

Product Name	Honey Graham Snacks Rotational
Flavor Descriptor	
NLI Description	Production
Brand	KEEBLER



Date Created	01-03-17
NLI #	11975
Kosher Status	OU-D
Product of	U.S.A.

USDA Ounce Equivalents of Grain per Serving	1
USDA Ounce Equivalents of Meat/Meat Alternate	
Whole Grains (g/serving)	9

Serving Size	1 Package	
Serving Size g	28	
Serving Size oz		
Amount Per Serving		
Calories	130	
Calories from Fat	35	
		% Daily Value*
Total Fat	4 g	6 %
Saturated Fat	1 g	5 %
Trans Fat	0 g	
Polyunsaturated Fat		
Monounsaturated Fat		
Cholesterol	0 mg	0 %
Sodium	95 mg	4 %
Potassium		
Total Carbohydrate	21 g	7 %
Dietary Fiber	1 g	5 %
Soluble Fiber		
Insoluble Fiber		
Sugars	8 g	
Sugar Alcohol		
Other Carbohydrate		
Protein	2 g	
Vitamin A		0 %
Vitamin C		0 %
Calcium		0 %
Iron		4 %
Vitamin D		
Vitamin E		
Vitamin K		
Thiamin		
Riboflavin		
Niacin		
Vitamin B6		
Folic Acid		
Vitamin B12		
Biotin		
Pantothenic Acid		
Phosphorus		
Iodine		
Magnesium		
Zinc		
Selenium		
Copper		
Manganese		
Chromium		
Molybdenum		

**Ingredients:**  
 GRAHAM FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, VEGETABLE OIL (SOYBEAN, CANOLA, PALM, AND PALM KERNEL OIL), HONEY, CONTAINS 2% OR LESS OF SALT, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE), SOY LECITHIN, VANILLA EXTRACT, BHT FOR FRESHNESS, WHEY.

**ALLERGEN INFORMATION:**  
 CONTAINS WHEAT, SOY AND MILK INGREDIENTS.

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Product information can change at any time.  
 Always refer to product package for current nutrition and ingredient information.

Julia M. Jursinic, MS  
 Sr. Director, Nutrition Labeling & Regulatory Compliance  
 Kellogg Company

Nutrient Contents Per 100g			
Calories	458	Vitamin D	0 IU
Calories from fat	130	Vitamin E	0 IU
Total Fat	14.5 g	Vitamin K	NA mcg
Saturated Fat	3.9 g	Thiamin	0.35 mg
Polyunsaturated Fat	5.8 g	Riboflavin	0.19 mg
Monounsaturated Fat	3.8 g	Niacin	3.1 mg
Trans Fat	0.2 g	Vitamin B6	0.14 mg
Cholesterol	0 mg	Folic Acid	68 mcg
Sodium	346 mg	Vitamin B12	0.0 mcg
Potassium	165 mg	Biotin	NA mcg
Total Carbohydrate	74.9 g	Pantothenic Acid	NA mg
Dietary Fiber	4.4 g	Phosphorus	199 mg
Soluble Fiber	0.9 g	Iodine	NA mcg
Insoluble Fiber	0.1 g	Magnesium	51 mg
Sugars	27.1 g	Zinc	1.2 mg
Sugar Alcohols	NA g	Selenium	NA mcg
Protein	7.1 g	Copper	NA mg
Vitamin A	3 IU	Manganese	NA mg
Vitamin C	0 mg	Chromium	NA mcg
Calcium	18.5 mg	Molybdenum	NA mcg
Iron	3.4 mg	Moisture	2.5 %
NA = values do not exist or are incomplete.		Ash	1.0 %

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
000 30100 11654 7	Case		210