

Product Information



FOODSERVICE

Frosted Shredded Wheat - small bowl pack

Post Frosted Shredded Wheat Bowl Pack	FA-1 BP	Lightly frosted shredded wheat biscuits. 6g sugar per 1 oz grain. Contains 8 essential vitamins and minerals. No artificial flavors or certified synthetic colors.
Pack & Size	96 / 1 oz	
Meets K12 1 oz Equivalent Grain		
Case	27177	<p style="text-align: center;">All Family Favorite</p> <p style="text-align: center;">Only 6g Sugar</p> <p style="text-align: center;">Whole Grain Wheat 1st Ingredient</p> <p style="text-align: center;">Smart Snack Qualified</p> <p style="text-align: center;">1 bowl = 1 oz equivalent grain</p> <p style="text-align: center;">8 Essential Vitamins and Minerals</p> <p style="text-align: center;">Excellent Source of: Iron, Folic Acid</p> <p style="text-align: center;">Good Source of: Thiamin, Riboflavin, Niacin, Vitamin B6, Vitamin B12, Zinc</p>
Case GTIN	1 08 84912 27177 5	
Shipping Weight (lbs.)	8.67	
Case Cube (cu. ft.)	1.79	
Case Dimensions LxWxH (inches)	16.56 x 13 x 14.38	
Pallet: Tier (Cases per layer)	9	
Pallet: Hi (Number of Layers)	3	
Cases per pallet	27	
Meets USDA Whole Grain Criteria	yes: 1st Ingredient = Whole Grain Wheat	
Allergens Present	Wheat	
County of Origin	USA	

Actual Bowl Pack Lid pictured below

Nutrition Facts

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 0.5g	1%	Potassium 100mg	3%
Saturated Fat 0g	0%	Total Carbohydrate 23g	8%
Trans Fat 0g		Dietary Fiber 3g	12%
Cholesterol 0mg	0%	Sugars 6g	
Sodium 0mg	0%	Protein 3g	

Serving Size 1 bowl (28g)
Calories 100
 Calories from Fat 5

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Whole Grain Wheat, Sugar, Gelatin. Freshness Preserved with Vitamin E (mixed tocopherols).
Vitamins & Minerals: Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid, Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Vitamin B12.

Contains Wheat. **1 BOWL = 1 OZ EQUIVALENT GRAIN**

27270 1703 FA-1 BP

oz equivalent grain	1 oz
% Whole Grain	100%
< 6.99g non-creditable grains per 1 oz	✓
≤ 150 calories	✓
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
Smart Snack Qualified	✓
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	100
Total Fat	0.5g
Sodium	0mg
Total Carbs	23g
Dietary Fiber	3g
Sugar	6g
Protein	3g

1-800-431-7678 or visit us on the web at:
PostConsumerBrands.com

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 Lakeville, MN 55044, USA
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6g sugar per serving



NET WT 1 OZ (28g)

Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

Product Name: Post Frosted Shredded Wheat Bowl Pack
Manufacturer: Post Consumer Brands

Code No: 27177
Serving Size: 1 oz

I. Does the product meet the Whole Grain-Rich Criteria: Yes

(Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: No

How many grams: 0

(Products with more than .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program:

Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).

(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs:

I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	1	1	1
Total Creditable Amount¹			1

¹Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 1 oz

Total contribution of product (per portion) 1 oz equivalent

I further certify that the above information is true and correct and the a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson 4/11/2017

Signature & Date

Merrilee Olson
Printed Name

K12 Sales Manager
Title

763-245-0853
Phone #



Smart Snacks Product Calculator Results

Brand:
Post

Product Name:
Frosted Shredded Wheat Bowl Pack

Serving Size:
28.35 g

First Ingredient:
Whole Grain Wheat

Your whole grain product meets all nutrient standards for entrees or snack foods.
for entrees.

Nutrition Facts

Serving Size 1 oz (about 28.35 g) ⓘ
 Servings Per Container _____

Amount Per Serving

Calories 100 **Calories from Fat NA**

Total Fat (g) 0.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 0

Carbohydrates

Sugars (g) 6

Vitamin D (%) NA Potassium (%) NA

Calcium (%) NA Dietary Fiber (%) NA



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