

# Product Information



## Frosted Flakes - large bowl pack

Malt-O-Meal Frosted Flakes Bowl Pack	SFF-5.0BB	Sweet toasty frosted flakes of corn. Fortified with vitamins and minerals.
Pack & Size	48 / 2 oz	
Case	00955	<p><b>All Family Favorite</b></p> <p><b>22g Sugar</b></p> <p><b>Vitamin Fortified</b></p>
Case GTIN	1 00 42400 00955 6	
Shipping Weight (lbs.)	8.86	
Case Cube (cu. ft.)	1.89	
Case Dimensions LxWxH (inches)	21.5 x 16.0 x 9.5	
Pallet: Tier (Cases per layer)	5	
Pallet: Hi (Number of Layers)	5	
Cases per pallet	25	
Meets USDA Whole Grain Criteria	no	
Allergens Present	Wheat	
County of Origin	USA	

Actual Bowl Pack Lid pictured below

**Malt O Meal**

# Frosted Flakes

Sweetened Flakes of Corn Cereal

**Nutrition Facts:** Serv. Size 1 bowl (1 1/2 cups), Amount/Serv.: **Cal.** 220, **Fat Cal.** 5, **Total Fat** 0g (0%DV), **Sat. Fat** 0g (0%DV), **Trans Fat** 0g, **Cholesterol** 0mg (0%DV), **Sodium** 250mg (10%DV), **Potassium** 45g (1%DV), **Total Carb.** 51g (17%DV), Dietary Fiber 1g (4%DV), Sugars 22g, **Protein** 2g, Vitamin A (15%DV), Vitamin C (15%DV), Calcium (0%DV), Iron (35%DV), Vitamin D (15%DV), Thiamin (45%DV), Riboflavin (45%DV), Niacin (45%DV), Vitamin B6 (45%DV), Folate (45%DV), Vitamin B12 (45%DV). \*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients:** Milled Corn, Sugar, Contains 2% or less of: Salt, Malt Extract, Corn Syrup, Wheat Starch.

**Vitamins & Minerals:** Vitamin B1 (thiamin mononitrate), Vitamin B2 (riboflavin), Niacin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Folic Acid, Vitamin B12, Vitamin A Palmitate, Vitamin C (sodium ascorbate), Vitamin D, Reduced Iron.

Contains Wheat Ingredients. Corn used in this product may contain traces of soybeans.

Complies With USDA Requirements For 2 Bread Equivalent Servings

**PER 1 BOWL**

**220** CALORIES

**0g** SAT FAT (0% DV)

**250mg** SODIUM (10% DV)

**22g** SUGARS

Distributed By:  
MOM Brands®, Lakeville, MN 55044  
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1-800-743-3029 or visit us on the web at: MOMBrands.com

**NET WT 2.00 OZ (56g)**

Barcode: 0 42400 00955 9

21981 1406 SFF-5.0 BB

oz equivalent grain	2 oz
% Whole Grain	0%
< 6.99g non-creditable grains per 1 oz	16.5g
≤ 150 calories	
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	
0g trans fat per serving	✓
Smart Snack Qualified	
Shelf Life (days)	365
Kosher Symbol	U
Calories per serving	220
Total Fat	0g
Sodium	250mg
Total Carbs	51g
Dietary Fiber	1g
Sugar	22g
Protein	2g

# Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

**Product Name:** Malt-O-Meal Frosted Flakes Bowl Pack  
**Manufacturer:** Post Consumer Brands

**Code No:** 00955  
**Serving Size:** 2 oz

**I. Does the product meet the Whole Grain-Rich Criteria: No**

(Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains: No**

**How many grams:** 16.5

(Products with more an .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program:**

**Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).**

(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs: I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	2	1	2
<b>Total Creditable Amount<sup>1</sup></b>			<b>2</b>

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

**Total weight (per portion) of product as purchased:** 2 oz

**Total contribution of product (per portion)** 2 oz equivalent

I further certify that the above information is true and correct and the a 2 ounce portion of this product (ready for serving) provides 2 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson 1/13/2017

Signature & Date

Does not qualify for K12 Meals  
Not Whole Grain

Merrilee Olson  
Printed Name

K12 Sales Manager  
Title

763-245-0853  
Phone #



**FOODSERVICE**

