

McCain® REDSTONE CANYON® 8 CUT WEDGE FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCX03626

NUTRITION FACTS			
Serving Size 2.83 oz. (80g) FROZEN *			
Amount per Serving			
Calories	120	Calories from Fat	45
% Daily Value*			
Total Fat	5g		8%
Saturated Fat	1g		5%
Trans Fat	0g		
Polyunsaturated Fat	2g		
Monounsaturated Fat	3g		
Cholesterol	0mg		0%
Sodium	430mg		18%
Potassium	240mg		7%
Total Carbohydrate	18g		6%
Dietary Fiber	2g		8%
Sugars	0g		
Protein	2g		
Vitamin A	0%	Vitamin C	4%
Calcium	0%	Iron	6%
<p>INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Tapioca Starch, Dextrin, Garlic Powder, Onion Powder, Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Tapioca Starch - Modified, Spices, Paprika (color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Extractives of Paprika (color), Xanthan Gum, Extractives of Capsicum, Annatto (color).</p> <p>CONTAINS: WHEAT</p>			

* Per FBG, one serving portion (1/2 cup baked vegetable) equals 2.83 oz of McCain battered fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (January, 2013 Update)			
Product: Potatoes, frozen, Wedges, USDA Commodity (pg. 2-68)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	11.9	1/4 cup baked vegetable	8.5

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	28.18	1/2 cup baked vegetable	3.55

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	169.08	1/2 cup baked vegetable	0.59

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per 100	Creditable Amount*
Potato, Frozen, Wedges	2.69oz by weight	X	11.9/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

11/8/2016

Date



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Research and Development