Taco Meat, LS (#24 scoop) - BYO 17-18 - TR100658							C		C
Teriyaki Chicken w/ Asian Noodles*** - TR100283							C		C
Sliced Turkey - TR100615									
Turkey Ham Sub Sandwich - TR100563		MC			C		C		C
Turkey Hot Dog on a Bun - TR100222							C		C
Turkey Pot Roast w/ Biscuit - TR100237									
Wow Butter Bistro Box - TR100668					C		C		C
Wow Butter Bistro Box w/ Craisins - TR100665					C		C		C
Wow Butter Bistro Box - TR100639					C		C		C
Yogurt & Muffin Top Bistro Box - TR100667		C			C		C		C
Yogurt & Muffin Top Bistro Box - TR100640		C			C		C		C
Yogurt - TR100186					C				
Yogurt & Gripz*** - TR100266					C				
Yogurt - TR100184					C				

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Fruit									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Apple Juice - TR100044									
Fresh Apple - TR100003									
Apple Slices - TR100519									
Applesauce Cup - TR100635									
Applesauce Cup - TR100046									
Banana - TR100040									
Banana - TR100039									
Cantaloupe - TR100014									
Craisins - TR100270									
Craisins - TR100271									
Diced Peach Cup - TR100690									
Diced Pear Cup - TR100689									
Frozen Juice Cup - TR100603									
Frozen Juice Cup - TR100080									
Frozen Juice Cup - TR100079									
Fruit Juice - TR100495									
Grapes - TR100010									
Mandarin Oranges - TR100484									
Mixed Fruit - TR100474									
Orange Juice - TR100121									
Orange - TR100016									
Peach Cup - TR100486									
Sliced Peaches - TR100480									
Pears - TR100481									
Pears w/ Kiwi - TR100227									

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Fruit									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Pears w/ Strawberry - TR100228									
Pineapple Tidbits - TR100475									
Raisins - TR100141									
Strawberries - TR100017									
Strawberry Cup - TR100472									
Fruit Juice - TR100494									
Watermelon Chunks - TR100048									

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Grain									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Asian Rice - TR100268					C		C		
Baked Tortilla Chips - TR100018									
Biscuit - TR100027					C		C		C
Whole Grain Breadstick - TR100029							C		C
Breakfast Round - TR100032		C			C	P	C	P	C
Breakfast Wrap - TR100033		C			C		C		C
Brown Rice - TR100201									
Strawberry Cereal Bar - TR100051		C			C				C
Froot Loops Cereal - TR100056							C		C
Frosted Flakes Cereal - TR100054							C		C
Frosted Mini Wheats Cereal - TR100055									C
Multigrain Cheerios Cereal - TR100624									
Cinnamon Toast Crunch Cereal - TR100630							C		C
Rice Krispies Cereal - TR100626									
Chocolate Chip Muffin - TR100068		C			C		C	P	C
Cinnamon Roll - TR100070					C		C		C
Reduced Fat Doritos - TR100440					C		C		
Fiesta Rice - TR100359									
Garlic Toast - TR100086					C		C		C
Gingerbread Cookie - TR100450									C
Gingerbread Cookie - TR100653									C
Goldfish Crackers - TR100251					C		C		C
Graham Cinnamon Squares - TR100088							C		C
Granola Bar - TR100089					C	C	C	C	C
Macaroni & Cheese - TR100654		C			C				C

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Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Mini Cinnamon Roll - TR100628							C		C
Mini French Toast - TR100108		C			C		C		C
Mini Strawberry Pancakes - TR100128		C			C				C
Muffin Top (offered w/ String Cheese) - TR100642									
Muffin Top - TR100641		C			C		C		C
Blueberry Muffin - TR100116		C					C		C
Orange Muffin - TR100118		C			C		C		C
Asian Noodles - TR100530		C					C		C
Pancake & Sausage Stick - TR100126		C					C		C
Cinnamon Poptart - TR100138							C		C
Strawberry Poptart - TR100627							C		C
Mini Pretzel - TR100140									C
Roll - TR100182		MC			MC		MC		C
Roll - TR100183		MC			MC		MC		C
Sausage Biscuit - TR100148					C		C		C
SD - Baked Tostitos - TR100594									
String Cheese - TR100160					C				
Tortilla - TR100174							C		C
Maple Waffle - TR100528		C			C		C		C

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Meat/MA									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
BBQ Turkey Topping - TR100583									
Broccoli w/ Cheese Sauce - TR100609					C		C		
Chili - TR100585							C		C
Jalapeno Cheese Sauce - TR100605					C		C		
Chicken Pot Stickers - TR100646							C		C

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Milk									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Chocolate Fat Free Milk - TR100041					C				
Strawberry Fat Free Milk - TR100042					C				
Unflavored 1% Milk - TR100513					C				
Rice Milk - TR100437									
Flavored Soy Milk - TR100156							C		

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Other									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
BBQ Sauce - TR100390									
Catsup - TR100037									
Lite Ceasar Dressing - TR100035			P		C		C		
Cranberry Sauce - TR100452									
Brown Gravy - TR100218		P			C		P		C
White Gravy - TR100219		P			C		C		C
Green Onion - TR100608									
Honey Mustard Dressing - TR100097		C					C		
Hot Sauce - TR100245									
Italian Dressing - TR100098									
Jalapenos - TR100100									
Grape Jelly - TR100090									
Fruit Seasoning - TR100529									
Marinara Sauce - TR100103									
Mayonnaise - TR100104		C			C		C		
Mustard - TR100120									
Picante Sauce - TR100133									
Pickles - TR100135									
Pico de Gallo - TR100559									
Ranch Dressing - TR100142		C			C				
Lite Ranch Dressing - TR100393		C			C		C		
Salsa Verde - TR100560									
Shredded Lettuce - TR100568									
Sliced Onion - TR100570									
Sliced Tomato - TR100569									

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Other									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Sour Cream - TR100558					C				
Sriracha Chili Sauce - TR100574			C						
Sweet and Sour Sauce - TR100167							C		
Syrup - TR100170									
Tartar Sauce - TR100171		C			C				

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Vegetable									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Au Gratin Potatoes - TR100199					C		C		
Baked Potato Soup - TR100656					C		C		C
Black Beans - TR100557									
Broccoli w/ Cheese Sauce - TR100231		MC			C		MC		C
Steamed Broccoli - TR100200									
Broccoli Florets - TR100004									
Buffalo Sidewinder Fries - TR100591							C		C
Baby Carrots - TR100000									
Fresh Celery - TR100007									
Chili Beans - TR100473									
Corn - TR100073									
Creamy Tomato Soup - TR100659					C				
French Fries - TR100189							C		
Fresh Veggie Mix - TR100343									
Green Beans - TR100479									
Lettuce & Tomato Salad - TR100438									
Marinara Sauce - TR100520							C		
Mashed Potatoes - TR100493									
Mashed Potatoes - TR100676					C				
Peas - TR100132									
Peas and Carrots - TR100131									
Potato Smiles - TR100139							C		
Refried Beans - TR100373									
Savory Sweet Potato Fries - TR100648							C		
Seasoned Spiral Fries - TR100645							C		

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Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Spinach Salad - TR100234									
Sweet Potato Fries - TR100169							C		
Taco Toppers - TR100240									
Tater Tots - TR100598							C		
Cherry Tomatoes - TR100020									
Tossed Salad - TR100241									
Vegetable Egg Roll - TR100179		C							C
California Blend Vegetables - TR100638									
Vegetarian Beans - TR100478									

**Report Selections:**

Report Option: Menu Items on Active Menus