



Upstate Farms Vanilla Yogurt



Upstate Farms Vanilla Nonfat Yogurt 5 Lb.

Product Last Saved Date: 16 February 2018

Nutrition Facts

40 Servings per container

Serving Size 8oz (227g)

Amount Per Serving
Calories 180

		% Daily Value*
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	5 mg	2%
Sodium	105 mg	4%
Total Carbohydrate	38 g	13%
Dietary Fiber	0 g	0%
Total Sugars	30 g	
Includes	g	Added Sugars %

Protein	6 g	
Vitamin D	mg	40%
Calcium	mg	60%
Iron	mg	0%
Potassium	280 mg	8%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
9886		10078800113234	4 X 5 LBR	

Brand	Brand Owner	GPC Description
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.	Yogurt/Yogurt Substitutes (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5 LBR	20 LBR	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.25 INH	12.25 INH	8.5 INH	0.738 FTQ	12x6	75 None	34 FAH / 40 FAH

Ingredients:

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Water, Modified Corn Starch, Whey, Natural Flavor, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Vitamin D3

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions:

Keep refrigerated. DO NOT FREEZE.

Benefits:

Contains Live and Active Cultures. Excellent Source of Protein and Calcium. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. 4oz. serving = one Meat Alternate.

Serving Suggestions:

Ready to eat as is or delicious when mixed with fruit or granola. Our Upstate Farms Dispensing System makes parfait building easy by dispensing 1 oz. portions per pump.

Prep & Cooking Suggestions:

Keep refrigerated until ready to serve.

More Information: