



NUTRITION NEWS

SPOTLIGHT KITCHEN: IRVINGTON HIGH SCHOOL

By: Kristine Hoover



Irvington High School Kitchen is a diverse, hard-working staff with over 90 years of experience combined. Their dedication to providing students with a healthy, tasty meal is proven with the many years of hard work they have all put into this profession. Irvington Kitchen has always considered themselves a TEAM that thrives when ideas and knowledge are shared throughout. Their main goal is to provide students with healthy choices, nutritious meals and a smile that they will remember. With over 11 years of experience in Child Nutrition at the Fremont Unified School District, Manager Kristine Hoover has all the tools, knowledge and experience needed to run an efficient, hard-working kitchen. The combination of this wonderful passionate TEAM and manager make Irvington High School Kitchen a productive, fun loving environment that all staff members and students can enjoy.

APRIL WELLNESS TIP

Enjoy a laugh! Laughter is a form of exercise and burns calories. It can also decrease your blood pressure and stress level!

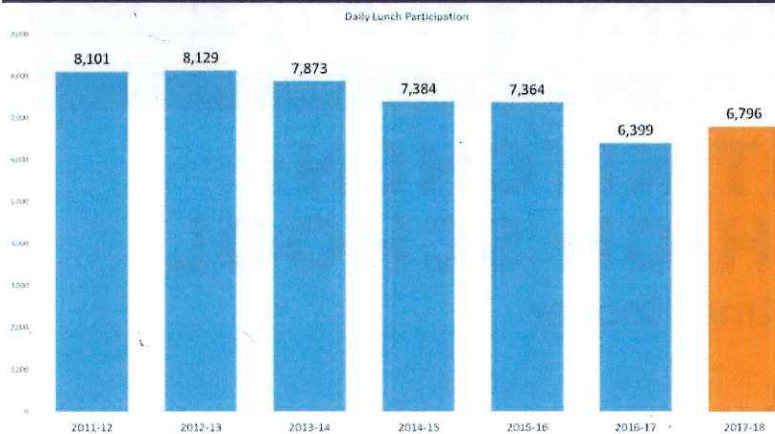
CONGRATULATIONS CORNER



CONGRATULATIONS TO THOSE
SITES WHO RECEIVED A PERFECT
SCORE ON THEIR HEALTH AND
SAFETY INSPECTIONS!

Warwick Elementary School
Millard Elementary School
Mission San Jose Elementary School

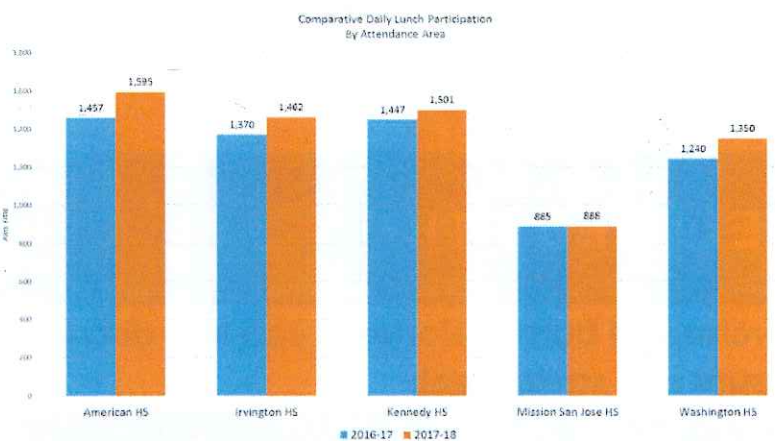
DAILY LUNCH PARTICIPATION REPORT



The average daily lunch participation in 2017-18 (up to March 2018) has increased overall by 6.2% compared to the prior year.



On a monthly basis, daily lunch participation has increased compare the same month last year.



When compared to prior year, by attendance area (AA), daily lunch participation has improved follows:

- American High School AA - increased by 9.5%
- Irvington High School AA - increased by 6.7%
- Kennedy High School AA - increased by 3.7%
- Mission San Jose High School AA - increased by 0.3%
- Washington High School AA - increased by 8.9%

Highlight: Overall this is another improvement from the previous month.



Just Joking!

Why did the orange go out with the prune?

Because he couldn't find a date!