

## CURRITUCK COUNTY SCHOOLS NUTRITION ORDERING GUIDE

Monday ordering will include:

Monday's lunch  
Tuesday's breakfast and lunch  
Wednesday's breakfast and lunch  
Thursday's breakfast

Thursday ordering will include:

Thursday's lunch  
Friday's breakfast and lunch  
Monday's breakfast

### **MONDAY, 9/7/20: HOLIDAY SERVICES CLOSED**

### **TUESDAY, 9/8/20: NO MEAL PACKETS**

### **WEDNESDAY, 9/9/20:**

**LUNCH (MUST BE CONSUMED WITHIN 2 HOURS OF RECEIVING MEAL)**

Main dish: Cheeseburger  
Vegetable: Happy Face Mashers  
Fruit: Spiced Apples  
Milk: FF Chocolate Milk

### **THURSDAY, 9/10/20:**

**BREAKFAST (MUST BE KEPT COLD UNTIL CONSUMED)**

Main dish: Yogurt Cup and Cheese Stick  
Fruit: Fresh Apple  
Milk: 1% White Milk

**LUNCH (MUST BE KEPT COLD UNTIL CONSUMED)**

Main dish: Peanut Butter and Jelly Sandwich and Cheese Stick (allergy accommodations will be made)  
Vegetable: CuTo Cups (sliced cucumbers and grape tomatoes)  
Fruit: Diced Peach Cup  
Milk: FF Chocolate Milk

### **FRIDAY, 9/11/20:**

**BREAKFAST (MUST BE KEPT COLD UNTIL CONSUMED.)**

Main dish: Cereal  
Fruit: 100% Fruit Orange Juice  
Milk: 1% White Milk

**LUNCH (MUST BE KEPT COLD UNTIL CONSUMED)**

Main dish: Ham and Cheese Sandwich  
Vegetable: Fresh Carrots  
Fruit: Applesauce Cup  
Milk: FF Chocolate Milk

### **MONDAY, 9/14/20:**

**BREAKFAST (MUST BE KEPT COLD UNTIL CONSUMED)**

Main dish: Cereal Bar  
Fruit: Fresh Orange  
Milk: 1% White Milk