



# Upstate Farms Strawberry Yogurt



Upstate Farms Strawberry Nonfat Yogurt 5 Lb.

Product Last Saved Date:23 February 2018

## Nutrition Facts

40 Servings per container

**Serving Size 8oz (227g)**

**Amount Per Serving**  
**Calories 180**

**% Daily Value\***

**Total Fat** 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 5 mg **2%**

**Sodium** 105 mg **4%**

**Total Carbohydrate** 38 g **13%**

Dietary Fiber 0 g **0%**

Total Sugars 30 g

Includes g Added Sugars %

**Protein** 6 g

Vitamin D mg 40%

Calcium mg 60%

Iron mg 0%

Potassium 290 mg 8%

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
9884		10078800113043	4 X 5 LBR	

Brand	Brand Owner	GPC Description
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.	Yogurt/Yogurt Substitutes (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5 LBR	20 LBR	USA	Yes	No

### Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.25 INH	12.25 INH	8.25 INH	0.716 FTQ	12x6	75 None	34 FAH / 40 FAH

### Ingredients:

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Water, Strawberries, Modified Corn Starch, Whey, Natural Flavors, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Purple Carrot Juice Concentrate, Carob Bean Gum, Vitamin D3

**Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):**

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

### Handling Suggestions:

Keep refrigerated. DO NOT FREEZE

### Benefits:

Contains Live and Active Cultures. Excellent Source of Protein and Calcium. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. 4oz. serving = one Meat Alternate.

### Serving Suggestions:

Ready to eat as is or delicious when mixed with fruit or granola. Our Upstate Farms Dispensing System makes parfait building easy by dispensing 1 oz. portions per pump.

### Prep & Cooking Suggestions:

Keep refrigerated until ready to serve.

### More Information: