School Food Authorities (SFA's) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFA's have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Rold Gold® Heartzels® Pretzels   Code No: 15940

Manufacturer: Frito-Lay Inc. Plano, TX 75024-4099   Serving Size: .7 oz.

I.   **Does the product meet the Whole Grain-Rich Criteria?   Yes X   No**
        (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program)
II.   **Does the product contain non-creditable grains: Yes   No X   How many grams**
III.   **Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H, or Group I**. *(Different methodologies are applied to calculate serving so grain components based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz. eq; Group H use the standard of 28 g creditable grain per oz. eq; and Group I is reported by volume or weight.)*
        Indicate to which Exhibit A Group (A-I) the Product Belongs: B   (Per USDA 30-2012, the oz. eq. for grains may be determined by using either the weights or volumes listed in the attached Exhibit A, **or** the SFA may require documentation from a manufacturer certifying the grams of creditable grains per portion for determining the oz. eq. from a given product.)

Description of Creditable Grain Ingredient *	Grams of Creditable Grain Ingredient per Portion[1] A	Gram Standard of Creditable Grain per oz. equivalent *(16 g or 28 g)*[2] B	Creditable Amount A/B
Whole grain wheat flour	8.3 g	16	.51
Enriched wheat Flour	8.6 g	16	.53
			1.04
Total Creditable Amount [3]			1.0

*Creditable grains are whole-grain meal/flour and enriched meal /flour
[1] (Serving size) **X** (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.
[2] Standard grams of creditable grains from the corresponding Group in Exhibit A.
[3] Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz. eq. Do *not* round up.

Total weight (per portion of product as purchased   .7 oz.
Total contribution of product (per portion) 1.0 oz. eq.

I certify that the above information is true and correct and that a .7 oz. portion of this product (ready for serving) provides 1.0 oz. eq. Grains. I further certify that non-creditable grains **are not** above .24 oz. eq. per portion. Products with more than .24 oz. equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains my not credit towards the grain requirements for school meals.

1/2/18

Jan Ruegg
Jan Ruegg
PepsiCo Foodservice/Vend Nutrition Science
972-334-2165

Jacob Garza
Jacob Garza, MS
R&D Scientist, Regulatory Affairs
PepsiCo | Frito-Lay North America
Office (972) 334-4259

Rold Gold® Heartzels Pretzels – .70 oz. (19.8 g)

Nutrition Facts

1 Serving per container

Servings Size	**1 package**

Amount per serving

Calories	**80**

	%Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	6%
Total Sugars less than 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30 mg	2%
Iron 0.8mg	4%
Potassium 120mg	2%
Not a significant source of added sugars	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.

Ingredients:

Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Corn Oil, Salt, Yeast, and Ammonium Bicarbonate.

CONTAINS WHEAT INGREDIENTS.

Case UPC	000-28400-15940-1
Bag UPC	0-28400-14962-4
Case Pack	104/.70 oz. bags
Kosher Status	Yes- OU
USDA Smart Snack Compliant	Yes –whole grain first ingredient
Grain – oz. eq.	1 oz. eq.
Weight of Grain	16.9 g
Document Updated	1/2/18

I verify the above information is accurate as of 1/2/18.

Jan Ruegg

Jan Ruegg
PepsiCo Foodservice/Vend
Nutrition Science
972-334-2165

Frito-Lay Inc.
Plano, TX 75024

WHOLE GRAIN
8g or more per serving
WholeGrainsCouncil.org
EAT 48g OR MORE OF WHOLE GRAINS DAILY

SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A
**HEALTHIER
GENERATION**

Smart Snacks
Product Calculator Results

Brand:
Rold Gold

Product Name:
Heartzels Pretzels

Serving Size:
19.84 g

First Ingredient:
Whole Wheat Flour

Your whole grain product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 0.7 oz (about 19.84 g) ℹ️

Servings Per Container

Amount Per Serving

Calories 80   **Calories from Fat** 10

Total Fat (g) 1.5

   Saturated Fat (g) 0

   Trans Fat (g) 0

Sodium (mg) 200

Carbohydrates

   Sugars (g) 0

Vitamin D (%) NA   Potassium (%) NA

Calcium (%) NA   Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.