

YMCA AFTERSCHOOL CARE

DECEMBER MENU

This institution is an equal opportunity provider. Menus are subject to change.

Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
30 Chocolate Chip Granola Bar(WG) 100% Fruit Juice	1 Cheez-Itz ^(WG) 100% Fruit Juice	2 Chocolate Chip Muffin ^(WG) 100% Fruit Juice	3 Baked Chips ^(WG) 100% Fruit Juice	4 Reduced Sugar Lucky Charms ^(WG) Assorted Skim Milk
7 Chex Strawberry Yogurt Mix ^(WG) 100% Fruit Juice	8 Baked Chips ^(WG) 100% Fruit Juice	9 Breakfast Bread ^(WG) 100% Fruit Juice	10 Fruit Yogurt 100% Fruit Juice	11 Reduced Sugar Cinnamon Toast Crunch ^(WG) Assorted Skim Milk
14 Chocolate Chip Granola Bar(WG) 100% Fruit Juice	15 Cheez-Itz ^(WG) 100% Fruit Juice	16 Chocolate Chip Muffin ^(WG) 100% Fruit Juice	17 Baked Chips ^(WG) 100% Fruit Juice	18 Reduced Sugar Lucky Charms ^(WG) Assorted Skim Milk

Merry Christmas and Happy New Year

Snack Schools: Center Hill Elementary, Hernando Elementary, Hernando Hills Elementary, Oak Grove Central, DeSoto Central Primary, DeSoto Central Elementary, Pleasant Hill Elementary, Lewisburg Primary, Lewisburg Elementary

Super Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
30 Sausage, Egg, and Cheese ^(WG) 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	1 Cheese Pizza ^(WG) Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	2 Cheeseburger ^(WG) Tater Tots Chilled Fruit Assorted Skim Milk	3 Chicken Tender Wrap ^(WG) Cucumber Sticks with Dip Chilled Fruit Assorted Skim Milk	4 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
7 Mozzarella Cheese Sticks ^(WG) with Marinara Sauce Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	8 Cheese Pizza ^(WG) Garden Salad Chilled Fruit Assorted Skim Milk	9 Grilled Chicken Sandwich ^(WG) Tater Tots Chilled Fruit Assorted Skim Milk	10 Chicken Tender Wrap ^(WG) Cucumber Sticks with Dip Chilled Fruit Assorted Skim Milk	11 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
14 Sausage, Egg, and Cheese ^(WG) 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	15 Cheese Pizza ^(WG) Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	16 Cheeseburger ^(WG) Tater Tots Chilled Fruit Assorted Skim Milk	17 Chicken Tender Wrap ^(WG) Cucumber Sticks with Dip Chilled Fruit Assorted Skim Milk	18 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk

Merry Christmas and Happy New Year

Super Snack Schools: Horn Lake Elementary, Horn Lake Intermediate, Hope Sullivan Elementary, Shadow Oaks Elementary, Southaven Elementary, Southaven Intermediate, Greenbrook Elementary, Walls Elementary, Lake Cormorant Elementary, Chickasaw Elementary, Olive Branch Elementary, Olive Branch Intermediate, Overpark Elementary