

# 9488 Let's Celebrate 30-10-30 – Chocolate Cupcake

>51% WHOLE GRAIN – 1.5oz

SBI CODE # - 9488

UPC ITEM# - 091464948809

Nutrition Facts	
Serving Size 1.5oz (43g)	
Servings Per Container 1	
Amount Per Serving	
Calories 140	Calories from Fat 25
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 20mg	6%
Sodium 200mg	8%
Total Carbohydrate 26g	9%
Dietary Fiber 6g	24%
Sugars 8g	
Protein 2g	5%
Vitamin A 0%	• Vitamin C 0%
Calcium 10%	• Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: CAKE: WATER, WHOLE WHEAT FLOUR AND UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, POLYDESTROSE, COCOA (PROCESSED WITH ALKALI), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: GLYCERINE, EGGS, SOYBEAN OIL, WHEY (MILK), LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, CITRUS FIBER, NONFAT MILK, SOY FLOUR, DEXTROSE, CORN STARCH, SOY LECITHIN, SORBITAN MONOSTEARATE, MONOGLYCERIDES, SUCRALOSE (NON-NUTRITIVE SWEETNER), POLYSORBATE 60, ARTIFICIAL FLAVOR, MONO-&DIGLYCERIDES, PRESERVED WITH POTASSIUM SORBATE, SORBIC ACID AND SODIUM PROPIONATE. ICING: MALTITOL, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: PALM OIL, COCOA (NATURAL AND PROCESSED WITH ALKALI), CALCIUM CARBONATE, CHOCOLATE LIQUOR, SUGAR, CALCIUM SULFATE, CORN SYRUP, SOYBEAN OIL, DEXTROSE, AGAR, SALT, GUAR GUM, SODIUM HEXAMETAPHOSPHATE, ARTIFICIAL FLAVOR, MONOGLYCERIDES, MONO-&DIGLYCERIDES, POLYSORBATE 60, PRESERVED WITH POTASSIUM SORBATE AND SORBIC ACID (TO RETARD SPOILAGE).

CONTAINS: WHEAT, EGGS, MILK & SOY  
 MANUFACTURED ON SHARED EQUIPMENT THAT ALSO PROCESSES PRODUCTS CONTAINING WALNUTS & COCONUT. PEANUT/PEANUT DERIVATIVES ARE PRESENT IN THE FACILITY

## PRODUCT CONTRIBUTION

GRAIN CREDIT: ½ oz grain equivalent  
 GRAMS OF FLOUR: 8g  
 GRAMS OF WHOLE GRAIN: 4.07  
 GRAMS OF ENRICHED: 3.93g  
 PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 51%  
 DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: Yes

## PRODUCT HIGHLIGHTS

- Smart Snack Approved
- Qualifies as Whole Grain Rich
- 19.2% calories from fat, 6.42% calories from sat fat, 18.6% sugar by weight (30-10-30)

## SUGGESTED BID SPEC

**Goodyman Let's Celebrate 30-10-30 >51% Whole Grain(Chocolate) code/9488- 72 - 1.5 oz.** Frozen, I.W. printed film, no sprinkles. Thaw & Serve cupcake. Must conform to USDA Child Nutrition Program specifications and meet ½ oz bread equivalent. *Must meet 30% or less calories from fat, 10% or less calories from sat fat, and 30% or less sugar by weight.* Made with >51% Whole Grain Flour. Meets AHG & HUSSC Guidelines. Must supply 6g fiber, 8g sugar. Student preferred brand Super Bakery's Goodyman product #9488. Made in the USA, Peanut Free Product\*. Product analysis required. **UD**

## CASE SPECS

cs/ct	72 (12 iw cc per tray - 6 trays per case)
case dimensions	14.75" L x 10.875" W x 10.625" H
case cube	.99
case weight	7.75 lbs
cases per pallet	88
TiHi	11 x 8
shelf life	frozen: 12 months / ambient: 16 days



PRESIDENT, SUPER BAKERY, INC.



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