

My student cannot drink fluid milk. Will they get juice or water as a substitute? Is it included in the meal price?

- USDA regulation states that soy milk is the only acceptable substitute for regular milk. If a student is receiving the soy milk substitute, it would be included in the price of their meal.
- For students allergic to soy, rice milk is substituted, which is included in the meal price.
- Students are welcome to purchase water or juice a la carte, but it will not be included in their meal price.
- Students are not required to purchase milk or soy milk to get the meal price. They must only take 3 of the 5 components (meat, grain, vegetable, fruit, and milk).
 - Example: If a student picks up a chicken patty sandwich and baby carrots, that would be a meal.