



YMCA AFTERSCHOOL CARE AUGUST MENU



This institution is an equal opportunity provider. Menus are subject to change.

Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
17 Munchies Snack Mix ^(WG) 100% Fruit Juice	18 Cheez-Itz ^(WG) 100% Fruit Juice	19 Chocolate Chip Muffin ^(WG) 100% Fruit Juice	20 Baked Chips ^(WG) 100% Fruit Juice	21 Reduced Sugar Lucky Charms ^(WG) Assorted Skim Milk
24 Chex Strawberry Yogurt Mix ^(WG) 100% Fruit Juice	25 Baked Chips ^(WG) 100% Fruit Juice	26 Breakfast Bread ^(WG) 100% Fruit Juice	27 Fruit Yogurt 100% Fruit Juice	28 Reduced Sugar Cinnamon Toast Crunch ^(WG) Assorted Skim Milk
31 Munchies Snack Mix ^(WG) 100% Fruit Juice	1 Cheez-Itz ^(WG) 100% Fruit Juice	2 Chocolate Chip Muffin ^(WG) 100% Fruit Juice	3 Baked Chips ^(WG) 100% Fruit Juice	4 Reduced Sugar Lucky Charms ^(WG) Assorted Skim Milk

Super Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
17 Mozzarella Cheese Sticks ^(WG) with Marinara Sauce Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	18 Grilled Chicken Sandwich ^(WG) 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	19 Beefy Tater Tachos Garlic Toast Chilled Fruit Assorted Skim Milk	20 Cereal ^(WG) & Yogurt Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	21 Chicken Tender Wrap ^(WG) 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
24 Cheeseburger ^(WG) Tater Tots Chilled Fruit Assorted Skim Milk	25 Sausage, Egg, and Cheese ^(WG) Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	26 Beefy Nachos Grande ^(WG) Zesty Salsa & Chips Chilled Fruit Assorted Skim Milk	27 Cheese Pizza ^(WG) Broccoli Salad Chilled Fruit Assorted Skim Milk	28 Chicken Patty Sandwich ^(WG) 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
31 Mozzarella Cheese Sticks ^(WG) with Marinara Sauce Baby Carrots with Dip Chilled Fruit Assorted Skim Milk	1 Grilled Chicken Sandwich ^(WG) Tater Tots Chilled Fruit Assorted Skim Milk	2 BBQ Pulled Pork Nachos ^(WG) Zesty Salsa & Chips Chilled Fruit Assorted Skim Milk	3 Cheese Pizza ^(WG) Green Pea Salad Chilled Fruit Assorted Skim Milk	4 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk

Snack Schools: Center Hill Elementary, Hernando Elementary, Hernando Hills Elementary, Oak Grove Central, DeSoto Central Primary, DeSoto Central Elementary, Pleasant Hill Elementary, Lewisburg Primary, Lewisburg Elementary

Super Snack Schools: Horn Lake Elementary, Horn Lake Intermediate, Hope Sullivan Elementary, Shadow Oaks Elementary, Southaven Elementary, Southaven Intermediate, Greenbrook Elementary, Walls Elementary, Lake Cormorant Elementary, Chickasaw Elementary, Olive Branch Elementary, Olive Branch Intermediate, Overpark Elementary