Parents: Your child can get healthy breakfast options at school that are out of this world!

Students who eat school breakfast are more likely to:

- Reach higher levels of achievement in reading and math
- Score higher on standardized tests
- Have better concentration and memory
- Be more alert
- Maintain a healthy weight

The school breakfast program serves more than 14 million children every school day!

National School Breakfast Week

March 2-6, 2020

NSBW resources are made possible by:

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