



# iGranada Nutrition Selections

Chicken Nuggets

Bean and Cheese Burrito

Pancakes w/Sausage

Chicken n Waffles

Pancake Sausage Bites

Ham, Egg, & Cheese Muffin

Bagel Breakfast Sandwich

Whole Grain Bagel and Cream Cheese

SunButter & Grape Jelly sandwich

A Variety of Cereals and string cheese

Donut Meal/Cinnamon Roll Meal

Coffeecake and string cheese

All meals include

100% Fruit Juice

1% Milk or Nonfat Chocolate milk

A Variety of Whole Fresh Fruit

Breakfast \$3.00/30¢

**New early breakfast serving hours for zero hour regular bell schedule**

Cafeteria 7:00 am - 8:30 am

**New early breakfasts serving hours for Tuesday zero hour bell schedule**

Cafeteria 7:00 am to 9:30 am

**Regular Nutrition:** 10:27 am to 10:39 am (cafeteria. Carts and Snacks windows)

\*The Federal Meal Program entitles you to **one** breakfast at either breakfast or nutrition and **one** lunch (free or reduced) Additional meals are available at full price \$3.00 breakfast/nutrition and \$4.25 lunch.