



Daily Nutrition Selections

Hot selections are served with a hash browns or sweet potatoe gems . Cold selections are served with fresh fruits

- Chicken Nuggets
- Bean and Cheese Burrito
- Breakfast Sandwich with egg, cheese, sausage on an whole grain bagel
- Whole Grain Bagel and Cream Cheese
- Smucker's Uncrustable peanut butter and jelly on whole wheat bread
- Cinnamon Roll and string cheese
- A Variety of Cold Cereals and string cheese
- Coffeecake and string cheese

All meals include

100% Fruit Juice, 1% Milk or Nonfat Chocolate milk, Variety of Fresh Fruit

Breakfast \$3.00

Early breakfast serving hours for zero hour regular bell schedule

Cart and Cafeteria: 7:00 am to 8:30 am

Regular Nutrition: 10:27 am to 10:39 am (Cafeteria - Carts and Snacks windows)

New early breakfasts serving hours for Tuesday zero hour bell schedule

Cart and Cafeteria: 7:00 am to 8:30 am

Regular Nutrition: 10:27 am to 10:39 am (Cafeteria - Carts and Snacks windows)

*The Federal Meal Program entitles you to **one** breakfast at either breakfast or nutrition and **one** lunch (free or reduced) Additional meals are available at full price \$3.00 breakfast/nutrition and \$4.25 lunch.