

STUDY DRAFT
School and Community Actions for Nutrition (SCAN) Survey

Points	Not in Place 0	Developing Plan/ Partially in Place 1	Meets Standard 2	Exceeds Criteria 3	Score
I. Wellness Policy					
1. A wellness policy that meets federal requirements in place.	The district does not have a wellness policy.	A district wellness policy is in development.	The district has a wellness policy meeting all federal and state requirements, including a plan for monitoring.	The school site uses innovative strategies and model practices in implementation of the school wellness policy.	1.5
2. A wellness policy coordinator is designated.	No school staff are assigned to coordinate the district wellness policy.	District administrators are developing a plan for coordination of the wellness policy.	A district wellness policy coordinator is designated and is coordinating Policy implementation.	The district wellness policy is implemented by a coordinator at the school site.	2
3. A wellness policy advisory committee is in place.	No wellness policy committee is in place.	Planning for a wellness policy committee is in place.	A district wellness policy committee is in place.	Key school, parent, and community members are represented on a wellness committee that meets at least quarterly.	2
4. A process evaluation system for monitoring the implementation of the wellness policy is in place.	No wellness plan monitoring or evaluation process is in place.	Planning is underway for monitoring and/or evaluating the implementation of the wellness policy.	A process evaluation system to track success in the implementation of the wellness policy is in place at the district level.	Process evaluation and/or monitoring occur at the school site to provide feedback on wellness policy implementation procedures.	0

Criteria Points	Not in Place 0	Developing Plan/ Partially in Place 1	Meets Standard 2	Exceeds Criteria 3	Score
5. Priority/target student nutrition-related health needs/issues are identified.	No student nutrition-related health needs/issues are targeted in the wellness policy.	Designated school staff are planning to identify targeted nutrition-related student health needs/issues and outcome measures.	Designated school staff have identified priority student nutrition-related health needs and plan for addressing these needs.	Staff have used appropriate data, such as California Healthy Kids Index, to identify priorities and measure progress in achieving student nutrition-related outcomes.	0
Wellness Policy Score					
II. School Environment					
6. A nutritious school breakfast is available daily.	No breakfast is served at the school site.	Planning is underway to begin/improve the lunch program.	Breakfast is available to students daily and meets menu planning option requirements.	Model breakfast program is evident; e.g. innovative service or high quality, nutritious offerings.	3
7. A nutritious lunch is available daily.	No lunch is served at the school site.	Planning underway to begin/ improve the lunch program.	Lunch available to students daily; meets menu planning option requirements.	Model lunch program is evident; e.g. innovative service, selections, direct purchase of foods from local farmers.	2.5
8. A salad bar offering a variety of fruit/vegetable choices is available in the school meal program.	No salad bar is available.	Plans underway to begin salad bar program.	Salad bar in place, offering a variety of fruits and vegetables.	Model salad bar program is evident; e.g. farm to school program; a variety of local, seasonal produce served.	2

Criteria	Not in Place	Under Development/ Partially in Place	Meets Standard	Exceeds Criteria	Score
Points	0	1	2	3	
9. A safe and inviting location for students to consume meals, with sufficient time, is provided.	No dining area is provided	A dining area is provided but students have less than 15 minutes to consume meals after obtaining the meal.	Students are provided a safe and inviting location for dining, with sufficient time to consume meals after obtaining the meal.	Innovative strategies are used to create a dining space that is pleasant and inviting.	1
10. A school garden is available on the school site.	No school garden is available.	Plans are underway or staff/others are developing the use of school gardens.	A school garden is available for garden-enhanced education.	Exemplary school garden programs are evident; e.g. community involvement, integration with food and nutrition education lessons.	2
11. If foods are offered outside of the school meal program, foods available model healthy food choices.	Foods available on the school premises do not meet state/federal requirements.	School staff are developing procedures/policies to ensure compliance of state and federal nutrition standards.	All foods meet state and federal laws/regulations; or removed all foods other than meal program offerings.	The school is implementing exemplary meal program practices that model healthy food choices.	2
12. All beverages offered on the school premises model nutritious beverage selections.	Highly sweetened beverages are available on the school campus.	A process is in place to monitor beverage selections and increase selection of healthy beverages, including water.	Water is available to students; all beverages available on the school premises meet state and federal requirements.	No highly-sweetened beverages are available on the school premises; milk (at proper temperature) and water are available for students.	3

Criteria Points	Not in Place 0	Developing Plan/ Partially in Place 1	Meets Standard 2	Exceeds Criteria 3	Score
13. Marketing and media messages on the school premises reinforce food and nutrition education.	Advertisements for commercial food products are allowed on the school premises.	Marketing messages in process of evaluation with goal of reinforcing nutrition education curriculum.	Standards for media and marketing messages for food and beverage products are in place.	Healthy food choices are available on the school premises and are marketed using innovative methods.	1
14. A place for students to engage in physical activity is available on the school premises.	No locations are available for students to engage in physical activity.	School staff is planning to improve opportunities for student's physical activity in the school environment.	Locations for students to engage in physical activity are available on the school site.	School environment encourages physical activity; innovative programs available, e.g. training equipment	3
School Environment Score					
III. Student Education Programs					
15. Nutrition education included in classroom instruction.	No plan or standard is in place for nutrition-related instruction.	Planning is in place, curriculum development is in process, or up to 50 hours of instruction is provided.	Students receive at least 50 hours of nutrition-related instruction at specified grade levels.	Innovative nutrition education programs in place offering more than 50 hours of instruction at specified grade level.	0
16. Nutrition education curriculum is used in the classroom.	No planned nutrition education curriculum is available.	Plans are underway to develop/adopt a theory-based nutrition education curriculum.	Theory-based nutrition education curriculum is in use.	School plans theory-based curriculum so that students receive at least 50 hours of sequential instruction.	0

Criteria Points	Not in Place 0	Developing Plan/ Partially in Place 1	Meets Standard 2	Exceeds Criteria 3	Score
17. Nutrition education is based on health education standards and nutrition competencies.	Nutrition education competencies or health education standards are not used to guide student instruction.	Plans are underway to incorporate nutrition education competencies/ health education standards.	Nutrition education is based on nutrition education competencies/ health education standards.	Nutrition education competencies and health education standards are used to plan scope and sequence of nutrition instruction at all grade levels.	0
18. Nutrition education is integrated with and reinforced through the foods available on the school premises.	No coordination between teachers and the nutrition program is in place.	Teaching and nutrition staff are working together to plan nutrition education and/or the food service area promotes nutritious food choices.	Nutrition education is integrated with and reinforced through the foods available on the school premises and food service area promotes nutritious food choice.	Innovative strategies are used to reinforce nutrition education curriculum; e. g. school menus integrate with classroom themes; a nutrition education specialist is available for assistance.	0
19. Garden-enhanced instruction is included in the curriculum.	No school staff use garden-enhanced education.	Plans are underway or the use of the garden in student instruction is being developed.	School staff are using garden-enhanced education curricula.	Innovative use of garden is evident; e.g. food education is integrated with core subject area content standards.	1
20. Students participate in the school breakfast program.	Less than 10 per cent of students participate in the school breakfast program daily.	Less than 20 per cent of students participate in the school breakfast program daily.	A minimum of 30 per cent of students participate in the school breakfast program daily.	More than 30 per cent of students participate in the school breakfast program daily.	3

Criteria	Not in Place	Developing Plan/ Partially in Place	Meets Standard	Exceeds Criteria	Score
Points	0	1	2	3	
21. Students participate in the school lunch program.	Less than 30 per cent of students participate in the school lunch program daily.	Less than 40 per cent of students participate in the school lunch program daily.	A minimum of 60 per cent of students participate in the school breakfast program daily.	More than 60 per cent of students participate in the school breakfast program daily.	3
22. Physical education is based on state physical education standards.	No physical education program is in place at the school site.	Physical education programs meet state requirements.	Physical education programs meet state requirements and use the state physical education standards as a guide.	Physical education programs go beyond minimum standards, and use innovative practices, e.g. integrated with nutrition instruction.	3