



Foodservice - Carrot Nutrition & Offerings

- Always refrigerate immediately - never break the "cold chain"
- Ideal storage temperature/atmosphere: 34° to 36° F, 98 to 100% humidity
- Store away from ethylene-producing fruits (avocados, apples & bananas)
- Whitening of carrots is due to natural dryness; a quick ice water bath will freshen and restore color
- Rotate stock on a first in/first out basis

Snacking Carrots

Bunny Luv Baby Carrots

Pack Sizes Available:

- 200/1 oz
- 50/2 oz
- 100/2 oz



Carroteenies®

Pack Sizes Available:

- 100/1.3 oz
- 200/1.3 oz
- 200/1.6 oz
- 100/2.6 oz



Carrot Crisps

Pack Sizes Available:

- 200/1.6 oz



Grimmway Baby Carrots

Pack Sizes Available:

- 72/3 oz
- 100/3 oz



Carrot Dippers

Pack Sizes Available:

- 75/2.5 oz



Amount Per Serving	1 oz	1.3 oz	1.6 oz	2 oz	2.6 oz	3 oz	Dipper
Calories	10	13	15	20	30	35	50
Total Fat	0 g	0 g	0 g	0 g	0 g	0 g	3 g
Saturated Fat	0 g	0 g	0 g	0 g	0 g	0 g	0 g
Cholesterol	0 g	0 g	0 g	0 g	0 g	0 g	< 5 g
Sodium	20 mg	29 mg	35 mg	45 mg	55 mg	65 mg	160 mg
Total Carbohydrate	3 g	3 g	4 g	5 g	7 g	8 g	6 g
Dietary Fiber	< 1 g	1 g	1 g	1 g	2 g	2 g	2 g
Sugars	2 g	2 g	3 g	4 g	5 g	5 g	4 g
Protein	0 g	0 g	0 g	0 g	< 1 g	1 g	< 1 g
Vitamin A	40%	50%	60%	80%	100%	120%	80%



Perfect for school or office lunches, travel, picnics and other grab-and-go occasions.

- Convenient snack-size packs
- Washed and ready to eat
- No preservatives
- Cholesterol free and low in calories
- Extended shelf life by using the best raw materials
- Excellent source of Vitamin A in the form of beta carotene

Processed Carrots

Amount Per Serving	Serving Size 3 oz (85 g)
Calories	35
Total Fat	0 g
Saturated Fat	0 g
Cholesterol	0 g
Sodium	65 mg
Total Carbohydrate	8 g
Dietary Fiber	2 g
Sugars	5 g
Protein	1 g
Vitamin A	120%

Baby Carrots

Pack Sizes Available:

- 2/5lb
- 4/5lb



Organic Rainbow Baby

Pack Sizes Available:

- 2/5lb
- 4/5lb



Crinkle Cut Coins

Pack Sizes Available:

- 2/5lb
- 4/5lb



Coin Cut Carrots

Pack Sizes Available:

- 2/5lb
- 4/5lb



Carrot Chips

Pack Sizes Available:

- 2/5lb
- 4/5lb



Blast Cut Sliced

Pack Sizes Available:

- 2/5lb
- 4/5lb



Diced Carrots

Pack Sizes Available:

- 2/5lb
- 4/5lb



Carrot Sticks

Pack Sizes Available:

- 2/5lb
- 4/5lb



Carrot Sticks - Brick Pack

Pack Sizes Available:

- 2/5lb
- 4/5lb



Med. Shred (1/16")

Pack Sizes Available:

- 2/5lb
- 4/5lb



Matchstick (1/8")

Pack Sizes Available:

- 2/5lb
- 4/5lb



Julienne Shred

Pack Sizes Available:

- 4/5lb



Rainbow Julienne

Pack Sizes Available:

- 4/5lb



Rainbow Shred

Pack Sizes Available:

- 2/5lb
- 4/5lb



2" & 4" Chunk Carrots

Pack Sizes Available:

- 25 - 50 lb



Sales: 661.845.9435 ~ www.grimmway.com

