



Smartfood® Delight White Cheddar Popcorn – .5 oz. (14 g)

Nutrition Facts			
1 Serving per container		1 package	
Servings Size			
	Per package	Per cup	
Calories	70	35	
	%DV*	%DV*	
Total Fat	2.5g 3%	1.5g	2%
Saturated Fat	0g 0%	0g	0%
Trans Fat	0g	0g	
Cholesterol	0mg 0%	0mg	0%
Sodium	100mg 4%	55mg	2%
Total Carb.	9g 3%	5 g	2%
Dietary Fiber	2g 6%	<1g	3%
Total Sugars	<1 g	0g	
Protein	2g	<1g	
Vitamin D	0mcg 0%	0mcg	0%
Calcium	10mg 0%	10mg	0%
Iron	0.3mg 0%	0.2mg	0%
Potassium	40 0%	20mg	0%
Not a significant source of added sugars			
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.			

Ingredients:

Popcorn, Vegetable Oil (Sunflower, Corn, and/or Canola Oil), Maltodextrin (Made from Corn), Reduced Lactose Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Whey Protein Concentrate, Whey, Natural Flavors, Buttermilk, Potassium Chloride, Lactic Acid, and Citric Acid.

CONTAINS MILK INGREDIENTS.

Case UPC	000-28400-25566-0
Bag UPC	0-28400-24096-3
Case Pack	72/.5 oz. bags
Kosher Status	Not Kosher
USDA Smart Snack Compliant	Yes- Whole Grain first ingredient
Grain- oz. eq.	Not creditable
Document Updated	1/2/18

I verify the above information is accurate as of 1/2/18.

Jan Ruegg
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Smart Snacks Product Calculator Results

Brand:
Smartfood Delight

Product Name:
White Cheddar Popcorn

Serving Size:
14.18 g

First Ingredient:
popcorn

Your whole grain product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 0.5 oz (about 14.18 g) ⓘ

Servings Per Container

Amount Per Serving

Calories 70

Calories from Fat 20

Total Fat (g) 2.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 100

Carbohydrates

Sugars (g) 0

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

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