

# Product Information



FOODSERVICE

## Frosted Shredded Wheat Strawberry - Small Bowl Pack

<b>Post</b> <b>Frosted Shredded Wheat Strawberry Bowl Pack</b>	<b>FSA-1 BP</b>	Lightly frosted shredded wheat biscuits naturally flavored with strawberry. 6g sugar per 1 oz grain. Contains 8 essential vitamins and minerals. No artificial flavors or certified synthetic flavors.
<b>Pack &amp; Size</b>	96 / 1 oz	
<b>Top Seller - Meets K12 1 oz Equivalent Grain</b>		
<b>Case</b>	27150	<p><b>All Family Favorite</b></p> <p><b>Only 6g Sugar</b></p> <p><b>Whole Grain Wheat 1st Ingredient</b></p> <p><b>Smart Snack Qualified</b></p> <p><b>1 bowl = 1 oz equivalent grain</b></p> <p><b>8 Essential Vitamins and Minerals</b></p> <p><b>Excellent Source of: Iron, Folic Acid</b></p> <p><b>Good Source of: Thiamin, Riboflavin, Niacin, Vitamin B6, Vitamin B12, Zinc</b></p>
<b>Case GTIN</b>	1 08 84912 27150 8	
<b>Shipping Weight (lbs.)</b>	8.67	
<b>Case Cube (cu. ft.)</b>	1.79	
<b>Case Dimensions LxWxH (inches)</b>	16.56 x 13 x 14.38	
<b>Pallet: Tier (Cases per layer)</b>	9	
<b>Pallet: Hi (Number of Layers)</b>	3	
<b>Cases per pallet</b>	27	
<b>Meets USDA Whole Grain Criteria</b>	yes: 1st Ingredient = Whole Grain Wheat	
<b>Allergens Present</b>	Wheat	
<b>County of Origin</b>	USA	

Actual Bowl Pack Lid pictured below




Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*	
<b>Serving Size</b> 1 bowl (28g) <b>Calories</b> 100 Calories from Fat 5 <small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	<b>Total Fat</b> 0.5g	<b>1%</b>	<b>Potassium</b> 100mg	<b>3%</b>	
	Saturated Fat 0g	<b>0%</b>	<b>Total Carbohydrate</b> 23g	<b>8%</b>	
	Trans Fat 0g		Dietary Fiber 3g	<b>12%</b>	
	<b>Cholesterol</b> 0mg	<b>0%</b>	Sugars 6g		
	<b>Sodium</b> 0mg	<b>0%</b>	<b>Protein</b> 3g		
	<small>Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 45% • Thiamin 10%                      Riboflavin 10% • Niacin 10% • Vitamin B6 10% • Folic Acid 50% • Vitamin B12 10% • Zinc 10%</small>				
	<b>Ingredients:</b> Whole Grain Wheat, Sugar, Gelatin, Natural Flavor, Vegetable Juice (color), Freshness Preserved with Vitamin E (mixed tocopherols). <b>Vitamins &amp; Minerals:</b> Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid, Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Vitamin B12.				
	<b>Contains Wheat.</b> <b>PARTIALLY PRODUCED WITH GENETIC ENGINEERING</b>				
	<b>1 BOWL = 1 OZ EQUIVALENT GRAIN</b>				

oz equivalent grain	1 oz
% Whole Grain	100%
< 6.99g non-creditable grains per 1 oz	✓
≤ 150 calories	✓
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
Smart Snack Qualified	✓
<b>Shelf Life (days)</b>	365
<b>Kosher Symbol</b>	none
<b>Calories per serving</b>	100
<b>Total Fat</b>	0.5g
<b>Sodium</b>	0g
<b>Total Carbs</b>	23g
<b>Dietary Fiber</b>	3g
<b>Sugar</b>	6g
<b>Protein</b>	3g

27274 1703 FSA-1 BP



1-800-431-7678 or visit us on the web at: [PostConsumerBrands.com](http://PostConsumerBrands.com)

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**6g** sugar per serving



**NET WT 1 OZ (28g)**

# Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

**Product Name:** Post Frosted Shredded Wheat Strawberry Bowl Pack  
**Manufacturer:** Post Consumer Brands

**Code No:** 27150  
**Serving Size:** 1 oz

- I. Does the product meet the Whole Grain-Rich Criteria: Yes**  
 (Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)
- II. Does the product contain non-creditable grains: No**      **How many grams:** 0  
 (Products with more an .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)
- III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).**  
 (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs: I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	1	1	1
<b>Total Creditable Amount<sup>1</sup></b>			<b>1</b>

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

**Total weight (per portion) of product as purchased:** 1 oz  
**Total contribution of product (per portion)** 1 **oz equivalent**

I further certify that the above information is true and correct and the a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson      2/20/2017  
**Signature & Date**

Merrilee Olson  
**Printed Name**

K12 Sales Manager  
**Title**

763-245-0853  
**Phone #**



### Smart Snacks Product Calculator Results

**Brand:**  
**Post**

**Product Name:**  
**Frosted Shredded Wheat Strawberry Bowl Pack**

**Serving Size:**  
**28.35 g**

**First Ingredient:**  
**Whole Grain Wheat**

Your whole grain product meets all nutrient standards for entrees or snack foods, for entrees.

### Nutrition Facts

**Serving Size** 1 oz (about 28.35 g) ⓘ  
**Servings Per Container**

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Amount Per Serving

**Calories** 100      **Calories from Fat** 5

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**Total Fat** (g) 0.5

Saturated Fat (g) 0

Trans Fat (g) 0

**Sodium** (mg) 0

**Carbohydrates**

Sugars (g) 6

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Vitamin D (%) NA      Potassium (%) NA

Calcium (%) NA      Dietary Fiber (%) NA



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