McCAIN® REDUCED SODIUM SMILE POTATOES

USDA School Lunch Meal Planning Nutrition Facts OIF03456

NUTRITION FACTS

Serving Size 2.41 oz. (68g) **FROZEN** *** about 4 pieces

Amount per Serving		
Calories 130	Calories from Fat 40	
	% Daily Value*	
Total Fat 4.5g		7%
Saturated Fat 0.5g		3%
Trans Fat 0g		
Polyunsaturated Fat 1.5g		
Monounsaturated Fat 2g		
Cholesterol 0mg		0%
Sodium 180mg		8%
Potassium 250mg		7%

Protein 2g

Total Carbohydrate 20g

Dietary Fiber 2g Sugars 0g

Vitamin A	0%	Vitamin C	4%
Calcium	0%	Iron	2%

INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dried Potatoes. Contains 2% or less of Citric Acid (To Maintain Freshness), Dextrose, Mono- & Diglycerides, Natural Flavors, Potassium Chloride, Potato Starch - Modified, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (January 2013 Update)

Product: Potato Products, frozen, Mashed (pg. 2-49), Potato dehydrated flake,Low Moisture Includes USDA Foods (pg. 2-47)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound		1/4 cup heated vegetable	

McCain Equivalent per Bag			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	26.60	1/2 cup heated vegetable	3.76
McCain Equivalent per Case			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	159.60	1/2 cup heated vegetable	0.63

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, Mashed, Frozen	2.765 oz by weight	Χ	7.39 / 16	1.277
Potato, Dehydrated, Flakes	0.2938 oz by weight	Χ	50.5 / 16	0.927
A. Total Creditable Amount			2.204	

^{*} Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

8/23/2016 Date

7% 8%

Nicole Bartz

Research and Development

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^{***} Per FBG, one serving portion (1/2 cup heated vegetable) equals 2.41 oz of McCain potatoes.

^{**} The raw weight of 4 Smiles is 3.45 oz.