

CURRITUCK COUNTY SCHOOLS NUTRITION ORDERING GUIDE

Monday ordering will include:

Monday's lunch
Tuesday's breakfast and lunch
Wednesday's breakfast and lunch
Thursday's breakfast

Thursday ordering will include:

Thursday's lunch
Friday's breakfast and lunch
Monday's breakfast

MONDAY, 9/14/20:

LUNCH (MUST BE CONSUMED WITHIN 2 HOURS OF RECEIVING MEAL)

Main dish: Chicken Nuggets with a Roll
Vegetable: Corn
Fruit: Apple Crisp
Milk: FF Chocolate Milk

TUESDAY, 9/15/20:

BREAKFAST (MUST BE KEPT COLD UNTIL CONSUMED)

Main dish: Cereal Bowl
Fruit: 100% Fruit Orange Juice
Milk: 1% White Milk

LUNCH (MUST BE KEPT COLD UNTIL CONSUMED)

Main dish: Turkey, Cheese, and Bacon Wrap
Vegetable: Fresh Carrot/Broccoli Cup
Fruit: Diced Pear Cup
Milk: FF Chocolate Milk

WEDNESDAY, 9/16/20:

BREAKFAST (MUST BE KEPT COLD UNTIL CONSUMED)

Main dish: Cereal Bar
Fruit: Fresh Apple
Milk: 1% White Milk

LUNCH (MUST BE KEPT COLD UNTIL CONSUMED)

Main dish: Peanut Butter and Jelly Sandwich (allergy alternatives will be provided)
Vegetable: Celery Sticks
Fruit: Fresh Orange
Milk: FF Chocolate Milk

THURSDAY, 9/17/20:

BREAKFAST (MUST BE KEPT COLD UNTIL CONSUMED)

Main dish: Poptarts
Fruit: 100% Fruit Apple Juice
Milk: 1% White Milk