

Fremont Unified School District

Recipe: 000877 Brownie Bread

Recipe HACCP Process: #2 Same Day Service

Recipe Source:

Recipe Group: BREAD/ROLLS/STARCH

Alternate Recipe Name:

Number of Portions: 50

Size of Portion: 2.4 oz

903052 Brownie Mix, WG Conestoga... 014429 WATER,MUNICIPAL.....	120 OZ 1 QT	1. Preheat convection oven to 300 degrees. Lightly oil or spray full sheet pans. 2. Pour 4 cups cool water into mixing bowl. 3. Add 5.75 lbs. bag of brownie mix. 4. Blend with paddle on low speed for 30 seconds 5. Scrape down paddle and bowl. Mix 1.5 minute on low speed for 30 seconds. 6. Spread evenly into two pre-greased or presprayed pans. 7. Bake in Convection Oven at 300 degrees for 22-23 minutes. 8. Cool pans and cut 10 rows by 5 rows. 9. 5.75 lb bag yields 50 brownie square servings to meet 1 Grain requirement.
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*Nutrients are based upon 1 Portion Size (2.4 oz)

Calories	200 kcal	Cholesterol	5.00 mg	Protein	3.00 g	Calcium	0.57 mg	22.50%	Calories from Total Fat
Total Fat	5.00 g	Sodium	280.57 mg	Vitamin A	0.00 RE	Iron	1.08 mg	9.00%	Calories from Saturated Fat
Saturated Fat	2.00 g	Carbohydrates	39.00 g	Vitamin A	0.00 IU	Water ¹	18.94 g	*0.00%	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	0.02 g	78.00%	Calories from Carbohydrates
								6.00%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

Miscellaneous	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt..... oz				? - Milk
Grain..... 1.000 oz				? - Egg
Fruit..... cup				? - Peanut
Vegetable..... cup				? - Tree Nut
Milk..... cup				? - Fish
Moisture & Fat Change				? - Shellfish
Moisture Change. 0%				? - Soy
Fat Change..... 0%				? - Wheat
Type of Fat.....				

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	903052	Brownie Mix, WG Conestoga			
I	014429	WATER,MUNICIPAL			

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