Amy Food Inc.
3324 S. Richey Houston, TX 77017 (713) 910-5860 (713) 910-4812 Fax

>> PRODUCT SPECIFICATION SHEET <<

Product Code: **3053W**

Description: **Chicken Gourmet Egg Roll 5.6 oz w/whole wheat**

Nutrition Facts			
Serving Size 1 egg roll (159g)			
Serving Per Container 40			
Amount Per Serving			
Calories 250		Calories from Fat 40	
			% Daily Value*
Total Fat 4.5g			7%
Saturated Fat	0.5g		3%
Trans Fat	0g		
Cholesterol 30mg			10%
Sodium 700mg			29%
Total Carbohydrates 34g			11%
Dietary Fiber	2g		8%
Sugars	6g		
Protein 20g			
Vitamin A	40%	Vitamin C	20%
Calcium	4%	Iron	15%
*Percent Daily Values are based on a 2, 000 calorie diet			

Packing Information

Case Pack	Case Weight	Case Dimensions	Case Cube	Pallet Tie	Pallet Tier	Cases Per Pallet	Pallet Type
40 / 5.6 oz	14 lbs	12" x 10" x 5.5"	0.3819	16 cases	10 layers	208	48" X 40"

This 5.6 Egg Roll (containing 4 oz filling and 1.6 oz egg roll skin) provides 2.00 oz equivalent meat/meat alternate, 1/4 cup serving of vegetables and 2.25 serving of bread alternate.

FILLING INGREDIENTS: CHICKEN MEAT, CABBAGE, CARROTS, ONION, TEXTURED SOY FLOUR (SOY FLOUR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMIMATE, CALCIUM PANTHOTHENATE, THIAMINE MONONITRATE [B1], PYRODOXIDE HYDROCHLORIDE [B6], RIBOFLAVIN [B2], CYANOCOBALAMIN [B12]), CELERY, SUGAR, SALT, SESAME OIL, GARLIC POWDER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLACK PEPPER.

WRAPPER: WHOLE WHEAT FLOUR ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), SALT, CORN STARCH.
CONTAINS: SOY, WHEAT.
COOKING INSTRUCTION: Defrost before cooking. Conventional Oven: heat on flat sheet in pre-heated 375°F oven for 20 minutes. Convectional Oven: heat on flat sheet in pre-heated 375°F oven for 15 minutes. Deep Fryer: fry at 350°F for 7 minutes or until crispy and brown. SINCE EQUIPMENT VARIES, TIME AND TEMPERATURE MAY REQUIRE ADJUSTMENT. The internal temperature of products should be 160°F.
SHELF LIFE: 12 MONTHS AT 10°F OR LOWER

Tyson®

00023700642127

3142NHL0301

5567

3
2
8

U.S.D.A.
035784
VERIFIED
P-1325

FULLY COOKED, HOT AND SPICY
BREADED CHICKEN PATTIES-CN

INGREDIENTS: Chicken, water, vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, vitamin B12, copper gluconate, vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, and riboflavin), dried whole eggs, chicken seasoning (salt, yeast extract, maltodextrin, sugar, corn syrup solids, wheat flour, citric acid, sodium diacetate, dextrose, lactose, corn starch, disodium inosinate and disodium guanylate, dried chicken, natural flavor, spice extractives, dried chicken broth, lactic acid, artificial flavor), sodium phosphates. BREADED WITH: Enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, dried yeast, salt, and paprika extract (color). BATTERED WITH: Water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), yellow corn flour, salt, spices, vital wheat gluten, modified corn starch, onion powder, garlic powder, spice extract, and leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate). PREDUSTED WITH: Enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, spices, onion powder, garlic powder, natural butter flavor (whey, modified butter oil and dehydrated butter, corn syrup solids, salt, guar gum, annatto and turmeric (color)), soybean oil, dried whey, dextrose, and spice extract. Breading set in vegetable oil.
CONTAINS: EGG, MILK, SOY, WHEAT.

INSPECTED FOR WHOLESOMENESS BY U.S. DEPARTMENT OF AGRICULTURE P-1325

CN 077953
One 3.23 oz. breaded chicken patte provides 2.00 oz. equivalent meat/meat alternate and 3/4 serving of bread alternate for Child Nutrition Meal Pattern CN Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 04/10).
CN

13:28

(01) 00023700642127 (10) 3142NHL0301 (21) 02305925

DISTRIBUTED BY: TYSON FOODS, INC., SPRINGDALE, AR 72765-2020 U.S.A.

KEEP FROZEN

LL#11082301

NET WT. 30.28 LBS

Tyson®

FULLY COOKED, H
BREADED CH

PREPARATION: Appliances vary, adjust ac
CONVECTION OVEN: 350°F for 8 to 10 mi

(01) 00023700642127

1.28.2013

Tyson

70364 9 2 8

FULLY COOKED, WHOLE GRAIN

GOLDEN CRISPY CHICKEN CHUNK FRITTERS-CN

CHUNK-SHAPED CHICKEN PATTIE FRITTERS

WHOLE GRAIN 13 grams per serving

INGREDIENTS: Chicken, water, textured soy protein concentrate, isolated soy protein, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, maltodextrin, flavors, silicon dioxide, citric acid and spice], seasoning (potassium chloride, rice flour), sodium phosphates. BREADED WITH: Whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, spice, dextrose, dried yeast, turmeric extract (color), paprika extract (color). Breading set in vegetable oil.
CONTAINS: SOY, WHEAT.

CN

CN Five 0.69 oz. fully cooked chunk-shaped chicken patte fritters provide 2.00 oz. equivalent meat/meat alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA. 03/12). CN 084299

CN

VERIFIED P-1305

INSPECTED P-1323

Nutrition Facts
Serving Size 4 Pieces (78g)
Servings Per Container About 188

Amount Per Serving		
Calories 210	Calories from Fat 110	
		% Daily Value*
Total Fat 12g		**18 %**
Saturated Fat 2g		**10 %**
Trans Fat 0g		
Cholesterol 20mg		**7 %**
Sodium 320mg		**13 %**
Total Carbohydrate 13g		**4 %**
Dietary Fiber 2g		**8 %**
Sugars 1g		
Protein 13g		**26 %**
Vitamin A 2%	• Vitamin C 0%	
Calcium 2%	• Iron 10%	

*Percent Daily Values are based on a 2,000 calorie diet.

3.38 oz
96 gram
5pc=
263
15gm
2.5
400
2.5
16.25
1.25
16.25

KEEP FROZEN

DISTRIBUTED BY: TYSON FOODS, INC., SPRINGDALE, AR 72765-2020 U.S.A.

PREPARATION: Appliances vary, adjust accordingly.
CONVECTION OVEN: 6-8 minutes at 375°F from frozen.
CONVENTIONAL OVEN: 8-10 minutes at 400°F from frozen.

NET WT. 32.81 LBS.

LL#11082764

Tyson

70364 9 2 8

FULLY COOKED, WHOLE GRAIN

GOLDEN CRISPY CHICKEN CHUNK FRITTERS-CN

CHUNK-SHAPED CHICKEN PATTIE FRITTERS

000 23700 03376 5

28 gram = 1 oz