

Food Safety at Home for School Meals

Hello parents! Below are simple guidelines to enjoy schools meals safely at home.

- ❖ **COLD FOOD:** All cold items (milk, entrée, vegetables, and fruit) must be refrigerated at 41°F or below within 2 hrs.

- ❖ **WHOLE FRUIT & Vegetable:** Wash all fruits and vegetable before eating.

- ❖ **REHEAT** Entrée must be reheated to minimum of 165°F:
 - Below are general guidelines and actual cooking time may vary depending on the oven at home:
 - Burrito, Pretzel Dog, Teriyaki Beef Dipper with Fried Rice, Double Dog, Jumbo Dog, Cheeseburger, French Bread Pizza, Grill Cheese, Wedge Pizza: 350°F for 10-15min. Microwavable.
 - Tamale: 350°F for 10-15min. Microwave: Must remove from the foil.
 - Meatball/Meatloaf/Mini Corn Dog: 350°F for 15-20 min. Microwavable
 - Chicken Strip with Potatoes/Mac & Cheese: 350°F for 20-25 min. Microwavable.
 - Pancake and Cinnamon Toast: 350°F for 5-10min. Microwavable

- ❖ All food must be consumed within 2 days with exception of individually packaged food (example: milk, carrot) with specific expiration date