



# YMCA AFTERSCHOOL CARE FEBRUARY MENU



Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Munchies Snack Mix <sup>(WG)</sup> 100% Fruit Juice	<b>3</b> Chocolate Mini Donuts <sup>(WG)</sup> Assorted Skim Milk	<b>4</b> Chex Strawberry Yogurt Mix <sup>(WG)</sup> 100% Fruit Juice	<b>5</b> Cheez-Itz <sup>(WG)</sup> 100% Fruit Juice	<b>6</b> <b>No Service</b>
<b>9</b>	<b>10 11 12</b> <b>SPRING BREAK HOLIDAY</b>			<b>13</b>
<b>16</b> Munchies Snack Mix <sup>(WG)</sup> 100% Fruit Juice	<b>17</b> Chocolate Mini Donuts <sup>(WG)</sup> Assorted Skim Milk	<b>18</b> Chex Strawberry Yogurt Mix <sup>(WG)</sup> 100% Fruit Juice	<b>19</b> Cheez-Itz <sup>(WG)</sup> 100% Fruit Juice	<b>20</b> Reduced Sugar Fruit Loop Cereal Pack <sup>(WG)</sup> 100% Fruit Juice
<b>23</b> Raisels Assorted Skim Milk	<b>24</b> Fruit Yogurt 100% Fruit Juice Slush	<b>25</b> Baked Chips <sup>(WG)</sup> 100% Fruit Juice	<b>26</b> Oat Cereal Bar <sup>(WG)</sup> 100% Fruit Juice	<b>27</b> Reduced Sugar Lucky Charms Cereal Pack <sup>(WG)</sup> 100% Fruit Juice

Super Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Chicken Patty Sandwich <sup>(WG)</sup> Tater Tots Chilled Fruit Assorted Skim Milk	<b>3</b> Cheese Pizza <sup>(WG)</sup> Garden Salad Chilled Fruit Assorted Skim Milk	<b>4</b> Chicken Nuggets <sup>(WG)</sup> Zesty Salsa & Chips Chilled Fruit Assorted Skim Milk	<b>5</b> DeSoto Snack Plate <i>Yogurt, String Cheese, Cheez-Itz<sup>(WG)</sup>, Graham Crackers<sup>(WG)</sup></i> 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	<b>6</b> <b>No Service</b>
<b>9</b>	<b>10 11 12</b> <b>SPRING BREAK HOLIDAY</b>			<b>13</b>
<b>16</b> Grilled Chicken Croissant <sup>(WG)</sup> Tater Tots Chilled Fruit Assorted Skim Milk	<b>17</b> Yogurt & Uncrustable <sup>(WG)</sup> Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	<b>18</b> Pepperoni Pizza <sup>(WG)</sup> Garden Salad Chilled Fruit Assorted Skim Milk	<b>19</b> Cheeseburger <sup>(WG)</sup> Zesty Salsa & Chips Chilled Fruit Assorted Skim Milk	<b>20</b> Cereal <sup>(WG)</sup> & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
<b>24</b> Chicken Patty Sandwich <sup>(WG)</sup> Tater Tots Chilled Fruit Assorted Skim Milk	<b>25</b> Sausage, Egg & Cheese Croissant <sup>(WG)</sup> Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	<b>26</b> Cheese Pizza <sup>(WG)</sup> Garden Salad Chilled Fruit Assorted Skim Milk	<b>27</b> Chicken Nuggets <sup>(WG)</sup> Zesty Salsa & Chips Chilled Fruit Assorted Skim Milk	<b>28</b> DeSoto Snack Plate <i>Yogurt, String Cheese, Cheez-Itz<sup>(WG)</sup>, Graham Crackers<sup>(WG)</sup></i> 100% Vegetable Juice Chilled Fruit Assorted Skim Milk

**Snack Schools:** Center Hill Elementary, Hernando Elementary, Hernando Hills Elementary, Oak Grove Central, DeSoto Central Primary, DeSoto Central Elementary, Pleasant Hill Elementary, Lewisburg Primary, Lewisburg Elementary

**Super Snack Schools:** Horn Lake Elementary, Horn Lake Intermediate, Hope Sullivan Elementary, Shadow Oaks Elementary, Southaven Elementary, Southaven Intermediate, Greenbrook Elementary, Walls Elementary, Lake Cormorant Elementary, Chickasaw Elementary, Olive Branch Elementary, Olive Branch Intermediate, Overpark Elementary