

DeSoto County School District Child Nutrition Department

Allergy Information Sheet - "NO SOY"

PRODUCTS CONTAINING SOY/CANNOT HAVE:

- All Cereals
- All Cookies
- All Pizzas
- Animal Crackers
- Asian Seasoning (Fried Rice)
- Bacon Bits
- Beef, Chicken, Bacon Base
- Biscuits
- Blueberry Loaf
- Bread Bowls
- Breakfast Burrito
- Breakfast Chicken Patty
- Breakfast Pizza Bagels
- Brown Gravy
- Brownie Mix
- Browning Sauce
- Cake Mix
- Cheese It Crackers
- Chicken Broth
- Chicken Chunks
- Chicken Nuggets
- Chicken Strips, Grilled
- Chips: Spicy Sweet Chili
- Chocolate Chips
- Cinnamon Rolls
- Coleslaw
- Corn Dog Nuggets
- Corn Dogs
- Cream Of Chicken Soup
- Fish Nuggets, Fish Sandwich
- Food Release Spray
- French Toast Sticks
- Fries And Tator Tots
- Giant Goldfish Cracker
- Granola
- Hamburger Buns
- Hamburger Patty
- Hot Dog Buns
- Mandarin Chicken
- Margarine/Butter
- Mayonnaise
- Meatballs
- Mini Pancakes/ Waffles
- Pancake On A Stick
- Pizza Dough Sheet (Only Manufactured With Soy)
- Poptart
- Pork Patty Rib Shaped
- Pudding
- Ranch Dressing
- Rice Crispy Treats
- Rolls/ Sliced Bread/Croissant
- Scrambled Egg Pattie
- Snack Crackers
- Soy Sauce
- Spicy Chicken Patty
- Taco Sauce
- Texas Toast
- Tortillas

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PRODUCTS WITHOUT SOY/CAN HAVE:

- Grilled Chicken Patty
- Noodles
- Brown Rice
- Ground Beef
- Fruits, Vegetables (Without Beef/Chicken Base, Margarine Or Butter)
- Milk

*\* This list is not exclusive, always check product information and/or call the office with a question.  
When in doubt, don't hand it out!*